

gathet

OCTOBER 2024

# LIVING



100% LOCALLY OWNED  
FIERCELY INDEPENDENT  
ALWAYS FREE

ELECTION: HEALTH CARE • TEACHERS • CELESTIAL STEVE • SMALL BIZ

Safety • Efficiency • Expertise

# These experts would like to work on your family's vehicles

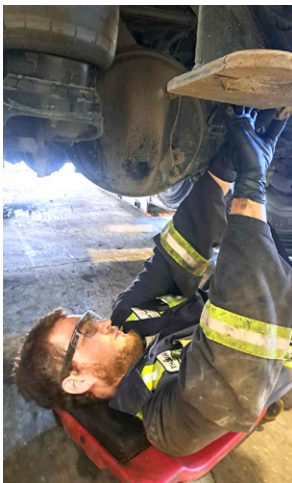
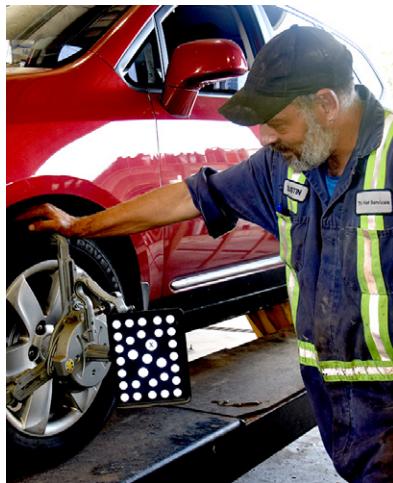
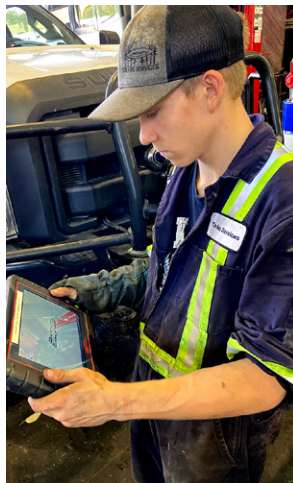


Above, Brad, Tin Hat's service manager works the phones, scheduling and front desk with AI, the owner. AI is a heavy duty equipment and commercial transport technician, and supervises all of Tin Hat's vehicle inspections and repairs.



**Ryan**

**Dustin**



## Meet our experts:

**Ryan**, far left, our certified welder/fabricator with flux core certification can build or repair just about anything.

**Haaken**, centre left, our lube technician, is a first-year apprentice. He is learning the ropes and started here cleaning floors three years ago.

**Dustin**, centre right, is our master auto technician, with over 20 years experience, and is our front end specialist.

**Thomas**, left, is our fourth-year commercial truck apprentice. Thomas repairs all types of trailers, trucks and forklifts.

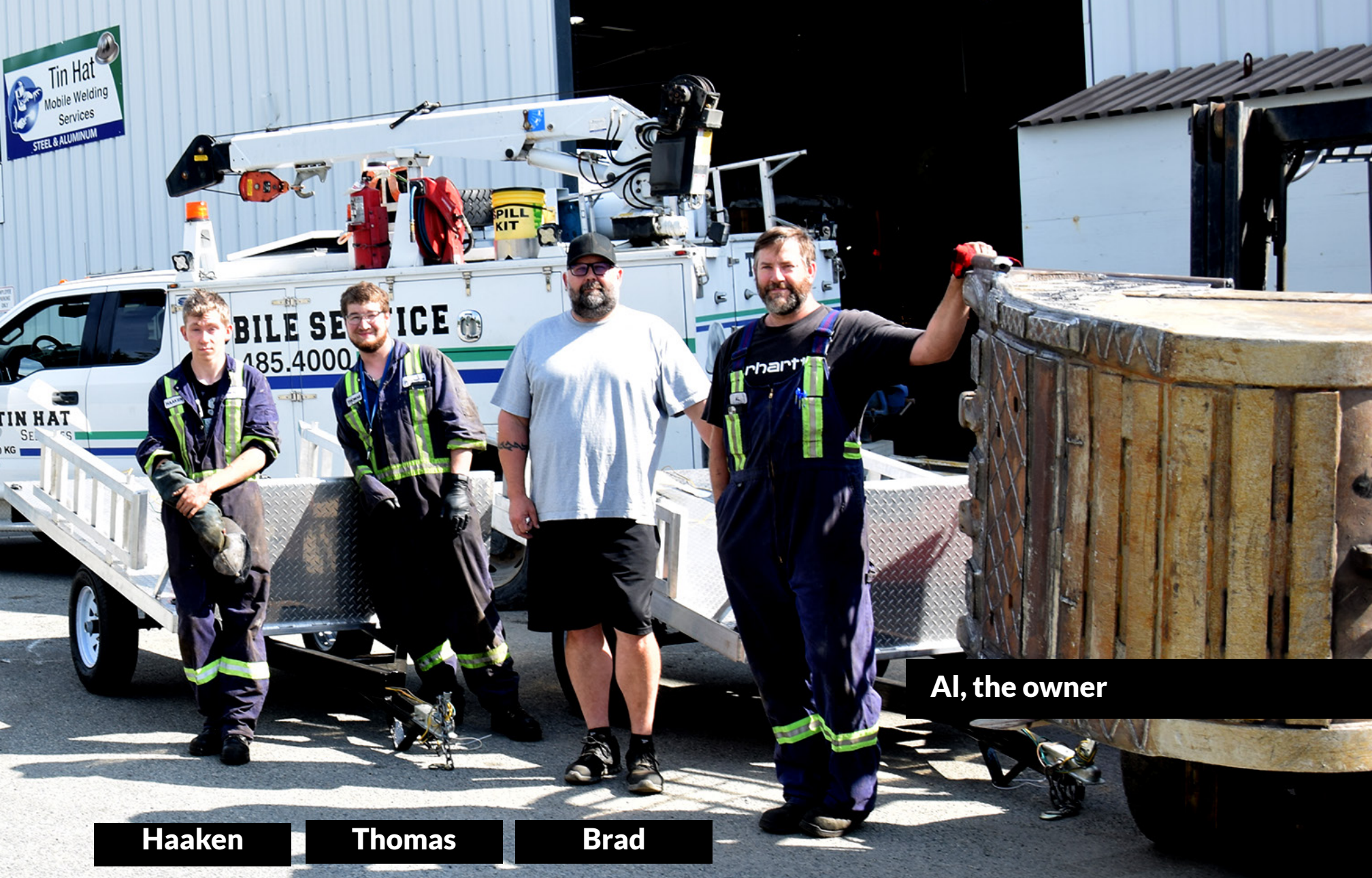
## Local fleets choose Tin Hat:

Left, The Powell River Kings bring the team's bus to us for servicing.

Centre, Mill Town Transport uses Tin Hat to repair its fleet

Right, Tla'amin Nation sends Tin Hat its trucks, to keep them running safely.





Al, the owner

Haaken

Thomas

Brad



# Tin Hat Services

Fleets & Private Vehicles

Alignment • Brakes • Inspections

Equipment Repairs • Fleet Maintenance



## Tin Hat's Customer Care

Every time you get a lube oil service, you get a 60-point check with a vehicle health report, top up of all fluids, brake measurements, and minor lamp repair.

Each time you come back we can compare our notes and measurements.

You don't need a big truck to benefit from Tin Hat's expertise.

**Book an appointment for your vehicle today!**

**Tin Hat Mountain Contracting LTD**

7327 Duncan St

Office 604-485-4000

tinhatrepairs@gmail.com

*Tin Hat is hiring! Please send Al your resume.*

CONTENTS

OCTOBER 2024

<b>Macabre Mash</b> Hallowe'en lasts for weeks this year	<b>6</b>
<b>Election: Health Care</b> The MLA Candidates respond	<b>11</b>
<b>The hegus is Back!</b> John Hackett was re-elected	<b>17</b>
<b>Ellie Takes Andorra</b> Mountain biking teen at the World Champs	<b>18</b>
<b>Moose stampede to the Hap</b> Two Jackson Hole teams to play locals	<b>19</b>
<b>Our 55+ athletes shine</b> Hockey, Swimming, Soccer	<b>20</b>
<b>Teachers in the Community</b> World Teachers' Day	<b>21</b>
<b>Help for Writers</b> PRPL's Writer in Residence	<b>23</b>
<b>Welcome, STEVE</b> So much celestial charm	<b>25</b>
<b>Visitors for Thanksgiving</b> A memoir	<b>28</b>
<b>Coronation Medals</b> Awards from the King, the Pope, and more	<b>29</b>
<b>Doug, the Savary Squirrel</b> With PROWLs	<b>32</b>

REGULAR FEATURES

Blast from the Past	<b>34</b>
You Got This	<b>36</b>
I Made the Move	<b>37</b>
Events	<b>39</b>
Take a Break	<b>52</b>
Last Word	<b>54</b>

**ON THE COVER:**

Blake Drezet and Mitch Burton, organizers of this year's Haunted Ball, wearing European-Hallowe'en-inspired costumes from earlier years. What will this year's ball inspire?



# Belle of the balls

**T**hree balls, in fact. That's how many are happening here in October. First, the Barn Ball, a new hoedown-style fundraiser for the Powell River Therapeutic Riding Association. Next up, the Vampire Masquerade, an all-new queer-led, allies-friendly event at Dwight Hall. Finally, the Haunted Ball is back, post-COVID, a funnel for this region's potent creativity; it's also at Dwight Hall.



## EDITOR'S MESSAGE

PIETA WOOLLEY

It's this region that is the belle this month, with an events calendar we haven't seen so full since before COVID. The balls are just the beginning; for the Hallowe'en events calendar, see Page 6. And for the full October calendar, which includes music and dance, hockey, art, fundraisers and so, so much more, see Page 39.

On October 19, we head to the polls for the Provincial election, and we may be in for a Federal election this fall, too.

The other kind of balls, meaning courage: October has a lot of that, too. First, the candidates for both MLA (Page 11) and Tla'amin hegus and Legislators (Page 19)

should be congratulated for stepping up to run. That takes courage. Several locals

have won big awards this fall (Page 29), all of whom won them by taking risks and working hard. *qL* publisher Isabelle Southcott is on her journey back to her home province of Nova Scotia, a so-lo-cross country move that is the definition of courage (Page 54). Whatever balls you choose for your fall, I hope you have one. **qL**

# qathet LIVING

Volume 19, Number 10  
ISSN 2817-1667 (Print)  
ISSN 2817-1675 (Online)

7053E Glacier Street, Powell River, BC V8A 5J7  
Tel 604-485-0003

No part of this publication may be reproduced without prior written consent of the publisher. While every effort has been made to ensure accuracy, the publisher cannot be held responsible for any errors or omissions that may occur. © 2024 Southcott Communications. We reserve the right to refuse any submission or advertisement.

Complete issues and back issues are available online for free at: [qathetliving.ca](http://qathetliving.ca)

qathet Living  
is 100% locally owned and operated by  
**Southcott Communications**



We acknowledge  
the financial support of the  
Government of Canada



**qathet Living is a proud member of:**

- The Magazine Association of BC
- The International Magazine Centre
- The Powell River Chamber of Commerce
- Tourism Powell River
- Coastal Women in Business



**Publisher & Managing Editor**  
**Isabelle Southcott**  
[isabelle@prliving.ca](mailto:isabelle@prliving.ca)



**Associate Publisher & Sales Manager**  
**Sean Percy**  
[sean@prliving.ca](mailto:sean@prliving.ca)



**Editor & Graphics**  
**Pieta Woolley**  
[pieta@prliving.ca](mailto:pieta@prliving.ca)



**Sales & Marketing**  
**Suzi Wiebe**  
[suzi@prliving.ca](mailto:suzi@prliving.ca)



**Office Manager**  
**Lauren Diemer**  
[office@prliving.ca](mailto:office@prliving.ca)

## qL is your magazine!

### Give us your feedback

Email your comments and Letters to the Editor to [isabelle@prliving.ca](mailto:isabelle@prliving.ca).

### See you online

Join us on Facebook and Instagram. Visit our webpage at [qathetliving.ca](http://qathetliving.ca)

### Show off your community

Send a subscription to an out-of-town friend. \$60 a year in Canada.

### Publish your work

Pitch us an article or a photo spread. Email [pieta@prliving.ca](mailto:pieta@prliving.ca)

### Advertise with us

Contact  
[sean@prliving.ca](mailto:sean@prliving.ca) 604-485-0003  
or [suzi@prliving.ca](mailto:suzi@prliving.ca) 604-344-0208

# qL

# “

I wish everyone a very Happy Thanksgiving weekend—hopefully without a rat under your bed!

- *Bev Falconer, Page 28.*

# ”

## A FEW OF OCTOBER'S CONTRIBUTORS



**WILLIAM ASHWORTH** spent nine years with PR Fire Rescue, and for the last seven, he's been with Malaspina Volunteer Fire Department. He's been Acting Chief for the last 6 months. *See William's story, Fire Award, on Page 31.*



**ROWAN COCKLEDGE** is qL's new intern, and a Grade 12 student with a passion for artistic creation. A passion that, at its center, is simply a love of writing. *See Rowan's stories, Trick or Treat on Page 9, and Poetry at the Pat, on Page 45.*



**BEV FALCONER** is a great booster of our library where she joined the senior memoir-writing classes, wrote a book and is still inspired by classmates. *See Bev's memoir, Visitors for Thanksgiving, on Page 28.*



**BROOKE HANSON** is a mom of twin seven-year-old boys, Hunter and Sawyer, wife to firefighter Jacob, and works from home as an Event Operations Contractor for sports events. *See Brooke's story, Ellie Takes Andorra, on Page 18.*



**JESSICA COLASANTO** fell in love with the 55+ Games when she first joined last year, and is our local Zone 2 representative. *See Jessica's story, Gold, Silver & Bronze, on Page 20.*

**WB WARREN BEHAN**  
PERSONAL REAL ESTATE CORPORATION

Are you thinking of selling your home?

Let my 35 years of experience go to work for you.  
Call, text or email today.

MY LISTINGS INCLUDE VIRTUAL TOURS, HIGH QUALITY PHOTOS, 360 VIEWS AND FLOOR PLANS

Warren Behan • Broker Owner  
Cell: 604.483.8173  
Office: 604.485.2324  
[warren@warrenbehan.com](mailto:warren@warrenbehan.com)

*Providing honest advice and professional service for 35 years*

**ROYAL LEPAGE®**  
Powell River  
Independently owned and operated

ROYAL LEPAGE® TOP TIER MEMBER 2022-2023  
ROYAL LEPAGE® EXECUTIVE CIRCLE™ AWARD 2022-2023  
ROYAL LEPAGE® NATIONAL TOP 2% 2022-2023

# HALLOWE'EN-Y EVENTS 2024

**Saturday, October 5**

**Art of Masquerade family friendly mask/costume creation**  
1 to 5 pm, qathet Art Centre, drop in \$20.

**October 9 to 31**

**Kitchen Witch search game at the Town Centre begins**  
Through October 31 during mall opening hours. Drop-in.

**Saturday, October 12**

**Vampire Masquerade**  
7 pm, Dwight Hall. Brought to you by the qathet Pride Society. \$15. Elixers, Live Music. Best Dressed Contest.

**Kill Your Dread • Befriend your Monster dance party**

8 pm til late, Conduit Collective Studio (5156 Manson). \$20 or pay what you can. DJs, interactive art, film premiere & more. 19+. See FB for more.

**October 12 & 13**

**Pumpkin Patch Farm Tours at Family Farm B&B**  
9 am to 5 pm, 2590 Oxford Rd. Tickets will be pre-sold for the Pumpkin Patch Farm Tours, which will take place hourly. Child 12 and under: \$4, Adults/kids 13+: \$8, Family of 2 adults 2 kids: \$20. Activities will include meeting farm animals, apple cider press demo (both fresh and hot apple cider will be served), pumpkin picking, and access to the playground.

**October 17 to November 8**

**Earth Bodies: A Memento Mori Exhibition**  
At qathet Art Centre. Urns, caskets, vessels. Mon, Tues, Wed 12 pm to 5 pm.

**October 18 & 19**

**Blueberry Commons Fifth Annual Pumpkin Patch**  
Noon til 5 pm Friday, 10 am til 5 pm Saturday, 6619 King Avenue (very end of King). Hundreds of gorgeous and ghoulish pumpkin gourds of all shapes and sizes! Pumpkin snacks and treats. Entry and pumpkins by donation. Fundraiser for the James Thompson PAC. Family friendly fun and fabulous fall photo-ops! Street parking only. Please park carefully and respect our neighbours.

**Saturday, October 19**

**The Oogie Boogie Get Down**  
7:30 pm, Wishing Well (6251 Yew Street). Doors at 7pm. Tickets \$20 at the door. Tarran the Tailor, Mr. Dr. Brotherman, Harley Alexande. This is an all ages event.

**October 21 to 26**

**Haunted Walking Tours begin**  
4:30 pm and 7pm daily starting in Townsite (exact location TBA). Join the qathet Museum for a haunted walking tour, visiting some of the more ghostly residents of Townsite! \$10 a person. Drop-ins accepted. Through October 26.

**Thursday, October 24**

**Witches: Haunted Forest**  
5 pm to 8:30 pm, James Thomson Elementary. The classic interactive forest performance will be open to all ages and will feature a collection of Witches Worlds. Friday is a Pro-D day.

**Friday, October 25**

**H3 presents: Not the Beginning Not the End**  
7 pm til late. \$10 per person (will work with families). All monies raised stay with Henderson school PAC. Silent Auction. Concession. Child care by donation

**October 25 & 26**

**Ghost Train**  
6 to 8 pm, Paradise Exhibition Park. Family friendly train rides through the lights, with a bonfire and snacks provided by Kiwanis in the Quonset. Admission by donation towards railroad improvements.

**October 25 to 27**

**Halloween Maze**  
6 to 8 pm, Racket Centre (4320 Joyce Ave). Dark tunnels, fog machines, animatronics, and spookers, this year's maze will feature the "Hellevator," the maze begins with an elevator ride to hell. Mini maze for young children. Free or by donation to cover costs and charity.

**Saturday, October 26**

**Haunted Ball**  
Dwight Hall. \$25. See story next page.

**Sunday, October 27**

**qRCA Pumpkin Pedal**  
3 to 5 pm, meet at the bike park beside the Recreation Complex. Get your costume ready and join the qathet Regional Cycling Association (qRCA) for our annual Halloween ride. All ages welcome!

**Thursday, October 31**

**The Great Marine Avenue Trick or Treat**  
3 to 5 pm, participating businesses - look for the pumpkins. All children must be accompanied by an adult. Presented by Flickerwood Forge and Oceanside Entertainment.

**Light The Night Family-Friendly Halloween Carnival**

5-7 pm, Four Square Living Water Church, 4640 Manson Ave. contact@livingwaterpr.com for more info.

**Trick or Treat at Powell River Town Centre**  
3 to 5 pm, at the mall. For children 12 and under. See ad on Page 51.

**November 2**

**Memento Mori Community Ofrenda - Collective Remembrance**  
Day of the Dead Celebration with Blue Agave.

*Note: watch for more Memento Mori events coming in November.*



**"A RARE CELEBRATION OF CREATIVITY":** Top, Blake Drezet and Mitch Burton, who are organizing this year's ball. Above, the original crew from Haunted Ball 2012.

# Macabre Mash

Was it our brush with a pandemic? The new cultural avoidance of funerals and the marginalization of death? Or just humans enduring the 21st century, longing to subvert everyday expectations and dive into the darkness?

Whatever it is, qathet is now home to more than a month of events riffing on Hallowe'en themes, including costumes, art, pumpkins, ghosts, treats, horror, and so much dancing.

**M**ore than a decade ago, **Blake Drezet** and his friends recognized this emerging desire for Hallowe'en to be something more than what it had devolved into.

They manifested the Haunted Ball. For six years, that's where this region's artists and creatives brought their energy, with over-the-top costumes and sets at Dwight Hall. After a long break, the Ball is back this year. Here's why:

## Why do you love Hallowe'en?

**Blake** • To me, Hallowe'en has always been a magical night aglow with jack-o-lanterns and filled with mysterious potential. As a kid I used to love going trick-or-treating, but I always suspected the adults were somewhere having even more fun; an ideal I've tried to realize as best as I could. With the right kind of planning, Hallowe'en can be a rare celebration of creativity and laughter, when even the serious and scary things in life can be flipped on their heads and had fun with.

## What's important about horror?

**Blake** • Horror as a genre helps us to face our fears and find meaning in our pain. Death, grief and the threat of violence are all inevitable parts of life, so we need ways to observe and make peace with that. Horror lets us explore that feeling of being scared in a safe context and I think, if not overly glorified, it can and does encourage us to be a little bit braver.

## The Haunted Ball: A History

**Blake** • We first started the first Haunted Ball in 2012 simply because we wanted to have a bigger Halloween event than what was happening at the time. It was successful enough that we decided to move it to the big and beautiful Dwight Hall, where we hosted it for six years running.

Much of our original team has disbanded over the last few years and there hasn't been a Ball in a while, but Mitch Burton and I finally decided it was time to bring it back. We have been putting together a great new team of artists, DJs and volunteers to help us pull it off.

## Themes?

**Blake** • I've usually taken a loose theme as inspiration for my larger art installations. Over the years, I've built a haunted forest, a medieval castle, and a pirate ship, among other things. This year I'm focusing on a gothic graveyard for the main set pieces.

## What's your best costume advice?

**Blake** • We've always hosted a big costume contest, to showcase the amazing costumes people come up with. I can no longer recall what all the past winners wore, but I know the sheer creativity on display has been one of the most delightful aspects of the event.

I personally prefer the more inventive, hand-made costumes to anything store-bought, but really any Hallowe'en costume could be a good Ball costume, particularly if you can dance in it. Group costumes can make a big splash!

## Tell me about the event

**Blake** • Dwight Hall is a stunning historic venue and on this night all the ghosts come out to dance. We have a great line up of DJs playing fun dance music till late into the night. There will also be tasty drinks available for purchase, a huge table of free snacks, goofy games and big costume prizes. Of course, the main attraction will undoubtedly be all the wacky locals having fun with each other in ridiculous (and awesome) outfits. It'll be a good time for sure.

## What does the Haunted Ball do for the community?

**Blake** • I hope it provides all adults a vital opportunity to forget all our serious concerns for a night; to revel a bit in our playfulness and creativity. All big public events like this one are important because they really do bring people together and make the whole town feel a little bit warmer and more connected. There are other ways to celebrate the Halloween season, but I think the Haunted Ball does raise the stakes a little, and gives all adults a worthy reason to get dressed up.

The doors open at 8 pm, and the costume contest happens at 11 sharp. We recommend buying tickets in advance, but you can still buy some at the door if you bring cash. Also bring some cash for drink tickets if you want to take advantage of the bar. If you do intend to drink, make sure you have a plan on how to get home safely!

"Horror as a genre helps us to face our fears and find meaning in our pain. Death, grief and the threat of violence are all inevitable parts of life, so we need ways to observe and make peace with that.

"Horror lets us explore that feeling of being scared in a safe context and I think, if not overly glorified, it can and does encourage us to be a little bit braver."

- Blake Drezet,  
organizer of the Haunted Ball

# It's Sneeze! Season

Vitacore CAN99 Masks



The flu and turning on your furnace for fall can mean lower air quality. Let us help you breathe easier with a cleaner, safer home & office.

For Fewer Sick Days



Rotobrush Air Duct Cleaning



## Aaron service & supply

aaronservice.com • trevor@aaronservice.com  
604 485-5611 • 4703 Marine Ave



**FUN WITHOUT THE FEAR FACTOR:** There are plenty of less-scary Halloween activities for young children this month, including the qRCA Halloween Ride (October 27, pictured above), the Ghost Train (October 25 & 26), the mini maze at the Racquet Centre (October 25 to 27), and, of course, trick-or-treating in neighbourhoods or at an event (see Page 6) on October 31.

Photo by Miles Arbour

## A few of this year's Hallowe'en-y events

### Hallowe'en Maze

October 25 to 27  
Racquet Centre  
6 to 8 pm

Back again this year, scarier than ever. Along with the usual maze of dark tunnels, fog machines, animatronics, and spookers, this year's maze will feature the "Hellevator". The maze begins with an elevator ride to hell. Things only get worse from there.

Last year, we estimate 600 people attended the maze. After seeing a number of small children cry the first night, too scared to go in the maze, and then seeing their parents cry even more because they wanted to go in the maze, we built a mini maze for small children. The mini maze will be back again this year. The big maze is recommended for anyone aged five to 95. Warning, we take no responsibility for lost children or anyone falling over backwards from fright.

The maze is free, but donations are gratefully accepted to cover the costs, with any surplus going to a registered charity.

If you survive the maze, we encourage you to visit the Henderson Haunted House which stays open late on Friday and Saturday. We decided to open Sunday night this year rather than Hallowe'en night to give kids an extra night of fun that week.

- Mitch Kenyon



Four Tides  
Hospice  
Society

**Providing end-of-life, caregiver and bereavement services in community**

### Ways to give:

- One-time or monthly donation
- Plan a future donation, through wills, estates, legacies or bequests
- Talk to a financial advisor on how to get started

For more information on our services or to give go to [fourtideshospice.org](http://fourtideshospice.org) or call 604-208-4378



**RENE BABIN, CFP & LESLIE ECKLAND, PFP**  
Financial Advisors, Raymond James Ltd.  
[rene.babin@raymondjames.ca](mailto:rene.babin@raymondjames.ca)  
[leslie.eckland@raymondjames.ca](mailto:leslie.eckland@raymondjames.ca)

**RAYMOND JAMES®**

Unit D - 4670 Marine Avenue  
Powell River, BC, CA V8A 2L1  
T: 604.489.9797 | F: 604.489.9867

This space sponsored by:

Raymond James Ltd., Member-Canadian Investor Protection Fund. Raymond James is not affiliated with the organizations listed.





**AH-MAZE-ING PICKLEBALLERS:** Volunteers are behind almost every Halloween event, including this crew at the Racquet Centre Maze: Susan Young, Pam Iwasiuk, Pete Grassman, Colleen Reedel (in front), Mitch Kenyon, Brian McRae, and Bruce Vangroenige. *Photo by Marilee Jones*

## Vampire Masquerade Ball

Saturday, October 12  
Dwight Hall  
7pm to late

This is an event intended to provide a safe space for the local LGBTQIA2S+ community to connect and celebrate queer history and culture through live music and dance.

Historically, vampirism has been used as symbolism for queerness and same-sex attraction. This

can be seen in literature such as the 1872 novella “Carmilla” by Sheridan Le Fanu or the more modern “Interview with a Vampire” by Anne Rice.

We hope that this fun twist on historical symbolism can bring the LGBTQIA2S+ community together.

This will be a 19+ event with a elixir bar, live DJs, and entertainment.

- Donna Gillenardo

## Witches!

Thursday, October 24  
James Thomson Elementary  
5 to 8:30 pm

The Magic Forest is back this year with a carnival full of surprises. The classic interactive forest performance will be open to all ages and will feature a collection of Witches Worlds. The Grade 6s and 7s who are participating in this event are working towards their year-end trip to Vancouver and Tofino, so come and encourage them for a night of fun. Food, games, fun, and a special haunted classroom are on the menu. Bring your costume! Friday is a Pro-D day.

- Maxime Paquette

# Trick or Treat

qL asked our new intern, Brooks Grade 12 student **Rowan Cocksedge**, for their top three recommendations for collecting candy in this region. Here’s what they came back with:

## Maple Street and Townsite

When my mother used to trick-or-treat as a child, she would be handed baked goods and fresh fruit by kindly townsfolk. Well, this isn’t your mother’s kind of trick-or-treating spot, with spooky decorations and houses offering candy, the fun extends well into the night!

## Toba Street

Toba is a close-knit neighbourhood offering top tier candy. With the street packed by trick-or-treaters, you are bound to run into people you know.

## Blue Mountain Mobile Home Park

This secluded neighbourhood might not play host to scores of trick-or-treaters, but those that do arrive are treated like royalty. The homes of the Blue Mountain Park are full of kind and lovely people offering delectable sweets and good conversation. qL



Take-Out | Dine-In | Patio

# Thaidal Zone RESTAURANT



Thank you for voting for us, qathet!

See our menu at [thaidalzone.ca](http://thaidalzone.ca)

# 604-485-5171

Mon-Sat 11:30-8 • Sunday 3:30-8



6797 CRANBERRY ST • RIVERCITYMINIEXCAVATING.COM • 604-483-6366



**FOR A FREE ESTIMATE CALL RIVERCITY MINI EXCAVATING!**

Excavation • Site Preparation • Trenching  
Backfilling • Retaining Walls • Drainage  
Driveways • Water, Sewer & Storm Repairs

**Rivercity Mini EXCAVATING LTD**

# Free Your Vote NOW



## Elect Greg Reid for Independent MLA

KEEP YOUR POLITICAL POWER • AVOID THE PARTY TRAP ON OCTOBER 19

### Why vote for direct democracy?

**G**reg Reid will be your public servant and statesman in the legislature, representing the will of the Powell River-Sunshine Coast riding at all times.

He will provide this constituency with a safe and secure **voting app** so that we can conveniently and privately **vote on every bill** over the full term of government.

We will use this power collectively to form the largest lobby group the government will ever face. We will lobby as effectively as a corporation.

Fortune favors the bold - empower yourselves with **direct democracy**.

On October 20, sit back, relax, look at the election results for all of BC and know that whatever party has come to power we have the ability to back them or not.

Be confident in the knowledge



that we can love them or leave them any time we want.

Why should we be committed to a party? Instead, hang onto your power and vote on every piece of legislation based on its merit.

Sadly, party MLAs can not do that - their party instructs them how to vote!

Rise above the crowd, separate yourself from the upcoming broken election promises and party rhetoric.

**Have a voice in all matters** at the provincial level of government starting on October 19. Vote Greg Reid independent and free your vote for the next four years.

### Direct Democracy Vote on All Legislation\*

## Greg Reid Public Servant Statesman

*GregReid.website*  
*alterindustries@gmail.com*  
*604-414-3016*

\* visit [gregreid.website](http://gregreid.website) for complete details

Authorized by Greg Reid, financial agent

# How do you measure a seven-year term?

## BC ELECTION

### Budget

Under this government's term starting in 2017, the BC spending budget has surged from \$51.9 billion in 2017, to \$89.4 billion in 2024-25. The 2017 budget showed a surplus of \$246 million. This year's budget has a deficit of \$7.9 billion.

In an email to *qL*, the Ministry of Finance sent this as background: "BC's taxpayer-supported debt-to-GDP ratio is one of the lowest in Canada....Despite high interest rates, BC's debt-servicing costs remain at low levels historically and compared to other big provinces, including Ontario, Quebec and Alberta."

### Crime

Here in qathet, the number of criminal code offences popped and then slumped over the past seven years. In 2017, there were 1,058; 2019 saw the sharpest increase to 2,051, and by 2022 (the last numbers available) there were 1,651, according to the Ministry of Public Safety.

Although this is Powell River's hot-button issue,

### Important Dates

**Wednesday, October 2**

**Westview Ratepayers  
All Candidates Meeting**  
6 to 8 pm, Seniors Centre.

**Monday, October 7**

**All Candidates Meeting hosted by the  
Powell River Chamber of Commerce**  
6 to 8 pm., Evergreen Theatre

**Saturday, October 19**

**Provincial Election: Voting Day**  
Learn more at [elections.bc.ca](http://elections.bc.ca),

So much crisis has happened, from COVID to atmospheric rivers and forest fires.

How well has the NDP government kept its hand on the rudder through it all, delivering healthcare, education, social services and much more? The question is nearly impossible to answer, but here's little start:

### Healthcare by the Numbers

Alleviating pressure on BC's healthcare system is a priority for all parties (see Pages 13 to 16.)

Here in qathet, getting a timely appointment with a physician can be a challenge. So can finding one able to take on new patients. This region has the additional complication that for many services, locals have to travel out of town.

**Here are a few numbers to illuminate health services here:**

**1,400**  
qathet patients saw a pharmacist instead of a physician in the last year

In June of 2023, BC changed the scope of practice for pharmacists, allowing them to get diagnosis and write prescriptions for 21 minor ailments, including allergies, urinary tract infections, and pink eye. Pharmacists can also now prescribe contraceptives.

Here in qathet, those 1,400 people received 1,800 services from pharma-

cists that they normally would have seen a doctor or nurse practitioner for - or, about five appointments have been diverted per day between June 1, 2023 and August 27, 2024. Since 2002, pharmacists have been able to offer prescription adaptations, renewals, and medication management.

"The expansion of pharmacists' scope of practice is part of the Ministry's broader initiative to enhance the capacity of the healthcare system and improve access to care, rather than solely aiming to reduce the workload on doctors and nurse practitioners (NPs)," according to an email to *qL* from the Ministry of Health.

**Unknown:**  
qathet appointments at drop-in clinics, versus appointments with physicians

The Ministry of Health says, "Unable to provide data, Ministry does not track private clinic data."

**57,250:**  
VCHA patients who are registered and waiting for a family doctor or nurse practitioner

In July of 2023, BC introduced The Health Connect Registry to all of BC. It is administered locally through the Primary Care Network qathet,

It is a centralized waitlist to attach people to family doctors and nurse practitioners. So far, 7,359 people in the VCHA region - including the 1.25 million people who live in Metro Vancouver, Sea to Sky, the Cariboo, and the coast up to Bella Bella - have been attached through this program.

"The Ministry of Health continues to work with Doctors of BC, the Nurses and Nurse Practitioners of BC, as well as Divisions of Family Practice and local primary care networks to match patients with available providers," wrote the ministry.

**12,953:**  
PR TAP forms last year

BC's Travel Assistance Program covers ferry costs for those travelling for an approved medical service. As of 2023, they come with a complimentary reservation. As the Ministry of Health website explains, "Meals, accommodation, mileage, fuel and local transportation expenses are not included in TAP and are the responsibility of the patient."

In other words, although health care is covered, you can still expect to be significantly out of pocket if you live in qathet and need services that are not available locally. *Note:* The 12,953 number represents only patients from the City of Powell River, not the entire qathet Regional District. It is for the 2022/2023 fiscal year. If the percentages stay the same, qathet area patients likely used about 18,000 TAP forms last year.

First Nations patients' travel is sometimes funded separately, through the First Nations Health Authority.



*Georgian Bay Martini Mixer:  
Cosmopolitan and Espresso*

**MARTINI MIXER**

Great Prices • Cold Beer • Huge Selection



**CAPONER'S**  
Cellar

Corner of Duncan & Joyce  
604 485-9343  
9 am - 10 pm Sun-Thurs  
9 am - 11 pm Fri & Sat



**THE SHINGLEMILL**  
Gateway to the lake

**Allergy-friendly dining**  
Vegetarian • GF • Vegan

The Shinglemill hosts a top-notch holiday party. Book yours today!

**Weekend Brunch**

Above, The Aristocrat, available Saturdays and Sundays 11-2.

[www.shinglemill.ca](http://www.shinglemill.ca) • 604 483-3545  
[reservations@shinglemill.ca](mailto:reservations@shinglemill.ca)

Proud Member of the PR Chamber of Commerce

how much can be blamed on the Province is tough to assess. It was Ottawa, not Victoria, which introduced Bill C-75 and Bill C-5 in 2019. Policing is a municipal and local issue, not provincial.

BC is also responsible for some of the policies that may have fueled street-level desperation. They include drug and recovery services; mental health supports; health supports; income assistance and other anti-poverty measures; housing; and more.

## Education

Apart from SOGI and new guidelines for student assessment, the big story in education has been capital: spending on earthquake-proofing BC's schools. With 498 projects to do, the BC government has already spent nearly \$2 billion on half of them. All local schools have been assessed for safety. Texada will get upgrades, but is still considered safe.

Here in qathet, the number of students has grown from 2017 to 2024. In 2017, there were about 1,880 local qathet School District students. In 2024, there are about 2,275 between "bricks and mortar" schools and the distance PIE program (which has greatly expanded from 206 students in 2017 to 1,117 today, although most are not local).

Brooks and James Thomson each have two portables to accommodate the growing student population.

## Income Assistance

Income assistance, or welfare, was stuck at the same amount under the BC Liberals from 2007 to 2017: a total of \$610 a month for a single person. Immediately upon being elected, the NDP increased Income Assistance by \$100 a month, but the Shelter Allowance stayed the same, \$375, until the summer of 2023, when it rose to \$500.

Now, for a single person, Income Assistance is a total of \$1,060 a month. If Income Assistance had increased at the rate of inflation since the Liberals' \$610 in 2017, it would be \$758 now – a quarter less.

The NDP also introduced a BC Family Benefit, a monthly payment for those with children under 18. If your family income is under \$35,902, your maximum annual benefit is \$2,188 for your first child,

## As if BC politics couldn't get more unpredictable

Former Liberal MLA and qathet resident Judi Tyabji has just released what she called her "final book." Under normal circumstances, the publication of a biography about pre-eminent Liberal cabinet minister and deputy Premier Rich Coleman would have been a nicely-timed think-piece boost to the BC United party during an election campaign.

However, well after this book went to press, leader Kevin Falcon collapsed BC United (the party once known as the BC Liberals), and urged supporters to vote Conservative.



and less for other children. For those earning more, you get up to \$969 for your first child, on a sliding scale.

Plus, it increased the monthly Seniors Supplement for the first time since it was introduced in 1987: from \$49.30 per single senior to \$99.30.

Note: If the supplement increased at the rate of inflation from 1987, it would be \$116 today.

## BC Ferries

This Crown Corporation continues to be a challenge. The cancellations situation in the summer of 2022, restrictions on community Ferry Advisory Committees following in-person tensions, and ferry breakdowns make the service unpopular, but used more than ever. As the chart shows, however, fares have been kept stable.

## Gas Prices

Starting in 2019, the BC Utilities Commission started work to figure out why BC's average fuel prices were so much higher than the rest of Canada. Soon, the agency also tried to crack why some communities

## BC Ferries vehicle traffic and fares, 2017 vs. 2024

	2017	2024
<b>Powell River-Comox</b>	162,862	202,986
<b>Fare, Experience Card, two adults and a car</b>	\$68.75	\$65.65
<b>Powell River-Texada Island</b>	87,546	111,279
<b>Fare, Experience Card, two adults and a car</b>	\$35.40	\$33.55
<b>Saltery Bay-Earl's Cove</b>	187,143	213,546
<b>Fare, Experience Card, two adults and a car</b>	\$65.10	\$61.55

gas prices – such as qathet's – are so much higher.

The government passed the *Fuel Prices Transparency Act* to force companies to show them their books.


This past summer, the BCUC has been working specifically on getting answers from local fuel retailers. But so far, the agency has not reported back to the public.

"Our staff team has been following up with retail stations in Powell River looking to gather any outstanding information and responses. We're also reviewing the information we've received thus far to determine next steps. I can let you know when we have an update," wrote a spokesperson to qL in an email September 4.

## Home prices

In 2017, the average sale price of a home in qathet was \$318,879. In June of 2024, it was \$688,838.

Although the government doesn't set the price of homes, the Provincial government has jimmed the market through increasing the Foreign Buyer Tax, introducing a property flipping tax (if you sell with two years of purchase), and initiating a vacant homes tax, restricting short-term rentals and more. 🗣️




Reduce your carbon footprint with

# Locally Made Windows

38+

years of making windows in Powell River BC



MODERN

great taste in windows™  
...and more

Improve your home this year with Modern Windows, Doors & Gutters

Get your quote today  
604.485.2451  
modern.ca

windows • gutters • doors • siding • garage doors • patio covers • awnings • Duradek™ • railings • and more

# BC ELECTION OCTOBER 19: HEALTHCARE

## Dr. Chris Hergesheimer, your BC Green candidate for the riding of Powell River- Sunshine Coast

### Candidate bio:

**D**r. Chris Hergesheimer has over a decade in academia as a sociologist and a decade working for local not-for-profit agencies. Having lived on the Sunshine Coast for the last 19 years and deeply embedded in his community, Chris has a unique vantage point on the challenges and opportunities facing this region and a strong and confident vision for the future.

**qathet residents here have become increasingly dependent on drop-in clinics for medical care, due to a chronic shortage of GP and NP care. How will you ensure that locals get seen by their own doctors / nurse practitioners?**

**Chris Hergesheimer** • I recognize and acknowledge the challenges that many qathet residents are facing. British Columbia spent \$30.4 billion on healthcare over the past year and challenges still persist. Models such as the “dogwood model” championed by the BC Greens provide centres for team-based care. Governments would manage logistics and operations, while primary care physicians would be dedicated to providing care. Within the first year, BC Greens would like to see a community health centre in every riding, making better use of the resources we have. As MLA, I support this model as the next phase in our

public health care system.

**How would drawing in the private sector to address BC’s health care challenges change services in qathet? What, specifically, should locals look forward to, or fear?**

**Chris Hergesheimer** • There may be some efficiency and increased access with privatized and virtual services, but at what cost longer term? A robust, public, primary care is one of our proud achievements and a privatized two-tier health system that risks excluding or restricting access for certain individuals is not the inevitable response to our current crisis. The risks of economic exclusion for some and risks of skewing the recruitment and retention of health care workers do not help us long term.

**How has the toxic drug crisis and mental health crisis impacted you and your family? What is needed here in qathet to fully address it?**

**Chris Hergesheimer** • I have had colleagues, neighbours and program participants who have lost their lives to toxic drugs and not all of them in active addiction - some just working folks using risky drugs. This is not about overdoses - this is about a poisoned drug supply that puts those in active addiction as well as recreational users at increasing risk. The stigma around drug use continues to stymie efforts. Treatment facilities, housing, enhanced and responsive supports for mental health and addictions, and drug testing need to work together. These also offer a foundation of care and dignity to build further supports from.



**What else should qathet voters know about you and / or your positions on other issues before they go to the polls?**

**Chris Hergesheimer** • My position on issues continues to be that of a concerned community member truly interested in representing the voices and experiences of people in this riding. There are many issues facing our community now and will

be more into the future and the issues change as communities grow and change. Evidence informed policy solutions built collaboratively with communities are the way to go. By politicizing these challenges and passing blame around, we risk further stalling forward motion and restrict the potential to develop truly representative community solutions and this is where real change, on the ground, can happen.

**We are wellness  
We are Light Therapy!**

Boost your mood: fight the seasonal depression with light therapy

DESIGNER SKIN™

Simply  
**BRONZE**  
Tanning & Swimwear



swedish  
beauty.



**Try your  
first  
session  
free!**

**Call 604-485-4225**

### New Offerings

**Red Light/UV Tanning** for a deeper, longer lasting tan with red light benefits like skin rejuvenation for a more compassionate tan.



**Cocoon Wellness Pod** for pain management, weight loss, detox, skin health and better sleep

Follow us on Instagram @simply\_bronze\_tanning\_swimwear

Shop online at [simplybronze.ca](http://simplybronze.ca) • 604 485-4225 • Visit us above the Library

## Greg Reid, your Independent candidate for the riding of Powell River-Sunshine Coast

### Candidate bio:

**G**reg Reid is a music industry professional and exhibiting visual artist residing in Powell River.

He also developed and taught innovative programs for Vancouver Community College and Douglas College for over 25 years

Prior to beginning his career he studied political science, philosophy and history at Lakehead University.

**My message this month** is one of hope for all those who are without adequate health services in a province that is unbelievably wealthy by virtue of our vast natural resources. It is almost incomprehensible that the struggles of so many not only exist but continue to grow.

I write these words as both a reminder and an appeal to the very wealthy and powerful for the need to re-distribute rather than concentrate great wealth amongst themselves. The very rich have the greatest capability to influence government at this time. Let us all recall that the role of government is to provide the greatest good for the greatest number. This is the essence of good government. Yet, it clearly is not happening. And it is very important to acknowledge that the general public is not creating this problem - they are the victims in this scenario. Leadership has brought us to this place.



In many ways the struggles for adequate health services affect the same folks that are having difficulty finding suitable housing. As the wealth of our province focuses more and more in the hands of the few, there is less to go around for the general public. This translates into a lack of funding for qualified professionals and programs that could create and develop health services and assistance for those in need. Furthermore the implementation and policies of some existing programs have generated contention within our constituency to the point where com-

passion for those with the greatest need is disappearing. Some neighborhoods feel threatened by the presence and actions of those receiving health and housing care from current government projects.

So you may well ask, where is the hope I mentioned earlier? It is close at hand and rests in the hands of all the citizens in our riding. On October 19 you can take the first step and vote Greg Reid as your Independent MLA. By doing that, you will hold political power in the BC legislature, and I, as your public servant, will provide you

with the means to vote not only on health issues, but all matters of government in this province for the full term of office. We will form a powerful lobby group and, just like corporations, we will influence the decisions made at the ministry level. This can affect our municipal government decisions as well because municipalities receive funding from the province and fall under the provincial *Municipal Act*.

Please visit my [gregreid.website](http://gregreid.website) and also view my full page ad in this issue of *qathet Living*. You will find detailed information on our health system.



# ISLANDMEDIQUIP

## HOME MEDICAL EQUIPMENT SPECIALISTS

### HOME ACCESSIBILITY EQUIPMENT SALES, RENTALS & SERVICE

**Call Us Today for a Complimentary Home Assessment**

Contact Steve MacLean

Tel 604-830-7618 | [steve@islandmediquip.com](mailto:steve@islandmediquip.com)

**We are Mobile & Come to You!**

Visit [www.islandmediquip.com](http://www.islandmediquip.com)

**Now Serving Powell River & the qathet Regional District**



Steve MacLean  
Powell River Based Rep



# BC ELECTION OCTOBER 19: HEALTHCARE

## Chris Moore, your BC Conservative candidate for the riding of Powell River-Sunshine Coast

### Candidate bio:

**W**ith over 30 years of experience in property development and marketing, Chris understands the complexities and challenges of balancing the need for development whilst fostering and maintaining a strong sense of community.

His commitment to his community is demonstrated by his service and dedication to the issues that are affecting his riding.

**qathet residents here have become increasingly dependent on drop-in clinics for medical care, due to a chronic shortage of GP and NP care. How will you ensure that locals get seen by their own doctors /nurse practitioners?**

**Chris Moore** • There are thousands of medical professionals around the world who are qualified to work in BC. We will work with the appropriate organizations to reduce the administrative burden to expedite the time it takes for these professionals to meet our qualifications. Those who were made redundant as a result of their anti-vaccine stance will be invited back to work. We would then put incentives in place to attract healthcare professionals to our smaller communities.

**How would drawing in the private sector to address BC's healthcare challenges change services in qathet? What, specifically, should locals look forward to, or fear?**

**Chris Moore** • The BC Conservatives will maintain the "single payer system", where the government pays for your healthcare services. The only card you will need to show to get the healthcare you need is your BC Health Card, not your credit card! We will make use of the public system, but we will also make use of private facilities such as MRI clinics and private surgical clinics to make sure that you get timely access to government funded healthcare.



**How has the toxic drug crisis and mental health crisis impacted you and your family? What is needed here in qathet to fully address it?**

**Chris Moore** • I personally know of a number of people who suffer from mental health issues who have ended up living out of their cars and families who are affected by the toxic drug crisis. The government is spending money on safe injection sites and wants to expand by handing out hard drugs. People with addictions need help getting off, not on, drugs. We will invest in treatment centres, not more safe injection sites, and introduce voluntary and mandatory rehabilitation, and revitalize mental health facilities.

**What else should qathet voters know about you and / or your positions on other issues before they go to the polls?**

**Chris Moore** • The BC Conservatives recognize the importance of improving our transportation network with an

accessible, reliable service. I am committed to relocating and upgrading portions of our highway to create a safe conduit through the upper and lower coasts.

The BC Forestry Industry is an incredibly important component of the BC economy and critical to the coast. The Conservative Party of BC has committed to pulling out all stops to get this industry back on track and provide product to the world market.

Public safety, crime and lawlessness can be summarized by re-criminalizing hard drugs. We will crack down on violent crime, end the catch and release program, and tent cities.

We need to bring our costs into line, housing costs are unacceptable as are food prices, daycare costs and fuel prices. Taxes abound; the government has replaced citizens of BC with taxpayers of BC.

"Beautiful British Columbia" are words in the wind. We need to get back to looking after our beautiful province!



**Custom Residential Construction of new homes and cabins in Powell River. Specialists in remote locations including Savary Island and Desolation Sound.**



*Built on trust, focused on quality, we can tackle all aspects of your home renovation from new decks, fences, outbuildings, kitchens, bathrooms and remodelling.*

**PARIS JONES**  
CONSTRUCTION & RENOVATION



Kelly Paris and Gareth Jones have worked locally in the construction business for over 20 years

parisjones.ca • 604-578-8006 • gareth@parisjones.ca

## Introducing Randene Neill, your NDP candidate for the riding of Powell River-Sunshine Coast

### Candidate bio:

Randene Neill is an award-winning journalist who worked for Global BC for almost two decades.

Since then, she has worked as a communications specialist in the real estate sector – both for-profit and non-profit, as well as healthcare for the new St. Paul's Hospital. Currently, she works for the BC Parks Foundation.

**qathet residents here have become increasingly dependant on drop-in clinics for medical care, due to a chronic shortage of GP and NP care. How will you ensure that locals get seen by their own doctors / nurse practitioners?**

**Randene Neill** • A shortage of doctors and nurses is hitting communities across Canada. I am one of the long list of people waiting for a primary care provider and I understand how frustrating it feels. The good news is the government is training and hiring more family doctors – more than 800 in the last year alone. 6,300 new nurses were hired in the last year. A new Provincial Rural Retention Incentive that provides signing bonuses to healthcare workers who fill high-needs vacancies in rural communities is also attracting new healthcare providers to our area.

**How would drawing in the private sector to address BC's health care challenges change services in qathet? What, specifically, should locals look forward to, or fear?**

**Randene Neill** • The government's focus is on strengthening public healthcare so doctors, nurses, and other resources aren't diverted from the public system to a private system. Splitting the same pool of healthcare workers into two different systems is not the solution.

**How has the toxic drug crisis and mental health crisis impacted you and your family? What is needed here in qathet to fully address it?**



**Randene Neill** • I've lost hard-working, amazing friends to the toxic drug crisis, and when I was a journalist, I reported on the heartbreaking deaths of moms and dads, construction workers, and professionals.

Last year, I completed a documentary called Seeking Justice for Myles Gray. Myles was a Sechelt business owner who grew up in Powell River. He was killed by Vancouver police officers in 2015 when he had a mental health episode while doing his job. That is an absolute tragedy.

We all have to work together to reduce the shame and stigma of mental health and addiction, support everyone in our community to get the services they need, when and where they need it.

Last year, the government announced funding for Foundry Centres in qathet and the Lower Coast – aimed at providing integrated health and wellness services, including mental health and addiction supports for young people. I've met several teenagers involved with Foundry in Vancouver who have said it saved their lives.

This past summer the Minister of Mental Health and Addictions, along with Together We Can, which operates Miklat Recovery Society, announced the opening of 12 new supportive recovery beds in the qathet region. Some 650 new treatment beds across the province have been opened.

**What else should qathet voters know about you and / or your positions on other issues before they go to the polls?**

**Randene Neill** • The reason I decided to put my name forward as your MLA is to bring people together to fight for our shared goals: affordable homes, a family doctor, a safe and thriving community, good schools, dependable transit (including ferries), and a healthy environment.

We will only succeed when we work together. I've spent my career giving people a voice. I will use that voice in Victoria to fight for you. 🗣️

**Electrical Upgrades  
Renovations  
New Construction  
Audio/Video Installs  
Generator Connections  
Car Charging Stations**

**604.414.3929**  
**FoxtrotElectricalSolutions.ca**



**FOXTROT ELECTRICAL SOLUTIONS LTD.**

TSBC Licence #LEL0201432

**BEST of qathet**





**Going electric? Foxtrot can help you choose and install your car charging station.**




**FALL BULBS in store now.**

**Tulips, daffodils, hyacinths  
ranunculus & many more**



**Plant now  
for spring flowers.**

**Mother Nature**  
Who knows better than Mother Nature?

**7050 Duncan Street**  
**604.485.9878**  
Mon-Sat 9:30-5:30

PET FOOD, SUPPLIES & TREATS • LAWN & GARDEN • GREENHOUSE & NURSERY • HOME DECOR  
fb.com/MotherNaturePowellRiver • mother-nature.ca • @mothernatureghp




# He's back!

John Hackett was re-elected as hegus on September 14, along with legislators Gloria Francis, Dillon Johnson, Losa Luaifoa, Brandon Peters, and Erik Blaney. They're joined by newly-elected Legislators Tanner Timothy, Brandon Louie, and Callum Galligos.

The past term was busy and eventful, with negotiations with Victoria and Ottawa regarding the claim and future at tiskwat; tishosum building projects that included major new housing, recreational and cultural facilities; the name change request to the City of Powell River; archaeological work; land development; and, of course, continued success in forestry and fishing. And much, much more.

In March, Tla'amin Nation tabled a \$74.7 million budget – one third of which is for building housing, a sewage project, ʔəms ʔayε – the iconic new cultural centre under construction, and more infrastructure.

At the time, the hegus said, "This budget reflects citizen priorities and continues Tla'amin Nation on the path of expanded educational, health and recreation services, and safe, clean, and functional housing and infrastructure. While our historic infrastructure funding gap remains significant, we are committed to working with our treaty partners to make it right." 



**SMART.  
NOT SLICK.**



 **VERECAN**  
CAPITAL MANAGEMENT INC.

[verecan.com](http://verecan.com)

Verecan Capital Management Inc. is a registered Portfolio Manager in all provinces in Canada (except Manitoba).

# Grit, family and local mountain bike culture launch Ellie Winchell to World Champs in Andorra

BY BROOK HANSON

**Y**ou may have met Ellie as your swim instructor or lifeguard at the pool or maybe you have seen her out on the trails running with her dog Tia, or most likely riding her bike.

Meet Eleanor Winchell, a 17-year-old athlete from Powell River who has been making waves in the mountain biking world.

Ellie comes from a family deeply passionate about cycling, where the love of biking started at a young age. “I’ve been biking since I was about three years old,” Ellie recalls. “Both of my parents are really passionate about biking, so we spent a lot of time on the trails as a family, along with my younger sister Heidi and brother Charlie.”

Both Ellie’s parents, Brad and Patricia Winchell, have raced in the BC Bike Race, Cross on the Rock as well as the Island Cup series; a feat that inspired Ellie’s early interest in competitive racing.

By the time she was nine, she had entered a few local races. However, after a couple of major crashes, Ellie stepped away from racing for a few years. But when she returned to competition in 2021 at age 14, it didn’t take long for her to make her mark—winning her first provincial championship title just three months after getting back into the sport.

Ellie’s journey to the World Championships included a lot of travel across North America this season in attempts to gain UCI points (Union Cycliste Internationale points) to assist her in her international ranking to qualify on the world stage. She had a phenomenal 12th place finish in Utah at the Pan American Championships, but her ticket to the World Championships was clinched when she qualified by finishing fifth at the Canadian National Championships in Kentville, Nova Scotia.

“I worked hard all year knowing that Nationals were the most important race of my season,” Ellie said. “Getting selected by Cycling Canada and heading to Andorra was a dream come true.”

On August 30, Ellie represented Canada at the UCI Mountain Bike World Championships in Andorra. She competed in the U19 Cross Country Olympic (XCO) mountain biking category, where she raced against the world’s best young athletes. “It was such an incredible experience,” Ellie shared. “The race was definitely faster and more aggressive than any of the racing I have ever done. It opened my eyes to another level of racing that I have little to no experience in and I would love to have more opportunities to attempt to figure out how it all works and improve for future races.” Ellie is still among the

younger competitors in her category racing against seasoned athletes whose full time job is training and racing.

Cross Country Olympic mountain biking combines tough climbs with technical downhills, a style of racing that challenges both fitness and skill. Ellie’s race in Andorra was no exception, as she took on four laps of a 5-kilometer course at high altitude.

“The course was super fun and challenging. Some of the descents were comparable to the local trail Quick-E which is not easy to descend when you are extremely fatigued in the middle of a race, there were also some super steep climbs, one of them was even nicknamed ‘The Wall.’ There was a little bit of everything; we even got to ride through a section of pump track that went right to a seven-foot long gap jump.

“The whole week leading up to the race made me feel like a professional mountain bike racer,” she says. “Travelling with Cycling Canada was like being on a pro team with bike mechanics, coaches, and so many amazing people whose only job for the week was to support the athletes.

“Even being on the course during the pre-ride and training times was amazing, I would look up ahead of me and see big names like Jolanda Neff or Puck Pieterse who I have been watching race World Cup races for years and they were right there riding the same course as me and trying to figure out the same lines that I was.”

Ellie’s preparation for the World Championships was rigorous, involving about 15 hours of training each week including a mix of long four-hour endurance rides, shorter interval rides, and strength training to prevent injuries. This is on top of her full time student schedule and her part time job at the recreation complex. Ellie found time to fit it all in.

She credits her parents and her local support system for helping her balance intense training with her other commitments. “Training is hard, but growing up in a family that loves biking has been a huge part of what keeps me going,” she says.

In Andorra, Ellie set her sights on a top-40 finish. “It was my first time racing against athletes from so many different countries, and I learned so much about race strategy and handling pressure,” she reflected. Ellie ended up with a phenomenal 40th place finish out of 58 athletes from across the world.

Now back in Powell River, Ellie is looking ahead to her Grade 12 year at Brooks Secondary School. But there’s little time for rest - this fall, she’ll also be competing in Cyclocross and Cross-Country running, all while gearing up for the next mountain biking season. **PL**



**LOCAL LIFEGUARD AND CHAMPION:** Above, Ellie Winchell on the podium at the BC Provincial Championships in Whistler in June. Below, Ellie in Andorra, at the UCI Mountain Bike World Championships in August. The 17-year-old came in 40th of 58 athletes in the U19. Photos by Patricia Winchell and Andy Vathis



**Experienced  
Local  
Professional**  
Call Ian Fleming today.



4571 Marine Ave 604-485-2771 fleminglaw.ca Real Estate • Wills & Estates • Commercial • Corporate



# Wyoming's Jackson Hole Moose stampede to the Hap Parker

An adult team and a high school team - for a total of 70 Jackson Hole-ians - will be in town for four days mid-October, facing off against the Regals and U18s at the Hap Friday, October 18, and enjoying this region's scenery and hospitality

## U18 Brooks Team

- |                    |                 |
|--------------------|-----------------|
| Luke Dennis        | Weston Kolba    |
| Jackson Peters     | Tristan Hawkins |
| Beau Jameson Gagne | Noah Culos      |
| Nathan Gruntman    | Evan Piniewski  |
| Reece Deeble       | Benjamin Belyea |
| Paxton Schreiber   | Jaxon Peters    |
| Keaton Bryce       | Evan Penner     |
| Ryan Marshman      | Lyndon Jacques  |
| Chase Fontaine     | Leo Brosseau    |
| Jeremy Pukesh      | Rowen Jones     |
| Connal Miller      |                 |

## The 2024 Regals

### Forwards:

- Travis Granbois
- Ethan Schmunk
- Hunter Findlater
- Nic Porchetta
- Cory Burnett
- Riley Billy
- Isaac Embree
- Cohen Mastrodonato
- Rick McLaren
- Trevor Burnett
- Brett Kinley
- Jared Winkel
- Mikey Marland
- Angus Labree
- Alex Jalbert

### Defence:

- Jack Long
- Bekkan Willis
- Wyatt Trumbley
- Gabe Shipley
- Mike Behan
- Kyle English
- Brad Cimaglia
- Matteo Porchetta
- Brock Sawyer
- Gavin Mastrodonato
- Nic Peters (and goalie)

### Goalies:

- Ryan Fairgray
- Laszlo Tamasik



### BY TOD ENGLISH

Last year, The Regals were invited to play Jackson Hole Moose down in Wyoming. Their men's team competes semi professionally against teams from all over the US.

We had a great experience, winning the first game in overtime and losing a very close second game by one goal. The director of hockey invited us back for the 24/25 season and he also asked if they could bring their high school team to play our high school team.

So, we will host nearly 70 players and supporters from Jackson Hole in Powell River in mid-October, with a double-header at The Hap on Friday, Oc-

tober 18 (the high school teams play at 3:45 pm, the mens teams play at 7 pm).

Not only is this great exposure for our hockey and wider community, and there are economic benefits of course, but showcasing being good hosts is as important. This doesn't happen without a huge volunteer commitment and also a fiscal commitment to make this happen.

It's the Regals home opener and we're very excited to bring international play to our wonderful facility while hoping for fan and sponsor support that ultimately makes these events possible.

We have been blessed with many great local athletes and we continue to promote that and showcase them as best we can. 🇨🇦

**POWELL RIVER FARMERS' MARKET**  
*Open year round!*  
**SUNDAYS 12:30 - 2:30**  
*Indoors until spring*  
**604.414.3327 | 4365 McLeod Rd.**

**PRODUCE**  
**EGGS**  
**MEAT**  
**BREAD & PIE**  
**ARTISANS**

**Ghost Train**  
**Friday, October 25 & Saturday, October 26**  
 Miniature train rides through a Halloween-decorated forest at Paradise Exhibition Grounds. 6 to 8pm each night. Bonfire and snacks provided by Kiwanis in the Quonset hut. Admission by donation towards railroad improvements.  
 This space available to non-profit organizations, courtesy City Transfer  
**Where service and safety move volumes.**  
*Next day, damage-free delivery.*  
**CITY TRANSFER**  
**WWW.CITYTRANSFER.COM** POWELL RIVER | SUNSHINE COAST | VANCOUVER **310-CITY (2489)**

Plan to have yourself  
(and give your friends)  
a **very merry** little  
Christmas.

Book before  
**Nov. 12** to  
have wine in  
time for the  
holidays.



7030 Glacier St | 604.485.0345  
jeremy@prbrews.ca



*We make it easy!*

## POWELL RIVER ACADEMY OF MUSIC

*Concert Series 2024/25*

**ANNA LYMAN  
UKULELE**

Friday, October 4, 2024 | 7:30 PM | James Hall | \$25

**WORKSHOPS WITH ANNA LYMAN  
UKULELE**

Saturday, October 5, 2024 | James Hall | By Donation  
11am to 3pm

**PERCUSSION WORKSHOPS  
WITH KOCASSALE DIOUBATE  
DJEMBE MASTER**

2-Day Workshop Pass - \$150 SAVE \$30

Individual Workshops - \$30

Saturday, October 26, 2024 | Academy of Music

4:00pm - 5:00pm **Beginner djembe**

5:15pm - 6:15pm **Intermediate/advanced djembe**

6:30pm - 7:30pm **Ensemble Class (everyone welcome)**

Sunday, October 27, 2024 | Academy of Music

10:00am - 11:00am **Beginner djembe**

11:15am - 12:15pm **Intermediate/Advanced djembe**

12:30pm - 1:30pm **Ensemble Class (Everyone welcome)**

Carols by Candlelight (Dec 13&14) tickets on sale now - \$30 in advance only.

All events at the Powell River Academy of Music.

Purchase individual concert tickets at the Academy Box Office,  
online (scan the QR code), or at the door.

Students 18 & under free with a student ticket voucher.



Buy online at [PowellRiverAcademy.org](http://PowellRiverAcademy.org)

Academy of Music Box Office

7280 Kemano Street 604.485.9633 Monday-Thursday 9:30 AM - 4:30 PM



**LOCAL CHAMPS:** Top row, Linda MacPherson, Nancy Ryan, Russell Sharock, Philip De Ridder  
Bottom row, Joanne Van Oosten, Jessica Colasanto, Karlene Clapham. Right, Suzi Weibe.

*BC 55+ games:*

# Gold, Silver & Bronze in the Pool, the Pitch and on the Ice

BY JESSICA COLASANTO

September was a very fun month for four locals who attended this year's BC 55+ Games in Salmon Arm, on the traditional territory of the Secwepemc people, competing as Vancouver Island North's Zone 2. Formerly known as the Seniors Games, the competition is fierce, but camaraderie prevails, leaving many participants hooked for life.

qathet Living's own Suzi Wiebe participated in hockey, winning Bronze with her 55+ Tsunami Storm team. With 46 teams across the province competing, ice time was spread across the Shuswap. Wiebe's team prevailed through a three-day round robin tournament, making it to a medal game on her birthday.

"Celebrating the Bronze medal win with my teammates was the best birthday present!" said Wiebe. Suzi traveled to the island on Sundays to practice with her team throughout summer in the lead up to the games in Salmon Arm. Stephanie Keane also participated in hockey; she was a cross-over pickup and played for Zone 1.

Rhian Opel was a cross-over pickup last year, but this year represented the Zone 2 team, helping lead them to Gold. The team donned ABBA-esque regalia and sang "Soccer Queens" to the tune of Dancing Queen as a tribute to their coach "King Roger," as well as a rendition of Happy Birthday to a fellow player who turned 85—much to the entertainment

of the crowds.

Jessica Colasanto swam in six individual events and two relays, bringing home seven Golds and a Silver.

"Our team went out to eat after the first day of events and our Zone 2 Slo-Pitch team was already in the restaurant, having just battled out their first win, with three more days to go to reach a medal. Most of us had already won several medals apiece, clanging around our necks. It felt a little obscene but they swore they were happy for us!" Though the Zone 2 swim team placed fifth in the Games, the women came in second overall.

2,700 seniors—in this case, people 55 and over—participated in these games (the record was over 4,000 in Kelowna, in 2019), supported by over a thousand Salmon Arm volunteers.

The Games' oldest competitor, 100-year-old swimmer Betty Brussel from White Rock, received a plaque of recognition at the opening ceremonies. Betty was proud to earn third-place this year in a relay event; her collection of Golds has apparently gotten a bit boring, because when she was awarded the Bronze medal, she laughed, "Finally, a different colour!"

Next year's games are in Nanaimo, Zone 2's home turf. Local athletes turning 55 or older in 2025 are encouraged to check out the events page at [55plusbcgames.org/sports](http://55plusbcgames.org/sports) and register! 🐾





## WORLD TEACHERS' DAY

# Local teachers are key community volunteers too

BY ISABELLE SOUTHCOTT

**T**eachers do much more than just teach our children inside the classroom.

Yes, they spend their days teaching, assessing and reporting, but they often spend their lunch hour helping students, their evenings marking and communicating with parents and guardians, their free time before and after school coaching, volunteering and giving back to the teaching community and the community where they live.

World Teachers' Day will be celebrated in qathet on October 7 to recognize all that teachers do and how they are transforming education.

Izi Loveluck, President of the qathet Teachers Association, says teachers do a tremendous amount outside of student hours that the general public does not know about.

She points to special education teachers who spend their 30-minute lunch break in the school yard working with students instead of eating their own lunch and catching up with colleagues in the staff room.

Teachers must plan and prep lessons to make sure they follow the BC curriculum and they participate in ongoing professional development. Teachers also give back to their communities.

Julie Venselaar teaches reading intervention at Kelly Creek Community School. She's been volunteering as a hockey coach in the female program



**OFF-CAMPUS:** Julie Venselaar and Steven Cramaro give their all in the classroom - and in the community: Julie coaching and coordinating female hockey, and Steven chairing Kathaumixw (photo by Arlan Smallwood).

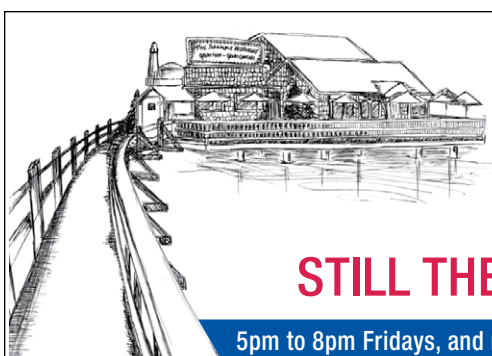
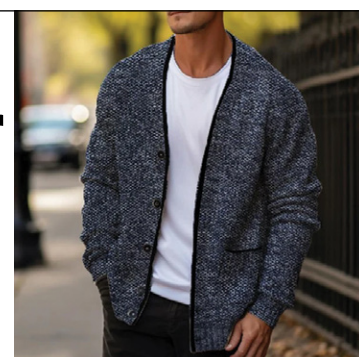


**Sugar Sweaters for Men:**  
Crews, Cardigans, Full and Half Zip, Fleece lined

## Sweater Weather

*Armitage*  
mens wear

604 485-9493 In the Town Centre Mall



## The Boardwalk Restaurant in Lund

There's always a reason to come to Lund! Here's another...

**4 different types of Fish & Chips**

Starting at \$24 with coleslaw, fries & house-made tartar

**STILL THE BEST FISH & CHIPS IN QATHET!**

5pm to 8pm Fridays, and noon to 8pm Saturdays and Sundays

604 483-2201

theboardwalkrestaurantpowellriverlund.com

Thanks to all who voted - best fish & chips!



Winner, NINE years in a row!



## Download the qathet Waste Wise app

The custom mobile app will notify and deliver service reminders, alerts and all the information you need about solid waste, organics and recycling, making it easier than ever to stay connected and informed.



### OCTOBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Organics and Garbage Day:



Organics and Recycle Day:

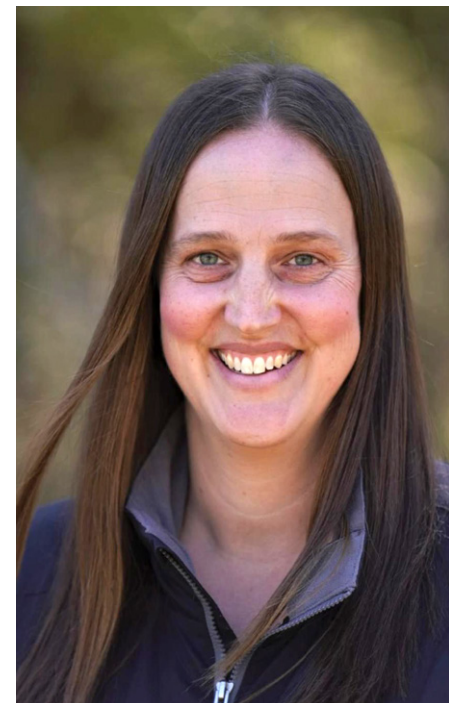


Top up your organics cart with green waste, like **non-invasive** plants, clippings, leaves, cut grass and small branches.

Visit [powellriver.ca](http://powellriver.ca) for detailed information on our waste collection services or scan here



*We're committed to making waste management easy and environmentally friendly for everyone in our community.*



### HELP CELEBRATE FAMILIAR FACES

**OCTOBER 7:** This year, 2024, marks the 30th World Teachers' Day, a United Nations global holiday celebrating the work of teachers such as Brooks music teacher Steven Cramaro and Kelly Creek reading intervention teacher Julie Venselaar.

"This year's World Teachers' Day highlights the need to address the systemic challenges teachers face and to establish a more inclusive dialogue about

their role in education," reads the UN statement.

"The 2024 celebrations will focus on "Valuing teacher voices: towards a new social contract for education", underscoring the urgency of calling for and attending to teachers' voices to address their challenges but, most importantly, to acknowledge and benefit from the expert knowledge and input that they bring to education."

since 2016. She's also been the female coordinator on the Powell River Minor Hockey Association board since 2018.

"I coach hockey because I believe strongly that kids, and especially girls, benefit so much from being involved in sport. Physical literacy, navigating challenges, celebrating success and learning to be teammates are valuable life skills. Hockey is a medium that I am familiar and comfortable with and where I can share my knowledge and passion for sport. I also think it is really valuable for girls to have female mentors in sport. So often, particularly in hockey, we see the dads out there coaching, I want kids to know that the women in our community have so much to bring to the ice as well."

Brooks Secondary School teacher and Director of Bands Steven Cramaro has been volunteering with Kathaumixw for four years as the chairman. He volunteered for three years before taking on the role of chairman.

"Kathaumixw is a wonderful festival that showcases the beautiful part of the world we call home," he said. The musician and music educator in me believes that it is an amazing celebration of choral music and culture."

Steven says Kathaumixw provides the opportunity for everyone who is

involved to network and meet new people. "For community members, students, volunteers, and participants Kathaumixw is a wonderful way to meet new people from around the world, experience excellent high quality choral music, and experience different cultures."

And the list goes on. Sydney Likness coaches soccer; Jonathan Dyck helps with the Townsite Jazz Fest; Carolyn Hoekstra is on the Terry Fox Run committee and Hands across the Water; Mary Payne, Kim Leach, and Tara Schmunk cycled over 200 kilometres with Tour de Cure this summer to raise money for cancer research.

"Teachers also have all sorts of after school commitments with a number of committees and some local specialist associations that are linked to provincial associations," said Izi.

Laurie Andrews, Wendy Adams, Leanne Graham are involved in organizing a fall conference in Victoria for primary teachers across the province.

While World Teachers' Day is a good day to reflect on how teachers are transforming education, it is also a good day to think about what kind of support they need to do their jobs well and appreciate the important role they play in the lives of their students. 🙌

# October 9 to 31

## She's Back...

### What will you see in the Witch's Kitchen this year?



Together we discover!

**POWELL RIVER**

**TOWN CENTRE**

WE'RE OPEN Monday to Saturday 9:30am to 5:30pm  
Joyce Ave & Alberni St | 604.485.4681 | prtowncentre.com

COMING SOON TO TOWN CENTRE ➔ **barBURRITO** **NOODLEBOX.** **smijldental**

# Library's Writer in Residence 2024

## Former social worker fosters a better world - through writing

In October, children and teen author Robin Stevenson offers how-to help - and inspiration - for emerging writers

### Why did you choose to be the Writer in Residence in qathet? What attracted you to this community?

**Robin** • I was here once before, when I did a writing workshop and a school visit at the library back in 2018, and I loved everything about it—from the beautiful ferry ride over, to the lovely town and the incredible sunsets over the water, to the friendly and enthusiastic readers and writers I met.

So when I heard that the Library was accepting applications for their 2024 Writer-In-Residence, I knew I had to apply—and I was thrilled to be chosen.

### How did you become a published writer? Why did you choose to work with a publisher, instead of self-publishing?

**Robin** • I started writing when I was on parental leave twenty years ago—keeping notebooks under my baby's stroller and writing while he napped!

I had been working as a social worker for ten years and had no idea that my scribbled stories would end up launching me into a whole new career. I started by sending short fiction to literary journals. When one encouraging rejection letter suggested that I explore the relationship between my characters in more depth, I ended up doing exactly that—until my short story grew to 50,000 words and I realized I had accidentally written a teen novel.

I didn't know much about publishing, but on another writer's advice, I sent it to the Victoria-based Orca Book Publishers—and was thrilled when they called and offered me a contract!

Since then, I've published over 30 books, with several different publishers, but I'll always be grateful to Orca for taking a

chance on me. They're publishing my picture book *A Hug on the Wind* in May 2025!

I know many people who self-publish, some of them with great success—but finding readers as a self-published author requires writers to learn a great deal about the business side of things, and that definitely isn't my strength.

For now, I am really happy just writing books, and leaving the work of cover design, promotion, marketing, distribution, sales, etc to my publishers. I wouldn't rule out self-publishing at some point in the future though!

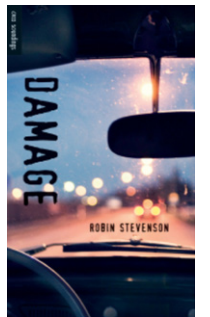
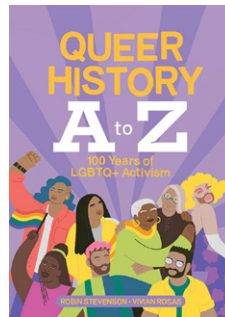
### Many of your children's books are about queer pride and history. What do you hope will change, for this generation of kids?

**Robin** • What I hope for is a world where every child can grow up feeling safe and supported—without having to hide their thoughts or feelings, without being taught shame about who they are, and without fearing rejection by their parents and other people they love.

I do think that we've made great progress—when I was a child, I never saw queer people in the books I read, or in the shows I saw on TV—but too many young 2SLGBTQ+ people still feel unsafe in their schools, and too many are still growing up hearing hateful comments in their homes.

In the last few years, there's been a huge increase in anti-2SLGBTQ+ rhetoric and hate—but there are also many people standing up in support of the queer community and working for positive change.

I hope that young people feel and see that support, and that they feel hope for their futures.



**PROLIFIC AND PRO-YOUNG PEOPLE:** Above, writer Robin Stevenson in the Powell River Public Library, and four (out of 30!) of the books she has written for children and teens.

### Many of your teen books dive into the darker, more complicated experience of that age. What happens for teens, when they read about themselves this way?

**Robin** • I actually wouldn't call most of my teen books particularly dark—my most recent one, *When You Get the Chance*, is actually pretty joyful—but I do think that

being a teenager can be a very complicated time.

There is so much change during those years—teens are figuring out who they are and what they believe, deepening friendships and forming new relationships, thinking about what comes after high school and what they want their lives to look like.

I've been so inspired by so many of the teens I've spoken with, and really interest-

## Energy Advisor Services - Based in Powell River

### HOMEOWNERS:

- Canada Greener Homes Loan up to \$40,000 - 10 years interest free
- BC Hydro Solar Rebates up to \$10,000

### BUILDERS & MECHANICAL CONTRACTORS:

- New Build BC Step Code Compliance Modelling & Reports
- HRAI Certified Residential Heat Loss & Heat Gain Calculations



**DAN TATHAM**

B. Industrial Design, LEED AP  
NRCanRegisteredEnergyAdvisor

Call or email Dan: 604-399-8655 [dan@flexhomeenergy.com](mailto:dan@flexhomeenergy.com)

# October is Writer's month



Weekly workshops with  
Writer in Residence,  
**Robin Stevenson**



Author talk with  
**Heather Conn, Oct. 3**



Weekly writing programs  
**Write-On and Young  
Writers' Group**



Check out our  
events calendar  
for more information.  
[prpl.ca/calendar](http://prpl.ca/calendar)

[info@prpl.ca](mailto:info@prpl.ca) 604-485-4796 [prpl.ca](http://prpl.ca)

ed to hear what they have to say about the roles books play in helping them navigate their high school years—allowing them to grapple with complexity and develop empathy for others, for example, or to explore challenging experiences and ideas in a safe way.

## Why hi-lo books?

**Robin** • I started writing them almost accidentally—the first one I wrote began back in 2007, as a short story for adults! They're great for young readers who find reading challenging, or are reading in a language other than their first language, or just prefer a short, fast-paced book.

They're a great exercise for writers, too. I often encourage my students to try writing one: longer than a short story, but much shorter than a novel, and with no words to waste, you are forced to make every paragraph develop character, add tension, and drive the story forward. I think I wrote five or six of these, and they taught me a lot.

Incidentally, Gabrielle Prendergast, who was Powell River Public Library's WIR two years ago, is now editing hi-lo books for

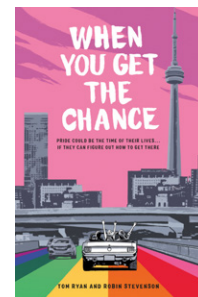
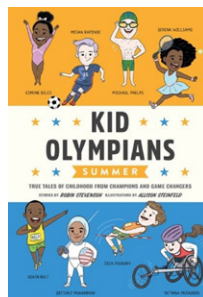
Orca—so if any local writers have one of these short novels in the works, she'd probably love to hear from you! The guidelines are on Orca's website.

## Tell me about your last event here.

**Robin** • We are having an open-mic event and I'm hoping that lots of local writers will come out to the library and share some of the stories, poems and essays they have been writing this fall!

I'll be hosting a weekly Writer's Café during October, and there are lots of ongoing writers' groups at the library, and I know some amazing writing is happening in all kinds of other places too, and from all kinds of people—from kids to seniors and everyone in between.

I am very much looking forward to an afternoon of hearing all those different voices. And—if the open-mic portion of the event doesn't fill the whole time—I'll also talk a bit about the power of stories and the importance of diverse voices, and about the need to defend books and free expression around the world and in our own communities.



## Robin is here for writers this month

For a full calendar of ways to connect with Robin Stevenson, including one-on-one consultations and Writers' Cafés, see [prpl.ca](http://prpl.ca).

Robin Stevenson is the award winning author of more than 30 books of fiction and non-fiction for kids and teens. Her books have won the Silver Birch Award, the Sheila A. Egoff Award and a Stonewall Honor, and have been finalists for the Governor General's Literary Awards, the Lambda Literary Awards, and many reader's choice awards.

Robin was the Book and Periodical Council of Canada's Champion of Free Expression for 2022. In 2023, she was awarded the Lieutenant Governor's Award for Literary Excellence. She lives on the west coast of Canada with her family.

readers can connect to. In this workshop, Robin shows how writers can use childhood memories to deepen character development, craft vivid scenes, and add emotional intensity.

**October 15**  
**Powerful Memories writing workshop: PRPL**  
4 to 5:30 pm, Library.

**October 19**  
**Dead Ends and Murky Middles: troubleshooting your story**  
2 to 3:30 pm, Library. A workshop designed to help writers solve story problems, get unstuck, gain confidence, and beat writer's block!

**October 26**  
**Community Voices Open Mic: Writer in Residence wrap-up**  
2 to 3:30 pm, Library. Local writers of all ages are invited to share the stories, poems, and personal essays that they have been working on. Note: If you wish to take part as a reader during the Open-Mic, please come prepared to read for a maximum of five minutes. (Please note that this is an all-ages event, so readings should be selected with that in mind.)

**October 5**  
**Getting from Idea to Draft**  
2 to 3:30 pm, Library. Some writers like to jump in and write, others prefer to start with a plan. Drop-in.

**October 12**  
**Powerful Memories writing workshop: Texada**  
1:30 to 2:30 pm, Texada Library. The most powerful books are usually ones with characters that feel real, with emotions

Diamond art, Stamping, Embroidery  
& Cross Stitch Kits

**40% off**

Crystals & Crystal Jewelry

**30% off**

**Oceanside  
Entertainment**

Your Treasure Trove  
of Entertainment

Tues to Sat 10 am to 5:30 pm  
Oct, Nov and part of Dec  
4721 Marine  
(the former Hindle's)  
604-489-3028





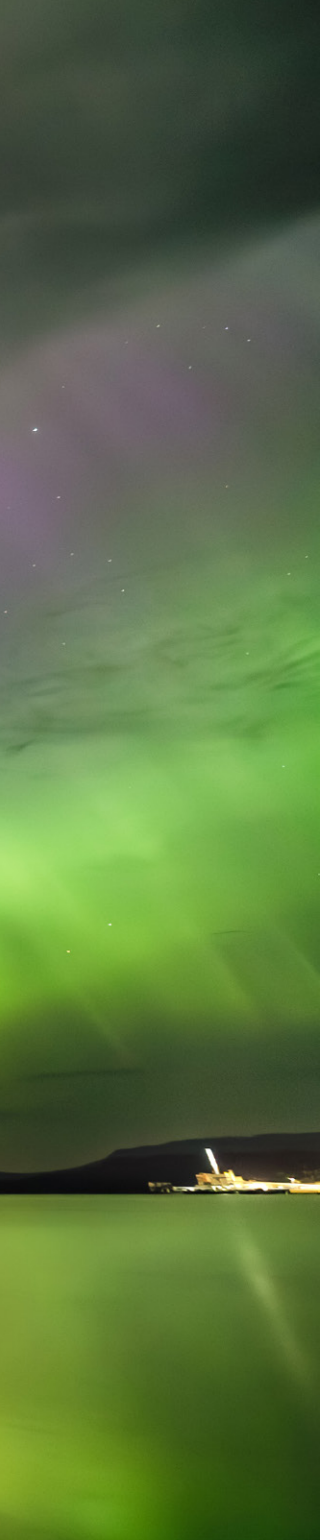
# Welcome to qathet, STEVE.

So far, 2024's celestial cabaret has been out of this world.  
We haven't even reached the height of this sun cycle yet. Watch for more wild skies mid-October.



**WHILE WE WERE SLEEPING:** On August 28, Carl Anderson was out snapping the photograph of the STEVE that appears on the previous page. All of the photographs on this page are by Doris Guevara-Isert. They are 'Luminous Veils' (above); 'Galactic Rise' (top right); the Milky Way from Shelter Point on Texada; 'Twilight Radiance, Aurora Meets Dusk,' (middle right), 'Whispers of Light,' (bottom right) showing star trails at Mowat Bay, and 'Tangled Flames: The Dance of STEVE,' from August 28.





# Astrophotographers wowed by 2024 so far, looking forward to more auroras and the comet

**BY DORIS GUEVARA-ISERT**

**T**his summer has been a whirlwind of sleepless nights, heightened emotions, and awe-inspiring sights that left me speechless.

My friend Carl Anderson and I often chase the aurora together, and we both agree that this season has been off the charts. S.T.E.V.E.—a newly discovered atmospheric phenomenon that sometimes appears alongside auroras—stole the show on August 28 with its brilliant purplish-pink arc and green picket fence display.

In eight years of aurora chasing on the Sunshine Coast, I've seen it only five times, and this was by far the most extraordinary and beautiful sight of them all.

The G5 storm on May 10, driven by heightened solar activity in Solar Cycle 25, resulted in one of the strongest auroral displays of modern times, with vibrant overhead lights illuminating the sky like never before. We quite literally witnessed space weather history in real-time.

From the glowing skies over Shelter Point to the surreal beauty in my backyard on September 12, each display has been more breathtaking than the last. With incredible moments under the stars, this summer has truly been unforgettable.

Aurora chasers in these latitudes can join the “Sunshine Coast BC Aurora Enthusiasts” Facebook group to share tips and sightings.

*Explore Doris's captures at [earthskylens.ca](http://earthskylens.ca)*

**BY CARL ANDERSON**

**S**TEVE: The purple and green lights are now referred to as Strong Thermal Emission Velocity Enhancement (STEVE), and are a phenomenon similar to their more well-known cousins Aurora Borealis and Australis. STEVE is caused by a ribbon of hot gases rather than particles like electrons and protons like the auroras.

The big thing to watch for in mid-October is a possible daylight visible comet in the SW skies just after dark, Comet Tsuchinshan-ATLAS.

October is the end of the Milky Way core season. We will no longer get to see the bright portion of the Milky Way until March.

Auroras will be frequent, possibly even more frequent than what we are getting now, as we move towards the solar cycle peak. We just can't count on the clear skies of summer. 🌲

*See [seaforestphotography.com](http://seaforestphotography.com) for more of Carl's work.*



**Why buy new?**  
Buy used—save hundreds



**Like-new Apple computers & iPhones**  
**IN STOCK NOW**  
1-year warranty

Sales / Service / Tutoring / Home set-up

Open Tuesday—Friday  
10:00am—5:30pm

**604 578-1320**  
**4691 Marine Avenue**  
*Look for the red awning*



Only the Best  
Used Macs

# Visitors for Thanksgiving: a memoir

BY BEV FALCONER

**M**y older daughter, Barb and her husband Vic would be arriving in a couple of days to spend the Thanksgiving weekend with me and I was sitting in my rocking chair absorbed in writing menus and a shopping list. I glanced over at the cornucopia I had created for decoration and smiled. I was rather proud of the effect of the purple grapes from my grapevine spilling artistically over the other coloured fruits. I did have to make a repair to the arrangement after my great-grandchildren had been here the day before. Obviously they were more interested in eating the grapes than in admiring them. I found evidence of their snacking after they had gone. When I went to turn on the radio I discovered they had hidden their grape seeds on the shelf beside it.

Returning to my to-do-lists I glimpsed a movement across the room. I froze and exhaled a silent scream. I jerked my feet up onto my chair and watched in horror as Mr. RAT scurried from behind the couch into my bedroom. “No, you can’t go in there, I can’t sleep with a rat under my bed!”

I clung to my chair, immobilized. My ears were fine-tuned to the sounds of this rodent skittering from cupboard to waste basket and finally rattling in the drawer below the stove. What was I going to do? My other daughter and son-in-law, Brenda & Jim, live in Powell River but it was 9:30 and they usually go to bed very early because they get up very early for work. I decided to phone anyway.

“Do you have a rat trap I can borrow?” Thank goodness they did. By the time I got there Jim had tied wool to the trap and smeared it with peanut butter—evidently the best rat bait.

When I got back home I realized I didn’t know how to set the darn trap. I had set mousetraps years ago but now was having no

luck. And I sure wasn’t going to wake Brenda and Jim again. Eventually I succeeded and put the trap behind the couch. Mr. RAT was still making noises in the stove so I knew where he was, but how could I ever sleep with my safe haven now threatened? I decided I would put the radio down on the floor beside my bed and maybe the sound would keep the trespasser at bay. I kept the light on too. How can such a small critter cause a big human being to cower and tremble?!

I lay in bed for hours straining to hear, above the music on the radio, any slight rustling. Around two am there was a loud SNAP then silence and I was finally able to get to sleep.

In the morning, after a lot of stalling, I put on my garden gloves, dug a deep hole and dumped the body into it. Then I reset the trap and put it behind the stove—just in case.

**Sitting in the front room** that night, I heard a clatter in my bedroom. It was my aluminum blinds rattling although there was no wind. So that’s how the rat got into the house—up the stucco wall and in through my bedroom window which was always open. I was aware that rats could climb up stucco walls as I had once watched in disbelief as a rat climbed up the stucco wall to the eavestrough of the Watt’s house across the road.

Again I strained to hear any telltale sound of a rodent in the bedroom. All was quiet so mustering all my courage I went into the room and closed the window—for the winter!

Brenda and Jim came along that evening and we were busy planning for Barb and Vic’s visit. They would be here for just three days. How would we fit in the walks, family suppers, visits



with friends and get time to view and organize the old family slides that Brenda and I had been culling. In the midst of this intense planning we heard SNAP. We all knew what it that was. Jim helpfully disposed of RAT #2 for me by chucking it in the middle of the blackberry patch—then reset the trap once more. When they were leaving Jim said with a big grin, “Let’s get out of this rat-infested hole!”

When Barb and Vic arrived the next day we had plenty to talk about, and their Havanese puppy Wilson to play with, so it was quite late when we got to bed. In the morning I checked the trap out of habit—not expecting to find anything. I got a jolt when I saw RAT #3. I went out and disposed of him immediately before anyone surfaced for the day. When Barb and Vic got up I asked how they had slept. “Very well indeed,” they agreed. Had they heard any loud noises during the night? “No.” They really must have slept deeply because the trap behind the stove, which would have snapped during the night, was right outside their door. It was hidden, as they weren’t aware of my unwelcome visitors, and blocked off so the dog wouldn’t get a nasty surprise from the trap. Thankfully that was the end of our long-tailed home invaders.

And oh yes, I later realized that I had mistakenly concluded it was my great-grandchildren who had eaten the grapes from my cornucopia. I’d better be slower to judge!

I wish everyone a very Happy Thanksgiving weekend—hopefully without a rat under your bed! **PL**



**SNUGGLE UP TO A CUP**

**Mocha**  
250–450 Cals

**Chai Latte**  
240–440 Cals

**Latte**  
130–220 Cals




**Open at 6 am, 7 days a week**  
**Open late on Fridays & Saturdays**  
4696 Joyce Ave • 604-485-6277

## AWARDS SEASON



### King Charles III 2024 Coronation Medals

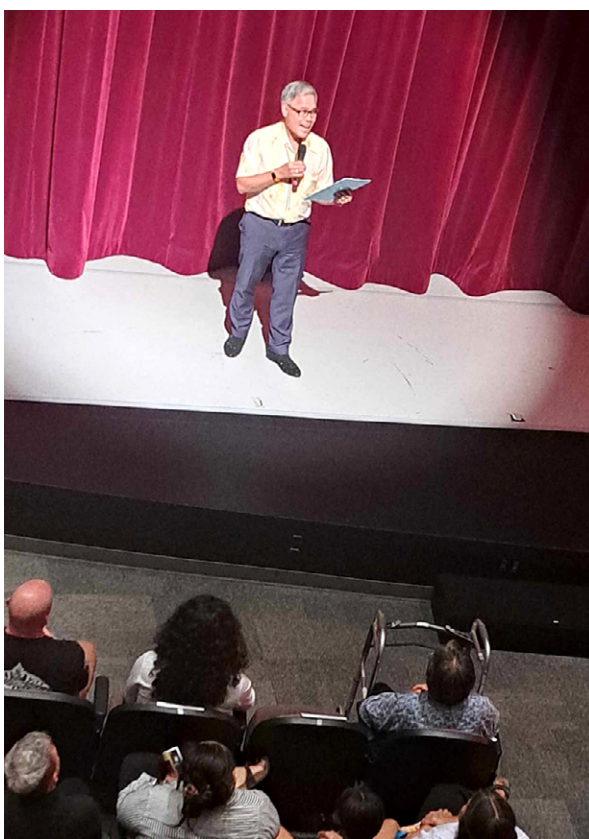
This fall, there will be 30,000 of these special medals handed out in Canada, with 4,000 going to members of the military. Recipients must “have made a significant contribution to Canada or to a particular province, territory, region or community of Canada, or have made an outstanding achievement abroad that brings credit to Canada.” Government bodies are responsible for nominating recipients.

The medals for Stewart Alsgard and Nicholas Simons are just the first to be awarded here. Stewart was nominated by Nicholas’ office. All members of the Legislative Assembly automatically receive a medal, “by nature of their position.”

Dr. Evan Adams will receive a Coronation Medal from the Office of the Premier, along with 63 others.

MP Rachel Blaney will be handing out 20 Medals this fall, although the list of recipients has not been made public yet.

In total, BC will hand out 551 medals this year.



**THIS FEELS A BIT WEIRD:** Above, King Charles III Coronation Medal recipient Stewart Alsgard pins one on Nicholas Simons, too. At the ceremony September 13, the room recognized the bizarreness of accepting colonial medals in recognition of anti-colonial work. But there was still joy at celebrating the recipients’ good work.

Below left, Dr. Evan Adams was one of 64 King Charles

III Coronation Medal recipients awarded directly by Premier David Eby. His was awarded “for contributing and leading Indigenous public-health organizations and amplifying Indigenous voices.” In this image, he is introducing his son, choreographer Cameron Fraser-Monroe, at a full house September 11 at the Max Cameron, where Canada’s first First Nations ballet took place on the home territory of its creator.

## King Charles III leans on locals to hand out his awards

BY ISABELLE SOUTHCOTT

It was a double header on September 13 for both former Mayor and Captain Ret’d Stewart Alsgard and soon-to-be-former MLA Nicholas Simons each receiving a King Charles III Coronation Medal for exceptional service for having made a significant contribution to British Columbia and Powell River/qathet.

Those attending the special ceremony at the Royal Canadian Legion knew about Stewart’s medal, after all that was what the event was built around, however the medal for Nicholas who had “just seven days left in office,” was a surprise.

A blessing was given by Tla’amin Elder Elsie Paul followed by *O Canada* with Steven Cramaro and Brooks Secondary Students and their double trumpet quartet. Former Tla’amin Chief Maynard Harry spoke about Stewart’s leadership and how he’d been an ambassador for the Tla’amin people. “I’m here for the purpose of reconciliation,” he said adding that Canada and Powell River need to do better at reconciliation. “Stewart is a role model in reconciliation; we need more men like Stewart to step up.”

A few words were shared by former City Councillor Aaron Pinch who spoke about Stewart’s leadership and character. He noted that the community accord signed by Tla’amin and Powell River in 2003 preceded the Tla’amin treaty between Tla’amin and the Government of British Columbia by 13 years.

The community accord recognized Tla’amin’s right to self-governance and established protocols around culture, heritage, and economic development.


“Stewart [Alsgard] is a role model in reconciliation; we need more men like Stewart to step up.”

- Kwast-enayu Maynard Harry

“I thought deeply about accepting this medal,” said Stewart, who served as mayor for 12 years, Coroner for 15 and had 28-years of service in the Royal Canadian Navy.

“I consulted with friends, continuing an ever-present dialogue. It is not an easy process to weave the strands of personal history together with an understanding of Canada’s colonial history, and a commitment to civic duty, truth and reconciliation.”

Once Nicholas had finished pinning the King Charles III medal on Stewart, it was time for round two as Stewart unexpectedly announced that another King Charles medal would be presented; this one for Nicholas.

Nicholas has served as a member of the Legislative Assembly for over 19 years. He retired from public service as MLA for Powell River-Sunshine Coast on September 21 when the writ dropped. 

# Journalism and service:

## Why Iz won the 2024 Shelley Fralic Award

**O**n October 28, *qathet Living* owner Isabelle Southcott will be in Vancouver, accepting the Shelley Fralic Award at the annual Jack Webster Foundation Journalism Awards. The honour is named for late Vancouver Sun reporter Shelley Fralic, whose career was defined by her care for people and the community, and her excellence in journalism.

Isabelle won the award because of the similarities between her career, and that of Shelley Fralic. Iz started out as a reporter in Halifax, where she won multiple awards for her news reporting. After moving to Powell River, she continued reporting and then editing with the team at *The Powell River News* and the *The Peak*. In 2006, she founded what was then Powell Riv-



**REPORTER TO MEDIA MOGUL:** Isabelle Southcott started out as a cub reporter at the *Halifax Chronicle Herald*, and retires this winter as founder and owner of *qathet Living*.

*er Living* magazine, a vehicle to tell more human (and animal) stories and celebrate this community. She is also founder of Powell River Women in Business, and has served on multiple local boards including the Chamber, Tourism PR, Toastmasters, and more.



**SHE RARELY ACCEPTS THE SPOTLIGHT:** Betty Wilson thanks the dancers who performed in Tla'amin member Cameron Fraser-Monroe's two ballets September 11. Betty was instrumental in bringing the Ballet Kelowna production here.

## Pope Francis honours Betty Wilson

**B**etty ochele Wilson received the Papal honour of the Bene Merenti Medal September 8, at Vancouver's Holy Rosary Cathedral.

This medal is for dedicated service to the Archdiocesan church community.

Betty has served on various Archdiocesan boards as well as maintaining

Sacred Heart Church at tishosum.

"Our Parish thanks Betty for her devotion and warm welcome to all who come to Sacred Heart," reads the note in the bulletin. "Our Parish is very proud that the Papal medal is given to a member of our very own First Nation. So well deserved! Congratulations, Tla'amin Nation and Betty!"



## 'PRISM'

hip-hop with a distinctive contemporary twist from Montreal dance company, **TENTACLE TRIBE**



"It is a performance, a feat, that the artists perform for 1 hour uninterrupted. The public is dumbfounded." mattv.ca

"Their latest production 'Prism' is a true work of art... a colourful, kaleidoscopic masterpiece!"  
Mountain Lake PBS

**THURSDAY, OCTOBER 10**

**7:30PM**

**Evergreen Theatre, Powell River**

**TICKETS: call 1-604-485-2891**

**in person at the Recreation Complex**

**\$32 (adults); \$26 (18 & under single ticket or '2 for 1')**  
gst included

more info visit

**www.bcmovementarts.com**

Couverdon



**DEDICATED TO COMMUNITY SAFETY:** A representative of the BC Fire Commissioner's office, Vancouver Island North Fire Services Advisor gives an award to Malaspina Fire Department Chief Dave Keiver, with over 100 locals in attendance. Dave has more than 45 years of service on the department, 18 as Chief.

## Award and medals for retiring Malaspina Chief Keiver

**BY WILLIAM ASHWORTH**

I have been a firefighter for the past 16 years and have had the pleasure and honour to serve under Dave Keiver for the last nine years. Dave has been my mentor and friend throughout this time. I served as one of his lieutenants for several years and as his deputy for the last two years.

Dave is retiring from the fire service after over 45 years of continuous service and more than 18 years as the Fire Chief of the Malaspina Fire Department.

In the time I have known and worked with Dave, he has been a pillar of support for everyone around him. He demonstrated calm in the face of emergencies, he projected strength when difficult decisions needed to be made, he inspired confidence to the firefighters working with him, and he has genuine compassion for the troubles and issues that may arise out of the firefighting service.

Words can barely do justice to describe the man and Chief we all relied on for what seemed like all time. Dave dedicated his entire adult life to the safety of the community he lived in.

There are few others in the country that have achieved such an honour as Dave has rightfully earned. 45 years, a lifetime, on call 24/7.

I have been at this gig for some time and I can barely grasp the enormity of Dave's commitment. I doubt many of us truly can.

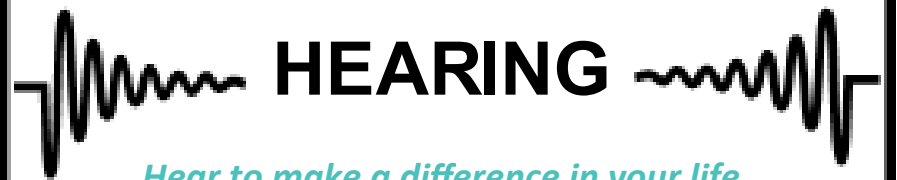
Dave was ahead of his time as he brought the Malaspina Fire Department into the future. We were one of the first volunteer departments in BC to have auto extrication tools, to have CAD computers in our trucks, and to operate at a professional training standard.

We owe thanks to Dave for diligently working to get us the tools, equipment, training, and safety gear we needed to do our jobs well.

I am only now beginning to grasp the time commitment and effort that goes in to being the Fire Chief. Dave accomplished so much during his time and the benefits of his hard work will shine for many years to come.

Dave is my friend and mentor, an example showing us how to be the best you can be, he is one of the last true volunteers and he will be sorely missed at the Malaspina Fire Department. 🇺🇸

POWELL RIVER



Shannon Formby, RHIP  
Registered Hearing Instrument Practitioner



Rechargeable and Non-Rechargeable options

**BRAIN HEARING TECHNOLOGY**

*Start hearing what you've been missing.*

4794B JOYCE AVENUE (604) 485-0036  
[WWW.POWELLRIVERHEARING.COM](http://WWW.POWELLRIVERHEARING.COM)

## Thinking of building?

Give Chris Neath and the team  
at **JL Contracting** a call today.



New builds  
Accessory buildings  
Renovations  
Project management  
Site prep

*JL Contracting does residential & commercial construction.*

**JL CONTRACTING**  
**604-483-5364**  
[cdneath@hotmail.com](mailto:cdneath@hotmail.com)



**DOUG THE SAVARY SQUIRREL:** This tiny baby squirrel finally learned to eat fir cones, rather than formula, thanks to some tough love from PROWLS volunteers. *Photos courtesy of PROWLS*

## From eyes still closed to racing up a fir tree: this baby squirrel loves life

BY MERRILEE PRIOR

It was a hot day in early August when the distraught woman called to ask if we would take the tiny baby Douglas squirrel whose mother had been run over and killed.

They were on Savary Island - was there anything we could do? No problem!

We called Lund Water Taxi right away and, as they always do, they picked up the baby and brought it safely back to Lund. It was snug and warm on the trip back, but hungry and weak, nosing around for its mother.

Eyes still closed and virtually hairless, it was thin and its skin was wrinkled, indicating that it was de-

hydrated.

We mixed up some baby squirrel formula, filled a syringe and started feeding. It had some difficulty eating from the syringe (after all, it didn't even feel like mum!), but it took enough to start with. We had a small cage set up with a heating pad and a pouch nest with warm fuzzy cloths that it slid into and curled up to do what babies do best: sleep.

Over the next three and a half weeks we fed it every couple of hours and watched it fill out and start to grow. After about two weeks, its eyes started to open and its ears unpinned from its head. A few days later, it started to poke its nose out of its pouch and look around.

It soon recognized the syringe and would come out to get it, sucking greedily at the formula, plump and curious. Definitely squirrel-like!

The small cage soon became too small, and we moved it into a much larger cage with branches, leaves, fir cones and other natural obstacles for it to become familiar with and explore. We started to

introduce solid food and were tickled to see it start to pick up pieces in its little paws and gnaw away like any tame squirrel in a park.

What we really needed to see was it eating its native diet: fir cones. It resisted strenuously, so we took the tough love route: give it less of the food it really liked and put lots of cones out for it.

We celebrated the morning we found the stripped cones, and made arrangements to return the handsome youngster to its home.

Debra and Braelyn went over on the water taxi, with Doug comfortably contained in a small travel cage. They were met by Cat, who picked them up and took them to the release location, a beautiful stand of Douglas fir.

The cage was opened and Doug spent a long time looking around at his new home. Eventually, he tentatively left the cage and started up a tree.

Over the next half hour he discovered the exhilaration of racing up the tree and back down, then across the trail and... he is free. 🐿️



Book a charter today & let's **CATCH SOME FISH!**

Call 604-704-4142  
Kim Langton



**Registered  
Massage Therapy**

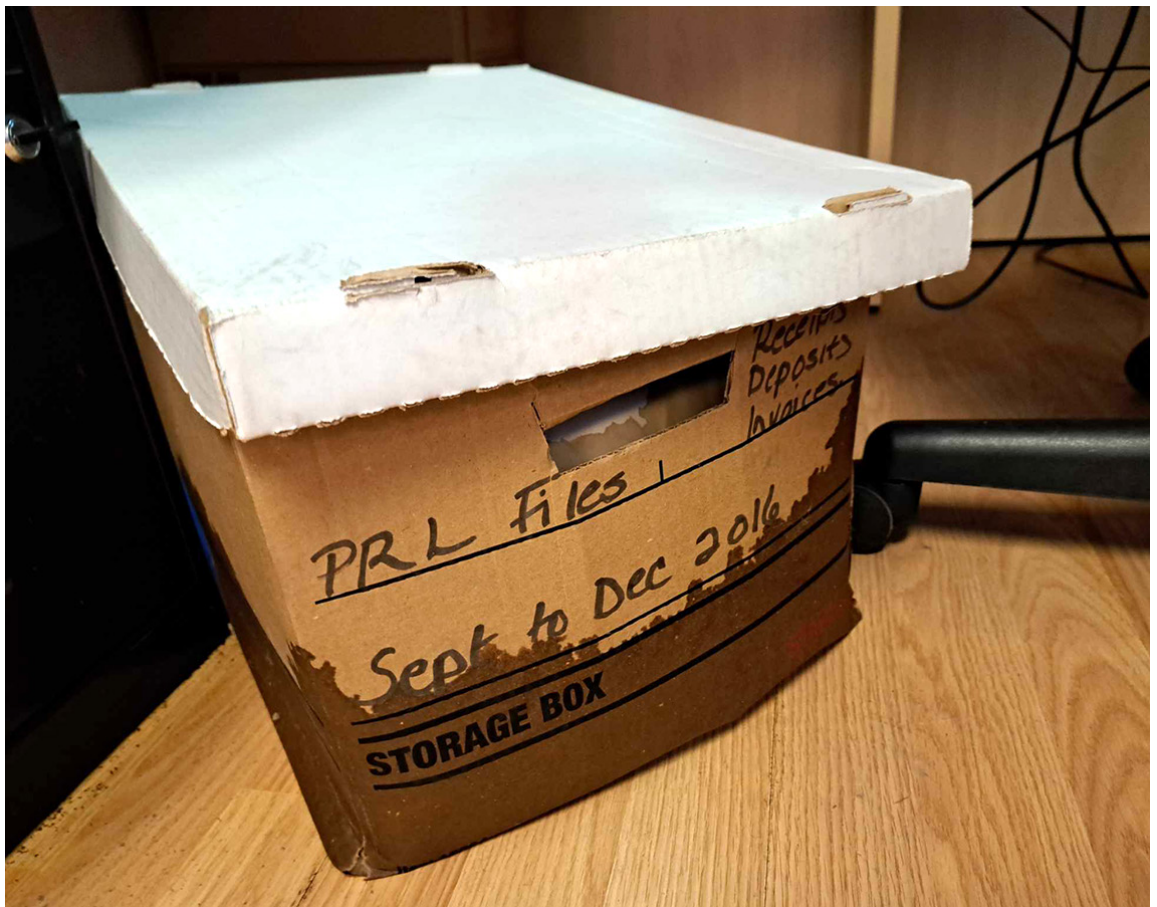
Book now at  
[kostaliwellness.ca](http://kostaliwellness.ca)

236-328-1200 • 4518 Joyce Avenue  
We direct bill with Pacific Blue Cross



# Who can tell the best scary campfire stories?

That's easy. Small business people.



BY PIETA WOOLLEY

For 2024, the 45th year of Small Business Week, the Business Development Bank of Canada chose this theme: *The power of small: Defying the odds.*

“As an entrepreneur who dares to think big, you see opportunities where others see obstacles,” reads the brimming-with-optimism description on the BDC website.

For *qathet Living* this fall, this couldn't be more true. I'll tell you our tale of woe, which reaches back into the spring, but came to a head (hopefully) last month. This story has everything a small business owner dreads: staff illness, staff injury, succession planning, and even an Act of God.

Before I begin, I know that every single small business out there has stories like this - some probably even kookier. Please write them in to us. We'd love to publish yours!

Every business has a person in the background who makes everything work - humans and machines. Here, that's Sean Percy, who's official title is “Associate Publisher,” but should really be called, “PT Barnum,” because he ring-leads this band of ‘eternal optimists.’ In June, he was diagnosed with bladder cancer, and spent the summer in rounds of body-destroying chemo. Surgery happened in late August.

By mid-September, he was back in Vancouver

General with an infection.

Isabelle Southcott, founder and owner of qL, had her own medical obstacles in mid-September, as she was getting ready to leave for Nova Scotia, in advance of retiring. Eventually, though, she was healthy enough to drive away in time to avoid most of the snow.

Suzi Weibe, the sales rep, was still recovering from a mountain biking injury in early September; she was also having one of those months with multiple medical, family, and personal interjections.

I got off pretty light, although a black bear broke into my house through a window, waddled around my kitchen and scared my son, and I've been dreaming of bear invasions ever since.

In fact, it's fair to say every member of the staff team - in-office and contractor - endured multiple run-ins with The Fates, causing chronic disruption to many of our lives.

And yet, we persisted.

And then, there was the flood.

On Saturday, September 14, we learned that a drain outside the qL office overflowed during the rainstorm, and deluged the qL office with, at the height, about three inches of water.

Sunday morning - my 23rd wedding anniversary and the beginning of deadline week - I met Iz at the office. Together, we sorted 18 years worth of wet qL papers, furniture, and assorted detritus, and moved the keepers to my home garage.

For the next two months, we're all working from home. Sean, recovering from surgery, in Wildwood. Iz, from her new home in Kentville, Nova

Scotia (she finished this issue from the road). Suzi from Westview, and Lauren from Cranberry (and, for this issue, the road). And me, from Slund, the nether-regions north of tishosum, where phone service can be a bit spotty, but I'm doing my best.

Miraculously, here you are, reading this issue, which in spite of the wild ride, made it out the door in time for the press to print it. In fact, both Zest and the October qL met deadlines.

Why? Because as any small business person knows - owner or employee - we “see opportunities where others see obstacles.”

This whole disjointed, jingle-jangle of a month wrapped up peaceably. Isabelle is arriving in Nova Scotia, ready to start her new life. Sean is forced to take his full recovery time from home - because there is no office to go back to. When I become the owner in January, I'll be walking in to a freshly-floored and freshly-painted office with no excess paper or furniture. Eureka.

The BDC's blurb about Small Business Week 2024 ends like this: “Remarkable achievements like yours are worth celebrating.”

Thanks, BDC, for your encouragement.

In spite of this fall, and for no reason other than qL's against-all-odds powerhouse of a good-humoured small staff team, I'm brimming with optimism, too.



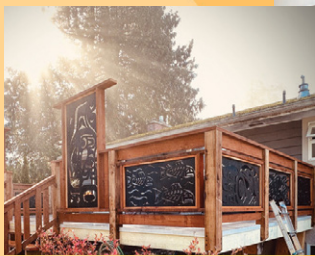


Landscaping  
Hard and Softscaping  
Garden Clean up & Maintenance  
Water Features  
Pop-up & Micro Irrigation

Renovations  
Additions  
Fences  
Siding  
Decks  
Kitchen & Bath

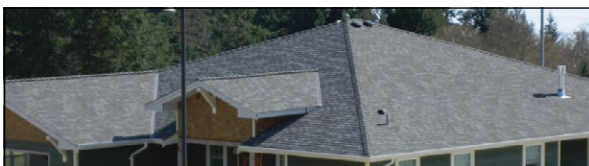


@coastgardenpr



604-223-9408  
www.coastgarden.ca  
6753 Cranberry St

office@coastgarden.ca



## Roofing you can trust.

As Powell River's leading roofing contractor since 1980, we provide high-quality installations of all types of roofing systems, and all of our workers are trained and ticketed in each specific roofing application.

- Commercial and residential
- Torch on membrane systems
- Single ply roof systems
- Hidden fastener metal roofing
- Cladding and corrugated metal
- Fiberglass asphalt shingles
- Composite shingle roofs
- Repairs and maintenance
- Roof consulting and planning
- Custom sheet metal and flashing sales
- Mechanical and HVAC sales and service
- Red Seal Certified Tradesmen

FREE Estimate



Better Business Bureau & Roofing Contractors Association of BC  
nelsonroofing.com (604) 485-0100



**WAVES WORTHY OF YOUR IMAGINATION:** Weather, waves from strong westerly crashing into the Canadian Puget Sound Lumber Co. wharf at Michigan Landing, 1912. Captured by photographer Rod LeMay.

Photo courtesy of the Powell River Historical Museum & Archives

# Caddy: The Malaspina Sea Serpent

In BC, we have all heard the stories of Bigfoot and the Ogoogo, but have you heard of Caddy? Named the Cadborosaurus after Cadboro Bay in Victoria, this elusive sea serpent is also known as the Malaspina Sea Serpent though locals usually call it Caddy.

Since 1932, numerous reports have described Caddy as ranging from 35 to 70 feet (10.7 to 21.3 meters) long, with a horse- or cow-like head and several humps visible above the water. A 1932 article in the Powell River News described Caddy as “blue and white with a bulbous body,” sighted from the Princess Adelaide.

Throughout the 1930s, Caddy sightings continued to capture public imagination. In 1934, a Powell River resident reported seeing the monster from his home in Westview and watching it pass Willingdon Beach.

Another sighting that year reported Caddy as having a camel-like appearance with a neck about a foot thick. The witness even took a shot at the “serpent” with his rifle, but missed. In 1939, two men spotted Caddy in the vicinity of Grief Point, and they too took a shot only to discover that they had hit a log

instead. In fact, there was hardly a time when Caddy was spotted that someone didn't try to shoot the poor thing.

The 1930s were a peak period for other sea serpent legends, like the Loch Ness Monster. Despite numerous sightings and reports, no images of a live Caddy have ever been captured. There have been alleged carcasses washed ashore but these were later identified as basking sharks, whose decomposing bodies can sometimes resemble a sea serpent. Marine biologists have attributed these misunderstandings to the unusual decomposition nature of this species of sharks.



## BLAST FROM THE PAST

DEVAN GILLARD



### HAUNTED WALKING TOURS

**When:** Daily 4:30 pm and 7 pm, October 21 to 26. Meeting location TBA in Townsite.

**What:** Tours of famously haunted sites in Townsite. Hosted by the qathet Museum.

**Tickets:** \$10, buy them at the qathet Museum or online at qathetmuseum.ca.

**Your voice in Ottawa**

Rachel Blaney  
MP for North Island - Powell River  
Rachel.Blaney@parl.gc.ca // 604-489-2286

We're already dreaming about what to give our friends and families for Christmas 2024

# qL's Lust List

In the mag November through January

## Gifts for going out

### SWATER WEATHER

Every year we've curated this list, a **Pollen Sweater** has made the cut. To do otherwise would be like ignoring the chocolate and roses option at Valentine's Day. These sweaters are so iconic, not to mention so durable and warm and cozy, that it's impossible to go wrong choosing something from Pollen for your loved one.



### FOUR WHEELS AT TWO

If someone on your gift list is lucky enough to have you shopping for an ATV, you can do no better than visiting **Two-Wheel Tech** and checking out their King Quads. Suzuki, the inventor of the 4-wheeled ATV, still produces what is widely considered the world's best sport-utility quad, and the company is currently offering some of the best promotions seen in recent history, with free Warm winches and up to \$1000 retail incentives.



### HATS OFF (AND ON)

This water-resistant fedora from Canadian Hat, and modelled by store manager Karla Raschella, is among the many hats being featured at **Mother Nature** this season.



**FAIRYTALES COME TRUE**  
This strapless organza ball gown from Andrea and Leo Couture is a breathtaking and romantic choice for any fairytale garden. With a strapless bodice and a full, floor-length skirt of organza fabric, it features a sheer, boned bodice adorned with matching stones for added glitz. Detachable puff sleeves offer an option to change up the look. Get this dress fit for you from **Perfect Fit for Brides & Grads**.



## THE LUST LIST

### SHOW THEM YOU LOVE THEM

Experiences are often the best-remembered gifts, and performances at the **Max Cameron Theatre** are unforgettable. Give tickets to one of the upcoming shows, such as **Nelly & John Gogo** on November 18, **Black Dog String Quartet** on December 1, or **Piano Heist** on February 2 and 3.



### qL's all-local, all fabulous gift guide for holiday 2023



### WHAT'S YOUR WALLET?

Wallets have long been a classic gift, but the Dutch wallet maker **Secret** takes it up a notch with creative and unique designs that are durable and practical. **Armitage Mens Wear** carries all the styles, including **Card Protector**, **Mini Wallet**, **Slim Wallet**, **Two Wallet** and **Cardholder**.

### GIVE THEM BUTTERFLIES

These Silver Butterfly Stackers are from **Morgan Ayoub**. Morgan is an experienced Northwest Coast traditional carver, painter, and jewelry maker of the **Tongue River**. Her lineage is **Las Olla**, **Xochitl**, **Gitano** & **Gitano**. The **Thamlin Store** is proud to carry her unique and high-quality silver jewelry.



### GET A GRIP ON STYLE

These fashion gloves fit like, well, a glove. And you'll find them where else? At **Fits to a T** for just \$18. Assorted colours and styles are available.



### DON'T PANIC

This tie-dye Luna towel from **Simply Bronze** will be the grooviest towel at any beach, festival, or park. This towel is the definition of Peace, Love, and Good Vibes. With its radical patterns you are totally ready to kick back and have a great time!



### CUTTING EDGE

If someone on your list loves the trails, a **Silly Saw** from **Thunder Bay Saw Shop** may be just the ticket. You can choose from foldable and fixed in a variety of sizes. So whether they're trimming in the garden, or hacking through a blowdown, they'll love that you've given them the edge.

gathet Living • November 2023 • 57

### Experiences such as:

- Restaurants
- Spa Services
- Health Services
- Lessons
- Event Tickets
- Entertainment
- Charters
- Staycations
- Philanthropy

### Functional gifts such as:

- Bikes
- ATVs & Boats
- Chainsaws
- Appliances
- Tools
- Electronics
- Hot Tubs
- Cleaning
- Renovations

### Personal gifts such as:

- Jewelry
- Photography
- Clothing
- Books
- Flowers & Candles
- Home Decor
- Fine Foods & Spirits
- Wallets & Bags
- Body Products

If you offer any of the gifts above, be sure to contact qL's sales team to learn how you can be featured in the three-month Lust List.

Suzi Wiebe • suzi@prliving.ca • 604-344-0208  
Sean Percy • sean@prliving.ca • 604-485-0003

Booking deadline is October 15.  
Ad design is included.



Youth & Family offers free programming and supports for families in the qathet region, including activities for Early Years, the Orca Bus, Family Centre Library & Youth Resource Centre.



Please visit our website or social media for schedules.

[www.youthandfamily.ca](http://www.youthandfamily.ca)

# FOUNDRY

qathet



Youth & Family is the organization leading this project that will remove barriers to care for youth aged 12-24. Youth, families and community partners are involved! Learn more on our website at [foundrybc.ca/qathet](http://foundrybc.ca/qathet)



## ʔAYʔAJUΘƏM? YOU GOT THIS

BRIANNE LOUIE

Use the orthography below to write in how to pronounce each letter. Also see Dr. Elsie Paul's more precise descriptions at [bit.ly/3cc8iU4](http://bit.ly/3cc8iU4).

qəqyɛt

To trick or fool someone

ʔɛʃəqɛnəm

Treat

xɛčič

Fall

gənax<sup>w</sup>mot

The truth

čɛčɛhatənapeč

I thank (honor) you all

## ʔayʔajuθəm orthography

ʔəʔamɛn | kómoks | x<sup>w</sup>ɛmaɤk<sup>w</sup>u | & λohos

This orthography is based on the International Phonetic Alphabet (IPA). This guide offers a simplified version of the sounds; for an authentic accent, listen at [firstvoices.com](http://firstvoices.com). Most letters you'll see in ʔayʔajuθəm are familiar. Pronounce them as you normally would, with the exception of the vowels and "y," which are always pronounced:

a	ah
e	ay as in May
i	ee
o	oh
u	oo
y	y as in yell

ɛ	eh
ɪ	ih
ʊ	oo as in look
ə	uh
č	ch
č̣	popping c
ǰ	dg
ᵏ	popping k
k <sup>w</sup>	kw
ᵏ <sup>w</sup>	rounded, popping k
ɬ	Breathy L sound
ᵑ	popping p
ᵑ̣	popping q

q <sup>w</sup>	rounded q
ᵑ̣ <sup>w</sup>	rounded, popping q
š	sh
ɥ	popping t
t <sup>θ</sup>	t-th
ɥ	tl
θ	th
x <sup>w</sup>	wh (like in who)
χ	Hhhh
χ <sup>w</sup>	Hhhhwh
χ	kl
χ̣	popping kl
ʔ	glottal stop: uh oh

PRESENTED BY @COASTCULTURALALLIANCE

# OCT 18-20 2024

EARLS COVE TO GAMBIER ISLAND

SUNSHINE COAST

# ART CRAWL

Join friends and take a scenic coastal tour to discover 189 unique artist studios, galleries and more.

Meet the artists, discover where they work, watch demos and connect with other 'Crawlers' along the way.

[SUNSHINECOASTARTCRAWL.COM](http://SUNSHINECOASTARTCRAWL.COM)

## | MADE THE MOVE

# Super-skilled family used their “golden ticket”

The Kolpakovas – Mila, Eugene and little son Steven – arrived in Powell River in May 2024, one year after they fled Ukraine.

Eugene is a navigational officer, former lawyer and cook, experienced in different ways of life. Mila is a Master of Arts and cross-cultural etiquette teacher, “so craving for everything beautiful is in my blood.”

Steven is a cute little man with platinum blond hair.

You may have met the family already, if you bought their home-made pirogies.

### Why did you choose to move to qathet?

**Mila** • Due to the events in our country in 2022, we had to leave our home.

In a day, we left everything and went on a one way trip, the choice was not difficult because we were expecting the birth of a baby, and we did not have enough imagination to see his birth and his future life under bombs. At such moments, you understand how unimportant the material world is. All we took from Ukraine were memorable photographs, family values, and things for the first time.

Steven was born in Spain, this country was the first refuge before Canada. But, still, the West beckoned us and thanks to the Canadian government and the simplified system of obtaining work visas for Ukrainians, we pulled out our golden ticket!

We arrived in Canada with several suitcases and a 10-month-old baby. Our first acquaintance with this amazing country, our first friends, and our first job were in Gibsons. Thanks to his education, my husband got a qualified job at BC Ferries. As for me, I was babysitting Steven and worked in cleaning in my free time. After some time we managed to move Steven's grandma here, so it substantially united our family.

After a year of living on the southern Sunshine Coast, my husband climbed the career ladder significantly, receiving a promotion to an officer position in Saltery Bay, which be-



**FAMILY TIME WITH PIROGIES:** Eugene, Steven and Mila Kolpakova bring much needed skills to qathet – from BC Ferries to cultural etiquette.

came the main reason for our move to qathet.

### How did you first hear about qathet?

**Mila** • qathet is an amazing region, BC's paradise. We first heard about this region from our friends who come here once a season for a quiet holiday and especially love local festivals.

### Where is your favourite place in qathet?

**Mila** • Our family's favorite place is Farmers' Market, we fell in love with it this summer for a simple reason. Mom and Dad sell their products, do shopping in support of local business, Steven and his grandmother walk on the playground, communicate with children, since childhood he sees how attractive and beautiful work can be, rides a steam locomotive and claps for the artists who raise the

mood of everyone present with their concerts.

### What aspect of your previous community do you think would benefit qathet?

**Mila** • Based on our experience of travelling, and we have visited about 30 countries, PR lacks a little off-season life. Perhaps the opening of new concert venues, thematic clubs for kids, cafes with children's corners, sections for adults, organizing holidays at a high level, but this is another business idea that we will try to implement, because we have already acquired and renting out entertainment for all ages – Bubble House.

### If you were mayor of Powell River, what would you do?

**Mila** • If we had to become the mayor of the city, we would continue to develop tourism, investing money in educational programs, entertainment for children and adults. After all, one of the best sides here is the amazingly beautiful nature and kind, sympathetic people, which are already a brand of this city.

### What is your greatest extravagance?

**Mila** • In qathet, we opened a small family business Family Food. Now our professional hobby is cooking. My husband has a culinary diploma and I have a good taste!

Making pierogies is a process that brings the whole family together around the table. And the table, as you know, is the epicenter of any home! Important matters are decided at the table, family and friends gather. It is a great luxury in our time to allow yourself a few hours without phones and gadgets, enjoying communication with each other! That is why the main idea of opening our small business Family Food is to convey the ideas and values of family, delicious real food that is prepared with love and unites families!

### Which talent or superpower would you most like to have?

**Mila** • If we had a superpower, we would gladly turn back time to gather all generations around a single table and cook together with heartfelt conversations of our grandparents, brothers and those who are no longer with us...

And also the ability to save our energy for many years, because this is probably the most important life resource! And always with love and interest to go into development with the ability to change and adapt to circumstances. 🇺🇸

## Fire Prevention Week

October 6 – 12

**15% OFF**

All New Fire Extinguishers

DURING FIRE PREVENTION WEEK

### Check your...

Boat • Vehicle • Cabin • RV  
Home • Office • Industrial

Ask Jamie about FIRST AID KITS  
including WCB kits

**TARGET**



Installations

Plumbing – Gas – Heating - Fire Protection

JAMIE WINDSOR • 604-483-5192 • targetinstallations.ca • office@targetinstallations.ca • 4508 Cook Avenue • Monday to Friday 8am to 4pm

Local Lawyers -  
where the coffee  
is always on  
and we answer your  
phone calls.

Katya Buck • Stacey Fletcher • Rob Villani  
Warren Peters • Brandon Henderson



Real Estate  
Commercial Law  
Wills & Estates  
Divorce  
Family Mediation  
Criminal Law  
Civil Disputes

Our goal is to provide quick, responsive  
services, creative solutions and  
sophisticated strategies for our clients



**VILLANI & COMPANY**

Phoenix Plaza • 604 485-6188 • villaniandco.com

# October 5th is World Teachers' Day

Our teachers play a vital role in shaping not only the academic success of our students but also the well-being and growth of our entire community.

On behalf of our Board of Education, senior staff, and administrators, thank you, teachers, for your unwavering support and encouragement of our students. You are all truly valued and appreciated!

We asked a few of our students to see what they think of their teachers...

## Brooks Secondary

"I've always had good experiences with teachers in the school! Mr. Rice and Mr. Ray are both very fun teachers because they have great banter. My favourite thing about all the teachers at Brooks is that none of them treat you like a child. It's awesome to be able to build good connections with teachers in the school. This one time, my friends and I decided to bake Mr. Rice a cake to show him our appreciation. He was really surprised. It was awesome."

- Lily, Grade 12 Texada

"The teachers at Brooks have always been incredibly welcoming and positive. I'd like

to give a special shout-out to Mr. Rice and Mme. Chevalier, who both hold a special place in my heart. Over the years, I've created many great memories in their classes. We've shared lots of laughs and a few tears, but through it all, they've always been so supportive. As a student athlete, most teachers are very understanding and flexible, and work with me to make everything super smooth. Something Mme. Chevalier tells us is to always be open to any opportunity that comes our way because we're still young, and that's something that will always stay with me."

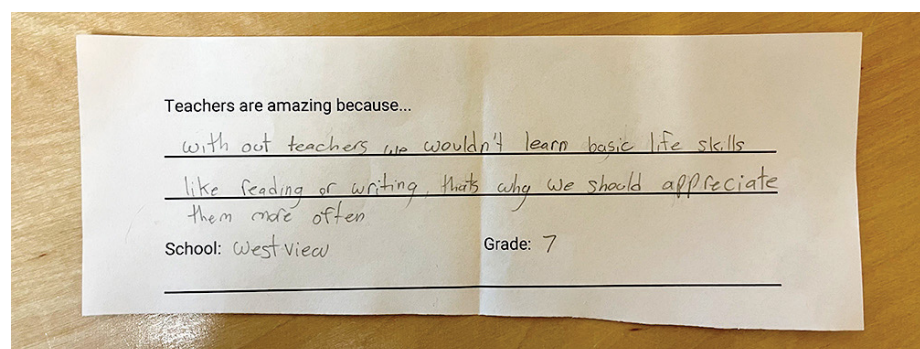
- Addy, Grade 12



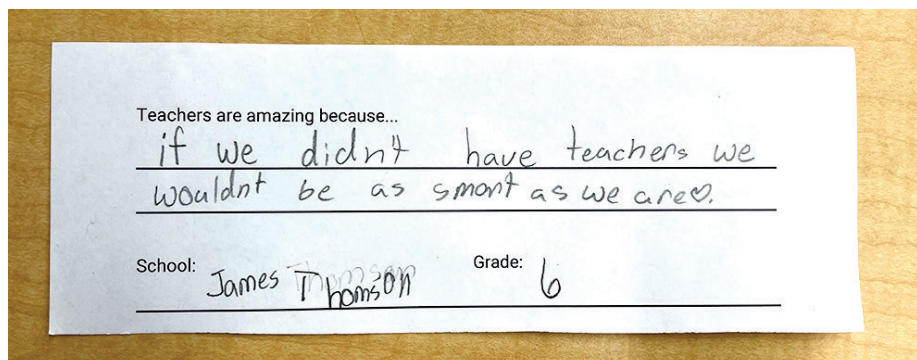
## Partners in Education

"They are nice, they help me learn, and they're fun!" - Grade 5

"The amount of care they give each learner." - Grade 10



čěčhatanapeč - we are grateful to you all!



## Texada Elementary

"Denise is the greatest. She's been here since the start of school and cooks us hot lunches! Sometimes, she lets me eat cake. She's just the best. I love her."

"Ms. Wyatt is a great teacher, and she always tries to help."

"Ms. Baker is a good teacher. She stays with us and always does what she says she will. She's also good at soccer."

## Kelly Creek

"When you are struggling with your work, they will help you." - Grade 5

"They help us learn and grow." - Grade 7

"They always let us go outside." - Grade 6

"They help us. I like my teacher. She is nice!" - Grade 5

## Westview

"They are nice, and they help you learn." - Grade 2

"They give us hot lunch and make us smart." - Grade 2

"They are nice to us, care for us, and protect us." - Grade 3

"Without teachers, school wouldn't be a safe space." - Grade 4

"They listen to your thoughts and don't make you feel small when you don't know stuff." - Grade 7

## James Thomson

"They put so much effort into all the lessons." - Grade 7

"They teach us key components about life

and guide us to be the best versions of ourselves." - Grade 6

"They help us learn so we can be successful in the future." - Grade 7

"Teachers are awesome because they teach us, bring us on field trips, and fundraise so we can have fun and because they're using their time and money on us to make us happy." - Grade 6

## Edgehill

"Ms. C took me out for ice cream." - Grade 3

"They can be funny and amazing." - Grade 5

"They help educate kids to make the world a better place. Teachers are superheroes." - Grade 6

"They're always there for you when you need them." - Grade 6

"They let you do fun stuff, and they do fun games at PE." - Grade 6

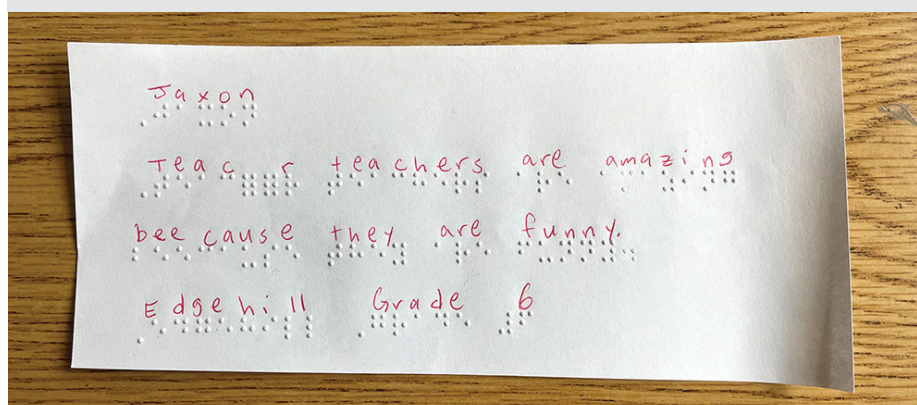
## Henderson

"They teach us amazing things and bring us on field trips." - Grade 6

"They give us confidence." - Grade 4



4351 Ontario Ave • 604 485-6271  
www.sd47.bc.ca





# Corpse Flower blooms in Cranberry's Little Shop of Horrors

BY MARIA LAUZON

In my garden and greenhouse, I mainly grew veggies, some flowers and strawberries until someone gifted me a pretty brugmansia plant. I was soon hooked on them and wanted more.

While Googling, I came across a nursery in BC that sold many varieties of brugmansias – and I spotted a corpse plant on the site. This is a plant that has intrigued me since I was in my teens and saw it on TV. Of course I hit “add to cart.”

In the spring of 2020 it came in the mail. The corm fit in the palm of my hand. The first year it only grew a stem and a leaf crown. When I dug it up for winter storage, it had doubled in size.

The second year, it started growing without dirt in the greenhouse. I planted the corm after the temperature reached over 10 celsius. When I dug it up it had doubled in size again and had quite a few baby corms, it now weighed just under six pounds.

In the third year, the corm looked different and I realized it was going to be a flower not a stem. It grew fast in the greenhouse: three feet in less than a month. The flower opened for only a few days and reaked like rotting meat. It attracted a lot of flies. After, the flower started to die and collapse. The corm weighed 10lbs 8oz and was 13 inches wide. I was impressed.

This year, the flower grew to a height of over five feet. It was so amazing, I decided to share and invited people to come see it. About 17 people came, but I had misjudged the date for the smell so it was very faint for the crowd.

Corpse plants are amazing. My variety is called *amorphophallus Konjac*. Other varieties can vary in size and color from some being only a few inches tall to the one we see on TV, *amorphophallus titanium*, which are rare and reach over 12 feet tall. That one is the biggest stinker.

# October events



**CITY TRANSFER**

Next day delivery. 100% guaranteed.

**CALL TODAY**  
to schedule  
your next  
delivery



POWELL RIVER | SUNSHINE COAST | VANCOUVER

**604.485.8100** [CITYTRANSFER.COM](http://CITYTRANSFER.COM)

# OCTOBER EVENTS

# 1

Tuesday

## National Seniors Day

A number of Canadian Seniors' organizations are organizing Seniors for Climate actions. To see what's planned for our region, visit [qathetclimatealliance.ca](http://qathetclimatealliance.ca) or email [info@qathetclimatealliance.ca](mailto:info@qathetclimatealliance.ca)

## Inktober begins

Month-long drawing challenge. See [inktober.com](http://inktober.com), and the qathet Art & Wares ad on Page 44.

## 3 Ears Indigenous Film Festival • Sugarcane

7pm the Patricia. Preceded by *The Path to Reclamation*, produced by Kaitlyn Ngo, Abby Francis, Richard Davis, Sebastian Arancibia.

## Work Party: Help get ready for the Winter Market

10 am to 2 pm, Farmers' Market. Jobs for all ability levels, everyone is welcome including kids and well-behaved dogs. Pizza lunch will be served around noon with drinks and cookies.

## Fuelling Pubic Health and the vital role of nutrition and exercise: seminar

6:30 pm, Kelly's Health Shop. Limited seats. RSVP to [kellystore@telus.net](mailto:kellystore@telus.net). With Simone Clifton, Hormone Health Specialist.

## Try Square Dance Free

7 pm, Timberlane Hall. No experience necessary.

# 2

Wednesday

## Westview Ratepayers All Candidates Meeting

6 to 8 pm, Seniors Centre.

# 3

Thursday

## A Story of Thriving Empowerment

2 pm, Library. Heather Conn will present her memoir *No Letter in Your Pocket*, about romantic adventures in India and her solo quest for healing from incest and sexual assault. For information contact Mark at [mmerlino@prpl.ca](mailto:mmerlino@prpl.ca)

# 4

Friday

## Anna Lyman in concert - ukulele

7:30 pm, James Hall. \$25. See ad on Page 20.

## Feast of St Francis of Assisi

Celebrating 12th century patron saint of animals and the environment.

## Roots Round Up and Loose Tights in concert

Doors 8 pm, Carlson Loft. Advance: \$35, door: \$40 (if available). No minors, 19+

## Kings vs. Langley Rivermen

7 pm, Hap Parker.

## Q&A hosted by Chris Hergesheimer for BC Greens MLA

6 to 8 pm, in the Elm Room of the PR Rec Complex. See ad on Page 41.

## Film • Transformers One

7 pm, The Patricia. Action, adventure, sci-fi, animation. Rated PG, 1hr. 44min. With Chris Hemsworth and Scarlett Johansson

# 5

Saturday

## World Teachers' Day

See Pages 38 and 21 for more.

## VIU tiwšɛmawtx<sup>w</sup> 50th anniversary party

Noon to 4 pm, 7085 Nootka. Program Demos, entertainment, food, prizes, bouncy castle. Open to everyone.

## Getting from Idea to Draft

2 to 3:30 pm, Library. Some writers like to jump in and write, others prefer to start with a plan... No matter what kind of writer you are, this workshop will add some tools to your toolkit. With the Library's Writer in Residence Robin Stevenson. Drop-in.

## Ukulele Workshops with Anna Lyman

11 am to 3 pm, James Hall. By Donation. See ad on Page 20.

## Men's International Golf Tourney

Myrtle Point

## Uptown Winter Market

Starting first Saturday in October, 10-12 noon, rain or shine, on Joyce Avenue.

## Kings vs. Langley Rivermen

7 pm, Hap Parker.

## Life in Full Bloom: Paintings by Lisa Hau Opening

5-8 pm, Crucible Gallery tiskwat.

## Art of Masquerade Family friendly mask/costume creation

1 to 5 pm, qathet Art Centre, drop in \$20.

## Naguala Closing Celebration with Claudia Medina

7 pm by donation at the door, 8 pm Artist Talk. qathet Art Centre.

## Harmony Vespers with the Ron Campbell Trio.

4 pm, Powell River United Church.

## Women's Workshop: Connecting to the body through the senses.

4 to 5:30 pm, 6251 Yew. With Jaspreet Soor. Discover the power of self-connection and healing in this transformative workshop, blending medical expertise, personal experience with physical and mental health conditions, and certified Reiki practices. This unique journey will help you tune into your body, reduce stress, and enhance mindfulness. Drop-in by donation

## Kiwanis Giant Garage Sale

10 am to 1 pm, 4943 Kiwanis. Hot dogs, Girl Guide cookies and more. Most items by donation.

## Film • Transformers One

7 pm, The Patricia

# 6

Sunday

## Last day of Fall GoByBike Week

[gobybikebc.ca](http://gobybikebc.ca).

## Fire Prevention Week begins

Through October 12. See ad on Page 39.

## Outdoor Meditation Circle

11 am, Willingdon Beach. No cost. Everyone welcome.

## Farmers' Market

12:30 to 2:30 pm, Paradise Exhibition Park inside the quonset hut.

## Film • Transformers One

1:30 pm matinee and 7 pm, The Patricia

# 7

Monday

## All Candidates Meeting hosted by the Powell River Chamber of Commerce

6 to 8 pm, Evergreen Theatre

## BC Election: Online and telephone voter registration closes

To register, go to [elections.bc.ca](http://elections.bc.ca)

## World Teachers' Day observed in qathet

See Pages 38 and 21 for more.

## Film • Transformers One

7 pm, The Patricia

# 8

Tuesday

## Tribal Tuesday at Fits to a T

10 am to 5 pm. Come check out all the new brands in our new location. Draws & prizes.

# 9

Wednesday

## Kitchen Witch search game at the Town Centre begins

Through October 31 during mall opening hours. Drop-in. See ad on Page 22.

## Film • Transformers One

7 pm, The Patricia





## OCTOBER ART SHOWS

Through September

**Eve Jones**

qathet art + wares

Through January

**Hana Louise Braun Exhibition**

qathet ART at PR Public Library. qathetART.ca

To October 5

**Naguala, Claudia Medina Exhibition**

qathet ART Centre

October 5

**Naguala Closing Celebration with Claudia Medina**

7 pm by donation at the door, 8 pm Artist Talk. qathet Art Centre.

Through October

**Life in Full Bloom: Paintings by Lisa Hau**

At Cricable Gallery, Townsite Market. Opening Saturday October 5, 5-8 pm Regular Hours: Wednesday to Saturday 1-5 pm and by appointment. Closed Saturday October 12

October 17- November 8

**Earth Bodies**

**Memento Mori Exhibition**

qathet Art Centre. Urns, caskets, vessels. Mon, Tues, Wed 12-5.

**KEEP IT COLOURFUL THIS FALL:** Above, painting by Eve Jones, showing at qathet Art & Wares in October. Below, Lisa Hau's saturated colour, showing at Crucible Townsite Market in October. Her show opening is October 5.



**CONSERVATIVE**  
PARTY OF BRITISH COLUMBIA

# CHRISMOORE for MLA

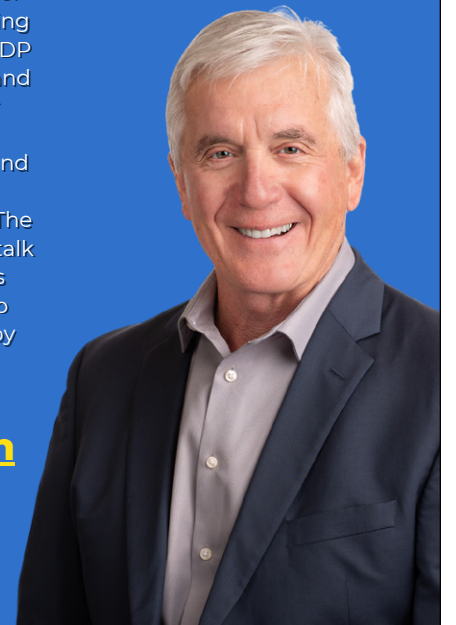
This community has been my home for many years and I am dedicated to saving it, for all of us, from the direction the NDP is taking it in. It's time for monitoring and true stewardship of our spectacular province. We need to refocus our attention on the diversity of the land and ALL the lives on it. "Beautiful British Columbia" are just words in the wind. The Conservative Party of BC will walk the talk and get to work on looking after this beautiful land but we need your help influencing the long term outcome by voting;

Chris Moore, on October 19th.

**Let's Bring Common  
Sense Back to BC**

[www.voteforchrismoore.ca](http://www.voteforchrismoore.ca)

Authorized by John Sutherland Financial Agent 604 889 8111



**"It is time to do politics differently and I am the right representative to make it happen. I bring a diverse history of experience and action in this region, I am excited to serve as your BC Green Party MLA."**



**VOTE**

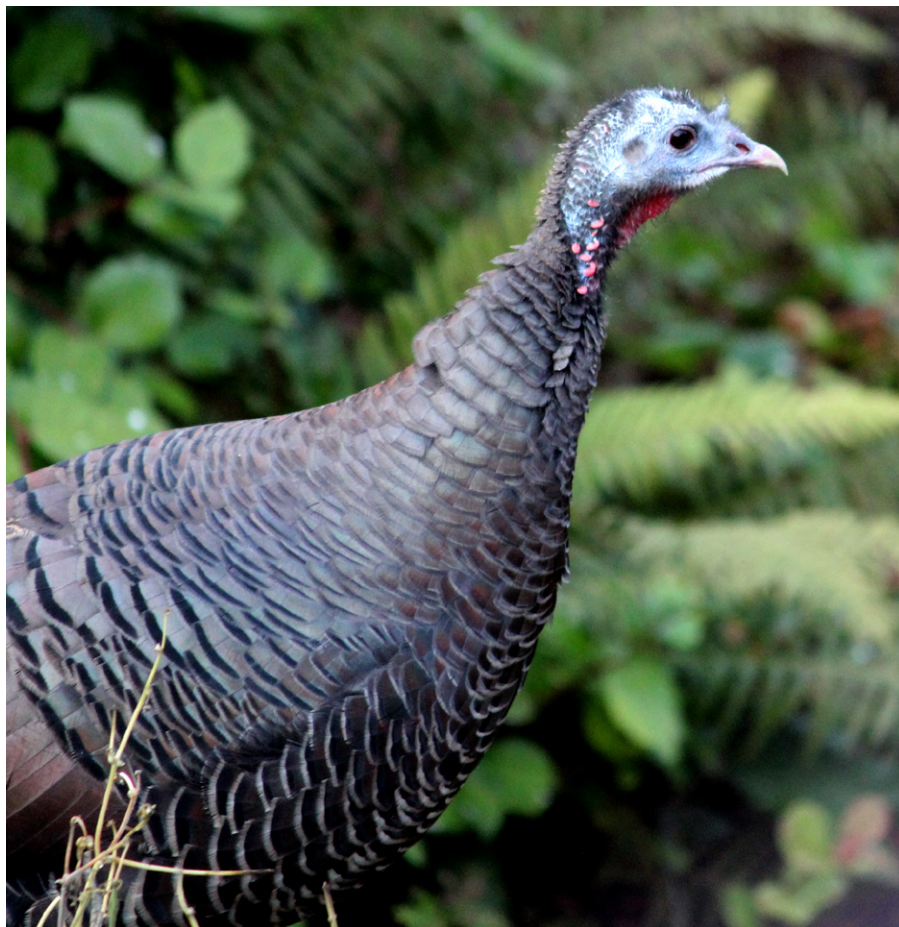
# Dr. Chris Hergesheimer

**Powell River - Sunshine Coast**

**BC greens**

**VOTE ON  
19 OCTOBER  
2024**

Authorized by Angela Gursche, Financial Agent, fa.chris.hergesheimer@greenparty.bc.ca



**THE MAYOR OF LUND:** Tara is a wild turkey who lives in and around Lund. She has been immortalized in a sticker by Charlie Latimer (below, collector's item; no longer available) and in the October 2023 qL. *Photo by Suzanne Rehfeldt*

## After a brush with death, Tara turkeys on

Last fall, Tara was ensconced at the Rehfeldt farm, moulting and living on a rich diet of meal worms and oats. But this year, the itinerant wild turkey has stretched her wings north of town – and landed in trouble.

This spring, Erin Lurkins and Pat Hanson found Tara limping up Highway 101, en route to Lund. Her leg was broken, and she was not looking healthy.

The duo, of Andtbaka Farm fame, cozied Tara in her own on-farm hospital suite, splinted her leg and gave



her medicine until she was well enough to cruise around again.

“She’s pretty independent and did not want to stay with us once she was healed,” Erin reports.

Currently, Tara is staying on and around Aleicia and Eric Vincent’s property near Andtbaka Farm.

“She lives with a Clydesdale named Clyde Bixby and takes siestas in the orchard,” said Aleicia.

“Probably having a grand ‘ol time, to be honest,” said Erin.

Happy Thanksgiving, Tara! **qL**

**Films  
Nightly  
7 PM**

# PATRICIA

## THEATRE

**New  
Films  
Weekly**

**IN HISTORIC TOWNSITE • PATRICIATHEATRE.COM • 604-483-9345**

10

Thursday

### Tentacle Tribe hip hop /Prism: Movement Arts BC

7:30 pm, Evergreen Theatre. Get ready for Montréal-based Tentacle Tribe, whose singular style blends hip-hop, martial arts, and contemporary dance. Limbs, reality, and illusion intertwine in this not-to-be-missed kaleidoscopic voyage like no other. For tickets, call 604-485-2891 or visit the Recreation Complex \$32 (adults); \$26 (18 & under single ticket or 2 for 1) [bcmovementarts.com](http://bcmovementarts.com). See ad on Page 30.

### BC Election: Advance voting begins

See elections, Page 11.

### Film • Transformers One

7 pm, The Patricia



## In the gloaming

### Kick off campfire season with T Wolfe at Cranberry Hall

After a casual flirtation with live performance in a handful of musical projects over the years, mostly performing songs written by others, T started playing live shows again with original music while living in the Kootenays in 2019.

Now back on the (lower) coast since 2021, T is excited to step back onto a stage to have some fun with a new audience! Get ready for some folk, country and (sometimes obscure) pop covers.

Occasionally fortunately accompanied by other musicians this will be a solo acoustic show, which is always fun! October 19. **Doors 6:30 pm, show at 7 pm. \$10. Concession.**



11

Friday

### Barn Ball Fundraiser for PR Therapeutic Riding

5 pm to 8 pm, 4356 Myrtle, in the arena. \$15 advance, \$20 at the door. Line dancing, food trucks, door prizes and more. Kids under 5 are free. [prtra.wendy@gmail.com](mailto:prtra.wendy@gmail.com).

### Film • Joker: Folie À Deux

7 pm, The Patricia. Crime, drama, musical. Rated 14A. 2hr. 18min. With Joaquin Phoenix and Lady Gaga.

### Pumpkin Patch Farm Tours at Family Farm B&B Begins

9 am to 5 pm, 2590 Oxford Rd. Tickets will be pre-sold for the Pumpkin Patch Farm Tours, which will take place hourly. Child 12 and under: \$4, Adults/kids 13+: \$8ea, Family of 2 adults 2 kids: \$20. Activities will include meeting farm animals, apple cider press demo (both fresh and hot apple cider will be served), pumpkin picking, and access to the playground.

### Villa vs. Bays United FC

1:30 pm, Timberlane Park.

### Kings vs. Cranbrook Bucks

5 pm, Hap Parker.

### Uptown Winter Market

10-12 noon, rain or shine, on Joyce Avenue.

### Powerful Memories writing workshop: Texada

1:30 to 2:30 pm, Texada Library. The most powerful books are usually ones with characters that feel real, with emotions read-

ers can connect to. In this workshop, Robin shows how writers can use childhood memories to deepen character development, craft vivid scenes, and add emotional intensity. With the Library’s Writer in Residence Robin Stevenson. Drop-in.

### Kill Your Dread • Befriend your Monster dance party

8 pm til late, Conduit Collective Studio (5156 Manson). \$20 or pay what you can. DJs, interactive art, film premiere and more. 19+. See FB for more.

### Women’s Workshop: Connecting to the body through the senses.

4 to 5:30 pm, 6251 Yew. With Jaspreet Soor. Drop-in by donation

### Film • Joker: Folie À Deux

7 pm, The Patricia



**WRITERS UNITE:** *qathet Living's* new intern (and Grade 12 student, and Patricia employee) hosts poetry salons Wednesday afternoons. Everyone is welcome!

# Poetry at the Pat

BY ROWAN COCKSEGE

**A**s I enter my final year of high school I have to make a choice: to treat this year as any other and simply let it happen, or to choose how I spend my time and to explore my own passions.

Naturally, I went with the latter.

A few days after classes began, I contacted Amira Abouelalla, the host of the weekly poetry group at the Library and began to workshop the idea of a group held in Townsite. My goal was to create a space that is dedicated to writing. Once a week, the group will meet to write, discuss, and share. The meeting place, generously given by the Patricia Theatre, is a truly exciting part of the experience. The recently renovated theatre is a peaceful

place to write, and the art and history on display lends to the atmosphere of creativity.

Hosted by me with the help of the *qathet Youth Can*, which is a volunteer organization for youth, the *qathet Poetry Society* is now up and running! We meet on Wednesdays from 4 pm to 5:30 pm at the Patricia Theatre. There is no age limit for attending, all you need is your love of writing. Although, if you bring your own writing tools, you may become my favourite person ever.

The group is designed to be casual. I come to each meeting equipped with prompts and ideas, but you are free to use them as much or as little as you like. Please feel free to email me at [327willows@gmail.com](mailto:327willows@gmail.com) or drop by a meeting to check it out! 📧



HEATHER  
BOOKKEEPING  
*problem solved.*

full cycle bookkeeping  
advisory & strategic planning  
training • personal tax preparation

heatherbooks.ca  
Unit 5 - 4726 Marine Avenue  
(236) 328-0328 • [info@heatherbooks.ca](mailto:info@heatherbooks.ca)

ELECTION DAY IS SATURDAY, OCTOBER 19, 2024

# ELECT RANDENE NEILL



## On Your Side in Powell River-Sunshine Coast

### Helping with Everyday Costs

Lowering car insurance by \$500 and freezing rates for two years + increasing tax credits for most families.

### Protecting Our Environment

Cleaning 8,000 km of BC coastline & partnering with First Nations to preserve wild salmon & protect 2.4 M hectares of old-growth forests.

### Strengthening BC's Health System

Hiring 800 new family doctors, thousands of nurses & upgrading 29 hospitals across BC



AUTHORIZED BY KAREN COOLING, FINANCIAL AGENT, 604-430-8600



ROTARY CLUB OF POWELL RIVER PRESENTS

# Got talent?

## Show us!

An all-ages amateur variety competition show for solo, duet, trio and small ensembles of whatever their talent.

**FRIDAY, OCTOBER 18**  
**7 PM • EVERGREEN THEATRE**  
**DOORS OPEN AT 6 PM**

Tickets available at The Peak, or at the door  
General Seating • Adult (16+) \$30 | Youth \$20

**qathet**  
**art + wares**  
*quality art supplies & thoughtful things*



**Celebrating Inktober 2024 with a sale!**

**OFFICIAL 2024 PROMPT LIST**

- |               |               |                |
|---------------|---------------|----------------|
| 1. BACKPACK   | 11. SNACKS    | 21. RHINOCEROS |
| 2. DISCOVER   | 12. REMOTE    | 22. CAMP       |
| 3. BOOTS      | 13. HORIZON   | 23. RUST       |
| 4. EXOTIC     | 14. ROAM      | 24. EXPEDITION |
| 5. BINOCULARS | 15. GUIDEBOOK | 25. SCARECROW  |
| 6. TREK       | 16. GRUNGY    | 26. CAMERA     |
| 7. PASSPORT   | 17. JOURNAL   | 27. ROAD       |
| 8. HIKE       | 18. DRIVE     | 28. JUMBO      |
| 9. SUN        | 19. RIDGE     | 29. NAVIGATOR  |
| 10. NOMADIC   | 20. UNCHARTED | 30. VIOLIN     |
|               |               | 31. LANDMARK   |

#INKTOBER #INKTOBER2024

**20% off all pens & inks, including Pigma, Tombow, Copic, Posca, and Ferris Wheel Press**

*"Anyone can do Inktober. Just pick up a pen & start to draw." - inktober.com*

**4488 Marine Ave Open Tue-Sat 10:30am-5pm  
 www.qa-w.ca create@qa-w.ca 604.413.6830**

**"Stable housing would change everything. I've never had a problem with work or housing or anything like that, then suddenly the last 2 years it's been almost impossible with my health and everything. Even if I did have enough money to pay rent, there is nothing to rent. It's a battle every day. It's just never ending. It's tiring."**

- Shelter Guest, raised in Powell River (20+ years in town)

We need more affordable housing options for individuals, families, youth and seniors in our community.

**WAYS TO TAKE ACTION:**

Check out our toolkit at [liftcommunityservices.org/toolkit](http://liftcommunityservices.org/toolkit)



 @liftcommunityservices  
[www.liftcommunityservices.org](http://www.liftcommunityservices.org)

**OCTOBER EVENTS**



**THESE GOATS ARE GETTING IN ON THE CARVING:** Two pumpkin patches are happening this month: the first is at Family Farm B&B October 12 & 13 (Thanksgiving weekend) and the second set at Blueberry Commons October 18 & 19. See the calendar for details.

**13**

Sunday

**Thanksgiving Sunday**

NFL games are: Chicago Bears vs. Detroit Lions; New York Giants vs. Dallas Cowboys; and Miami Dolphins vs. Green Bay Packers.

**Farmers' Market**

12:30 to 2:30 pm, Paradise Exhibition Park inside the quonset hut.

**Film • Joker: Folie À Deux**

1:30 pm matinee and 7 pm, The Patricia

**Fall Makers Market at Springtime Garden Centre**

11 am, to 3 pm. See ad on Page 51.

**Pumpkin Patch Farm Tours at Family Farm B&B**

9 am to 5 pm, 2590 Oxford Rd. Tickets will be pre-sold for the Pumpkin Patch Farm Tours, which will take place hourly. Child 12 and under: \$4, Adults/kids 13+: \$8ea, Family of 2 adults 2 kids: \$20. Activities will include meeting farm animals, apple cider press demo (both fresh and hot apple cider will be served), pumpkin picking, and access to the playground.

**14**

Monday

**Thanksgiving Monday**

It's a stat.

**Film • Joker: Folie À Deux**

7 pm, The Patricia

**15**

Tuesday

**Powerful Memories writing workshop**

4 to 5:30 pm, Library. The most powerful books are usually ones with characters that feel real, with emotions readers can connect to. In this workshop, Robin shows how writers can use childhood memories to deepen character development, craft vivid scenes, and add emotional intensity. With the Library's Writer in Residence Robin Stevenson. Drop-in.

**Top 5 ways to support your immune system this fall: seminar**

6:30 pm, Kelly's Health Shop. Limited seats. RSVP to [kellystore@telus.net](mailto:kellystore@telus.net). With Dr. Robyn Land, ND.

**Ad booking deadline for qathet Living's Holiday Lust List**

See Page 35.

**Film • Joker: Folie À Deux**

7 pm, The Patricia

**16**

Wednesday

**Film • Joker: Folie À Deux**

7 pm, The Patricia

**17**

Thursday

**First day of Sukkot**

Harvest holiday

**Pallet Auction by Kindred Rebuild**

5 to 7 pm, 7030 Alberni. Live auction and music, \$10 includes one drink. Food, beer and wine available, vintage items for sale. Tickets sold by Advocates in Motion (inclusion PR).

**Film • Joker: Folie À Deux**

7 pm, The Patricia

**18**

Friday

**Got Talent? Show us!**

7 pm, Evergreen Theatre. Doors open at 6 pm. Rotary fundraiser. Rotary puzzles for sale as well as the Great



**POWELL RIVER HOSPITAL FOUNDATION**

*A lasting legacy.*  
**Donate to the Powell River Hospital Foundation.**

604 485-3211 ext 4349 | 5000 Joyce Avenue, Powell River, V8A 5R3  
[www.prhospitalfoundation.com](http://www.prhospitalfoundation.com)



**THESE GUYS HAVE GOT TALENT:** An entertaining evening of performances is being planned by The Rotary Club of Powell River for October 18. Doors open at 6 pm, show starts at 7 pm. Rotarians and musicians Dave Gustafson, left, and Ade Awopetu will be volunteering there along with other members of the club.

## Cheer on local talent for charity

BY JOYCE CARLSON

Another community service project takes the stage on October 18 when the Rotary Club of Powell River presents Got Talent? Show Us!

Rotarian Robin Morrison came up with the idea to hold talent show and put the fun into fundraiser.

“We had a call for auditions in September and a total of 14 acts will perform during the evening when a panel of judges will select the top three participants,” explained Morrison. “They will be awarded cash prizes of \$500, \$275 and \$150.”

The evening opens at 6 pm with a red carpet and photo backdrop during a reception hosted by Point Group Hospitality.

People unfamiliar with Rotary and its reach locally and internationally will learn more about the world-wide organization of 1.4 million members whose motto is Service Above Self.

In addition to a silent auction, there will be Great Grocery Plus and 50-50 tickets for sale and a fun game for youngsters.

The Rotary club, along with clubs on the lower Sunshine Coast are supporting a mothers’ school in the slums of Dhaka, Bangladesh. A special puzzle was created by local artist Evelyn Kirkaldy and will be available for purchase.

All proceeds from the event will be shared between local and international Rotary projects as well the Family Place Resource Centre.

“Our centre here in qathet benefits greatly from the donations from our wonderful community,” said Grace Chaster, family programs coordinator. “We at Family Place are very appreciative that The Rotary Club of Powell River has chosen it to be a beneficiary of its talent show along with its projects.”

Family Place helps 50 families at any given time and has been a staple in the community for 20 years. It provides daily healthy snacks, pantry items and hygiene products families have a tough time keeping stocked at home. Not only do donations help with daily necessities, but they also create a larger capacity to plan fun events that some children would otherwise miss out on.

“With community outings we foster a closer connection with each other, and without our local support we would not be able to explore the world away from our centre,” added Chaster. “Community support allows us to create a welcoming, judgement-free environment to support young families as they navigate the early years.”

Tickets for the talent show are \$30 for adults and \$20 for students. They are available at the Peak office on Courtenay Street and at the door.

“Previously, there was a full house for Powell River Idol, and we are expecting there will be a similar turnout for Got Talent?” said Morrison. “An entertaining night where variety show meets Powell River Idol will support three good causes.”

**Myrtle Point Environmental Services Ltd**

**RURAL SEPTIC SERVICES**

**FALL CLEANING**

35 years of efficient, professional service to Powell River, including Lund to Saltery Bay and all outlying areas!

- Assessments, installations & repairs
- Septic tank pumping
- Filter cleaning
- RV & boat tank pumping
- Portable toilets - events
- Hand wash stations
- Grease trap cleaning
- Catch basin cleaning

**MENTION THIS AD TO GET 10% OFF YOUR NEXT SEPTIC TANK PUMP**  
Valid until Oct. 31, 2024.  
Offer only includes STP, not valid on disposal or any other services.

DAN ROBINSON, ASTTBC Certified

**CALL US FOR FAST, FRIENDLY SERVICE**  
**604-487-1175**  
**RuralSeptic.ca**  
RuralSeptic.Dan@gmail.com

We would like to welcome  
**NICI BULL-CLARKE**  
to Royal LePage Powell River!

Nici moved to Powell River with her family in 2022 from Wales in the UK and fell in love with the town’s stunning natural beauty and welcoming community. This inspired her desire to help others achieve their real estate dreams in this coastal paradise.

With over a decade of experience in Relationship Management, Nici excels at building strong, lasting connections with clients. Her passion for people, combined with her dedication to delivering exceptional service, makes her the ideal partner for all your real estate needs.

In her free time, Nici loves exploring the surrounding areas and is a keen hiker and paddleboarder. She also has a passion for dance and runs a local dance fitness class.

Whether you’re buying, selling, or have any questions about the Powell River real estate market, Nici is here to guide you every step of the way.

Reach out anytime to  
Nici Bull-Clarke at **604-414-9537**

**ROYAL LEPAGE**  
Powell River  
INDEPENDENTLY OWNED AND OPERATED

# OCTOBER EVENTS

Grocery raffle tickets. Also a silent auction. Funds for local Rotary and international projects and Family Place. See more on Page 43. Tickets are \$30 for adults and \$20 for students, at the Peak office and at the door.

## Sunshine Coast Art Crawl begins

Through October 20, Langdale to Earl's Cove. See Page 36 for more.

## Community Archaeology

7pm, Library. Archaeologists from SFU will discuss the **x̱w̱ε̱ṯay**/Lasqueti Archaeology Project (XLAP): Honoring and Protecting Indigenous Heritage in the Salish Sea. For more information contact Mark at mmerlino@prpl.ca

## PR Kings U18 Brooks vs. Jackson Hole Jr. Moose

3:45 Hap Parker. Page 19.

## Regals vs. Jackson Hole Moose

7pm, Hap Parker. See Page 19 for more.

## Fall Auction

6 to 8 pm, Powell River United Church. 6932 Crofton.

## Blueberry Commons Fifth Annual Pumpkin Patch begins

Noon til 5 pm, 6619 King Avenue (very end of King). Hundreds of gorgeous and ghoulish pumpkin gourds of all shapes and sizes! Pumpkin snacks and treats. Entry and pumpkins by donation. Fundraiser for the James Thompson PAC. Family friendly fun and fabulous fall photo-ops! Street parking only. Please park carefully and respect our neighbours.

## Film • The Wild Robot

7pm, The Patricia. Kids & family, adventure, animation. Rated G. 1hr. 41min. With Catherine O'Hara, Lupita Nyong'o, and Pedro Pascal.

# 19

Saturday

## Provincial Election: Voting Day

Learn more at elections.bc.ca, and see the story on Page 11.

## Uptown Winter Market

10-12 noon, rain or shine, on Joyce Avenue.

## The Empty Bowl Fundraiser

5 to 8 pm, Carlson Community Club. Join Tidal Art Centre in helping support the Powell River Food Bank through The Empty Bowl Initiative. Have an amazing bowl of soup with us and keep your bowl. Each bowl is lovingly crafted by an incredible local potter! Ticket price: \$40. Tickets via the Tidal website, Instagram, or Facebook page for more information as this event comes together.

## Blueberry Commons Fifth Annual Pumpkin Patch

10 am til 5 pm, 6619 King Avenue (very end of King). Hundreds of gorgeous and ghoulish pumpkin gourds of all shapes and sizes! Pumpkin snacks and treats. Entry and pumpkins by donation. Fundraiser for the James Thompson PAC. Family friendly fun and fabulous fall photo-ops! Street parking only. Please park carefully and respect our neighbours.

## Dead Ends and Murky Middles: Troubleshooting your story

2 to 3:30 pm, Library. A workshop designed to help writers solve story problems, get unstuck, gain confidence, and beat writer's block! With the Library's Writer in Residence Robin Stevenson. Drop-in.

## "In the gloaming" T Wolfe live at Cran Hall

7pm, Cran Hall. Doors at 6:30 pm. \$10. Woods wanderer. Ocean enthusiast. Slow texter. See story Page 42. Check out T's music at @skipperandthebeat (on IG), and facebook.com/twolfmusic. Note: no peanuts at the venue please! T is allergic.

## Women's Workshop: Connecting to the body through the senses

4 to 5:30 pm, 6251 Yew. With Jaspreet Soor. Drop-in by donation.

## The Oogie Boogie Get Down

7:30 pm, Wishing Well (6251 Yew Street). Doors at 7pm Show at 7:30. Tickets \$20 at the door. A night of stomping and swooning to some freak blues barn-storm tango psychedelic goodness. Bring your best outfits and all your good vibes. Tarran the Tailor, Mr. Dr. Brotherman, Harley Alexande. This is an all ages event.

## Film • The Wild Robot

7pm, The Patricia

# 20

Sunday

## Small Business Week begins

See ad on Page 52, and story on Page 33. Through October 26.

## Outdoor Meditation Circle

11am, Willingdon Beach. No cost. Everyone welcome.

## Farmers' Market

12:30 to 2:30 pm, Paradise Exhibition Park inside the quonset hut.



**WELCOME, JASPER:** Right, new to Powell River Therapeutic Riding, Jasper needs specialized saddles for his riders - raise funds by line dancing! Right, Wendy Devlin gets geared up to enjoy her turn on the dance floor, supporting PRTRA.

# First ever Barn Ball

The Powell River Therapeutic Riding Association (PRTRA) is excited to invite the community to its upcoming Barn Ball on Friday, October 11, 2024, from 5pm to 8 pm at the PRTRA stables.

This fun-filled evening will feature live music, dancing, and an opportunity to support the organization's mission, with funds going towards a new saddle for their newest horse Jasper, a 12 year old Paint Clydesdale cross who traveled all the way from Alberta.

The event will feature a live performance by local favorites, Denis and The Menaces, sure to get everyone up and dancing. With food trucks, warm beverages and door prizes generously donated from local businesses.

This is a great opportunity to welcome Jasper and bring the community together for a good cause. We need

to raise funds for specialized saddles to ensure Jasper can continue the important work of helping our riders thrive.

Advance tickets are available for just \$15 by emailing prtra.wendy@gmail.com. Tickets will also be sold for \$20 at the door, with children 5 and under admitted for free. Proceeds from the event will go towards purchasing new saddles for Jasper, ensuring both the horse and riders are comfortable and safe during therapeutic riding sessions.

Join Us and Make a Difference

Since 1991, PRTRA has been providing Therapeutic Riding that has enhanced the lives of so many in the Powell River community. By attending the Barn Ball, you'll be supporting this important program and helping to build our community.

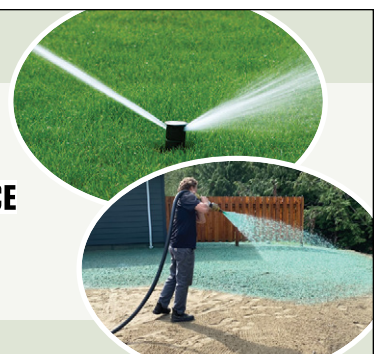
- Sara Archer

## Landscaping Services & Property Maintenance residential & commercial

- Hydroseeding
- Tree, shrub and hedge pruning
- Yearly maintenance programs
- Complete yard design & construction
- Irrigation system installation & maintenance
- Dormant oil application (later winter, early spring)
- Fertilizing programs • Fall clean ups • Weeding & more

Call now to book your Irrigation system blow-out.

October is a great time for Hydroseeding!



Call for a free estimate • 604-485-6628 • GCSoffice@telus.net

Licensed & insured

Serving Powell River and area for over 30 years



**MAKES RUNNING MMMMARVELOUS:** Above, event organizer Ean Jackson with a handful of lobster mushrooms. Below, Ean with Stephen Gould with a pine mushroom surrounded by Sibylle Tinsel, Ean Jackson, Norma Lazaroff, and Sue Scholtz

## Run (and eat) for the 'shrooms

The Mushroom Run is a group trail run, mushroom scavenge and mushroom tasting rolled into a single afternoon October 27. An hourish group run on the trails for runners. It's free. Sign up and learn more on Facebook.

"This is an informal, environmentally-friendly event with bonus points going to those who pick up trash or who find pine mushrooms and give to the Event Host," says organizer Ean Jackson. "Anticipate moderate bush-whacking, muddy feet, maybe bears, some trails, some old friends and maybe some new. If it's pouring



the mushrooms will be soggy and tasteless. Rain date the next day (Sunday)."

Contact Ean for more info at [ejackson@analyticsmarketing.com](mailto:ejackson@analyticsmarketing.com). 🐾

### Texada Island Inn: Raise the Rooms Jam Session

4 to 7 pm, at the Inn. Bring your talent, your instrument, your voice, your support, and bring the rooms back to this hotel.

**Film • The Wild Robot**  
1:30 pm matinee and 7 pm, The Patricia

# 21

Monday

### Haunted Walking Tours begin

4:30 pm and 7 pm daily starting point TBA in Townsite. Join the qathet Museum for a haunted walking tour, visiting some of the more ghostly residents of Townsite! \$10 a person. Drop-ins accepted, although numbers are limited so sign-up ahead of time to avoid being disappointed. Through October 26.

### Eating Green: seminar

6:30 pm, Kelly's Health Shop. Limited seats. RSVP to [kellystore@telus.net](mailto:kellystore@telus.net). With Dr. Shawn Peters, ND

**Film • The Wild Robot**  
7 pm, The Patricia

# 22

Tuesday

### Haunted Walking Tour

4:30 pm and 7 pm starting point TBA in Townsite. \$10 a person. Drop-ins accepted.

**Film • The Wild Robot**  
7 pm, The Patricia

# 23

Wednesday

### Chamber of Commerce Luncheon

12:30, Town Centre Hotel. With guest speaker Ryan Sykes from the Canadian Federation of Independent Business. Contact the Chamber for more info: [powellriverchamber.com](http://powellriverchamber.com)

### Haunted Walking Tour

4:30 pm and 7 pm starting point TBA in Townsite. \$10 a person. Drop-ins accepted.

**Film • The Wild Robot**  
7 pm, The Patricia

# 24

Thursday

### Witches: Haunted Forest

5 pm to 8:30 pm, James Thomson Elementary. The Magic Forest is back this year with a carnival full of surprises. The classic interactive forest performance will be open to all ages and will feature a collection of Witches Worlds. The Grade 6s and 7s who are participating in this event are working towards their year-end trip to Vancouver and Tofino, so come and encourage them for a night of fun. Food, games, fun, and a special haunted classroom are on the menu. Bring your costume! The event will take place at 5 pm and will run until 8:30; Friday is a Pro-D day.

### Haunted Walking Tour

4:30 pm and 7 pm starting point TBA in Townsite. \$10 a person. Drop-ins accepted.

### Coastal Women in Business Networking Event / Mixer

6 to 8 pm, First Credit Union on Joyce. For Small Business Week. Join Coastal Women in Business and First Credit Union for an evening of connection and celebration during Small Business Week. This free event brings together women who lead with passion. We want to hear about your passion. Your passion for your work, your business, your volunteer time, or your hobby! Enjoy local refreshments & inspiring conversations as we explore what drives us and how we can support each other. RSVP at [coastalwib.com](http://coastalwib.com) today - connect with like-minded women. Let's elevate and empower each other!

**Film • The Wild Robot**  
7 pm, The Patricia

# 25

Friday

### Pro-D Day Time Capsule Day Camp

9:30 am to 3 pm, qathet Museum. Ages 6 to 10. \$30. Kids will spend the day exploring the Museum, doing fun activities, and creating their own mason jar time capsule to take home at the end of the day. Pre-registration required.

### Parents Weekend: Kings vs. Prince George Spruce Kings

7 pm, Hap Parker. The Kings' parents will be in town.

### H3 presents: Not the Beginning Not the End

7 pm til late. \$10 per person (will work with families). All monies raised stay with Henderson school PAC. Silent auction. Concession. Child care by donation



"A" BETTER BOBCAT SERVICE LTD

Serving the Sunshine Coast since 1991

Office: 604-487-0466 • Cell: 604-208-2010

**Perimeter Tiles / Drainage  
Landscape Preparation**

**Certified Onsite  
Wastewater Systems**

**Excavating &  
Site Services**

**Rock Walls**

Find us on

Have you  
ordered your  
**Thanksgiving  
Turkey?**



**Check out our meat packs!**  
Still the same price.

4741 Marine Ave

604 485-4838

Are you on track to achieve the life you've always dreamed of?



A great life is about more than the dollar value of your investments. At IG Wealth Management, we believe in holistic planning that goes beyond the numbers and money. With an IG Living Plan™ your lifestyle goals are synchronized with your entire financial picture, including your investments, estate plan, taxes, business and insurance.



Say "Yes!" to life's possibilities.



**TOBAN DE ROOY** CFP® CLU® TEP® RRC®  
Senior Financial Consultant  
IG Wealth Management  
Tel: (604) 414-8280  
Toban.DeRooy@ig.ca

*Holistic Financial Planning  
for you, your family, and your business.*

Toban is winner of the 2022 Comprehensive Planner of the Year

IG.CA / f / t / i / in / IG.CA

Insurance products and services distributed through I.G. Insurance Services Inc. Insurance license sponsored by The Canada Life Assurance Company. Trademarks, including IG Wealth Management, are owned by Investors Group Securities Inc. and licensed to its subsidiary corporations. © Investors Group Inc. 2024

"Austyn is an incredibly down to earth, genuinely nice person. Very professional, informed and easy to communicate with. We really felt like she was on our team. We highly recommend her for all your real estate needs."

- Thea Kouwenhoven

Welcome to Powell River

There's No Place Like Home



Free face painting for kids at Springtime Fall Market, sponsored by 460 Realty!

**Austyn MacKinnon**  
778-986-1691 • austyn460@gmail.com

**austynprhomes.com**



## Rare bears

At press time for qL, several sightings of Grizzly bears were reported south of town.

Grizzlies are a species at risk, due to habitat destruction. According to the Canadians Parks and Wilderness Society: "In the southwestern part of the province [BC], there are fewer than 300 Grizzly bears remaining in six populations."

A 'keystone species,' losing grizzlies "means that other animals like moose can grow

in number and decimate local vegetation, hampering biodiversity and leaving less food for other species that depend on it. They also help disperse berry seeds through eating and excreting plants, aerate soil when they dig up tubers in the fall, and introduce nitrogen to riverbed soil when salmon carcasses are left to decompose."

They are North America's slowest-reproducing land mammal.



### Ghost Train

6 to 8 pm, Paradise Exhibition Park. Family friendly train rides through the lights, with a bonfire and snacks provided by Kiwanis in the quonset. Admission by donation towards railroad improvements.

### Haunted Walking Tour

4:30 pm and 7pm starting point TBA in Townsite. \$10 a person. Drop-ins accepted.

### Halloween Maze

6 to 8 pm, Racquet Centre (4320 Joyce Ave). Dark tunnels, fog machines, animatronics, and spookers, this year's maze will feature the "Hellevator," the maze begins with an elevator ride to hell. Mini maze for young children. Free or by donation to cover costs and charity.



**HOW TO HEAR EACH OTHER:** Kate Sutherland is a facilitator and organizational development consultant with a background in social innovation. Inspired by the proven transformative impact of the LivingRoom Conversation approach, she is leading a series of orientations this fall. At the October 29 session you'll experience the process in microcosm and reflect on what makes it "tick". You can expect the conversation to touch your heart and deepen your understanding of the perspectives of others.

26

Saturday

### Health Fair & VCH flu clinic

10 am to 4 pm, Rec Complex upper floor. Free. See much more in ZEST magazine, inside. Attendees can enter a draw for door prizes, learn essential CPR and AED skills, and attend brief presentations by health professionals. This event emphasizes the importance of integrating multiple aspects of health and wellness, highlighting the range of resources available within the community.

### Halloween Maze

6 to 8 pm, Racquet Centre (4320 Joyce Ave). Free or

by donation to cover costs and charity.

### Percussion Workshops with Kocassale Dioubate, djembe master, Day 1

Academy of Music. Two-day workshop pass, \$150. Individual Workshops, \$30. 4 - 5 pm Beginner djembe; 5:15 - 6:15 pm Intermediate/advanced djembe; 6:30 - 7:30 pm Ensemble Class (everyone welcome).

### Haunted Walking Tour, last day

4:30 pm and 7pm starting point TBA in Townsite. \$10 a person. Drop-ins accepted.

### Community Voices Open Mic: Writer in Residence wrap-up

2 to 3:30 pm, Library. Join Robin Stevenson for her final event as Writer in Residence, See Page 23 for more.

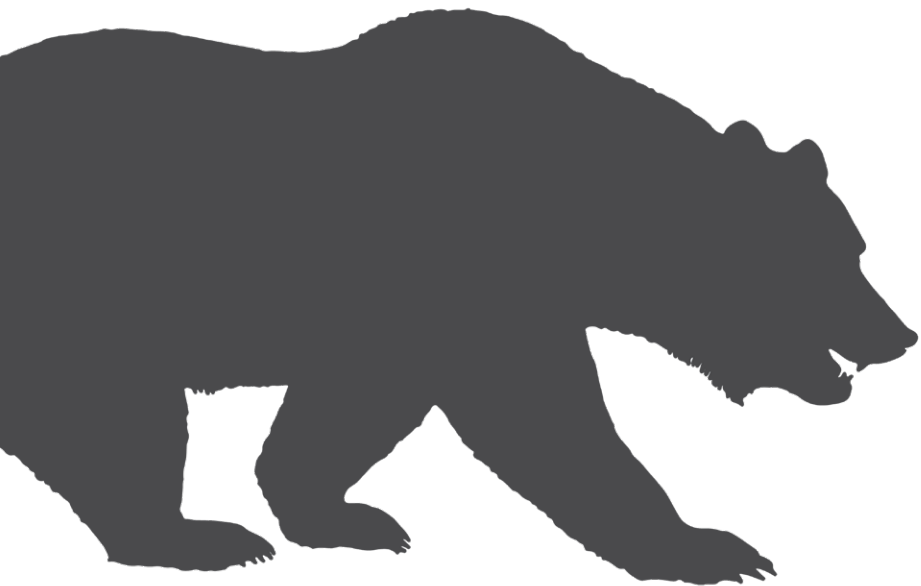
### Uptown Winter Market

10-12 noon, rain or shine, on Joyce Avenue.

### Getting older songs & stories: Bill Usher and the Space Heaters

7 pm, Max Cameron. Paul Pigat, Holly Hyatt, Steve Briggs. With his rare gift of communicating "good-get-





ting-older" life experiences into memorable songs and humorous reflections, Bill Usher creates an evening in the theatre that brings the generations happily together in a head-nodding appreciation of those universal truths that happen in families as some grow up while others grow old.

**Haunted Ball**  
Dwight Hall. \$25. See story on Page 6.

**Villa vs. Comox Valley United FC**  
1:30 pm, Timberlane Park.

**Parents Weekend: Kings vs. Prince George Spruce Kings**  
7 pm, Hap Parker. The Kings' parents will be in town.

**Ghost Train**  
6 to 8 pm, Paradise Exhibition Park. Family friendly train rides through the lights, with a bonfire and snacks provided by Kiwanis in the quonset. Admission by donation towards railroad improvements.

**27**  
Sunday

**Run for the 'shrooms**  
Noon til 4 pm, see Facebook for starting location. Hour long run for runners, mushroom foray for everyone, followed by a tasting party. See more, left.

**Farmers' Market**  
12:30 to 2:30 pm, Paradise Exhibition Park inside the quonset hut.

**qRCA Pumpkin Pedal**  
3 to 5 pm, Meet at Bike Park beside the Powell River Recreation Complex. Get your costume

ready and join the qathet Regional Cycling Association (qRCA) for our annual Halloween ride. All ages welcome!

**Percussion Workshops with Kocassale Dioubate, djembe master, Day 2**

Academy of Music. Two-day workshop pass, \$150. Individual Workshops, \$30. 10 am - 11 am Beginner djembe; 11:15 am - 12:15 pm Intermediate/Advanced djembe; 12:30 pm - 1:30 pm Ensemble Class (Everyone welcome).

**Lang Bay Hall Market**  
10 am to 1 pm. \$25 per table. langbaycommunityclub.treasurer@gmail.com

**Halloween Maze**  
6 to 8 pm, Racket Centre (4320 Joyce Ave). Free or by donation to cover costs and charity.

**28**  
Monday

**Holistic perspectives on peri-menopause: seminar**  
7 pm, Kelly's Health Shop. Limited seats. RSVP to kellystore@telus.net. With Todd Caldecott.

**29**  
Tuesday

**Bridging Community Differences**  
6:30-9 pm, Cranberry Seniors Centre Really listening to each other brings healing and change. Learn about the

Livingroom Conversations.org approach so you can strengthen the fabric of our community, one conversation at a time. To RSVP or for more info, email kate@emergecollab.com.

**31**  
Thursday

**Hallowe'en & Diwali**  
For trick-or-treating recommendations, see qL intern Rowan Cocksedge's advice on Page 9.

**The Great Marine Avenue Trick or Treat**  
3 to 5 pm, participating businesses - look for the pumpkins. All children must be accompanied by an adult. Presented by Flickerwood Forge and Oceanside Entertainment.

**Light The Night Family-Friendly Hallowe'en Carnival**  
5-7 pm, Four Square Living Water Church, 4640 Manson Ave. contact@livingwaterpr.com for more info.

**Trick or Treat at Powell River Town Centre**  
3 to 5 pm, at the mall. For children 12 and under. See ad on Page 51.



# Firewood For Sale

Seasoned, split & delivered truck load of firewood \$350 (est. 1.2 cords)  
Free delivery between Tla'amin and Myrtle



**Inquire about: Hand-Stacked Loads  
Gift Certificates • Logging Truck Loads  
Donations**

Place your order by emailing firewood@tmslp.ca or call 236-327-8036

*Payment options:  
credit card, e-transfer, cash & check*



**Tribal Tuesday**  
October 8  
10am to 5pm  
at Fits to a T

Draws & prizes  
Come check out all the new brands in our new location




**Fits to a T FASHIONS**

**WE'VE MOVED TO:**  
4670A Marine Ave.  
Previously Pagani & Sons  
Next to the Knack

604 485-6163  
[fitstoat.ca](http://fitstoat.ca)

**BEST of qathet**  
AS CHOSEN BY THE READERS OF QATHET LIVING

 [Shop online](#)  
 [Shop in-store](#)



**Husqvarna**  
READY WHEN YOU ARE

Durable, responsive and powerful. Husqvarna's new pro series chainsaws endurance collection can handle your toughest cuts. [HUSQVARNA.COM](http://HUSQVARNA.COM)

572 XP®  
565  
550 XP® MARK II  
545 MARK II

Connect with HusqvarnaCA  
f @ YouTube

FIND YOUR HUSQVARNA AT

**THUNDER BAY**  
SAW SHOP  
OUTDOOR POWER EQUIPMENT

604.485.5041  
dana@thunderbaysawshop.ca  
7125 Duncan Street  
Mon-Fri 9-5:30 • Sat 9-5

**CUT MORE  
CUT LONGER  
CUT BETTER**



**MOVIES AND SHAKERS:** Cinema Politica qathet organizers (from left to right: Dave Clark, Rachael Hall, Charlie Latimer, Levi Mymko, Craig Turney) have been bringing politically-themed films to qathet with the intention of creating more conversation about issues on a regional and global scale.

## Cinema Politica qathet using film to challenge viewpoints

BY DAVE CLARK

It started with a small group of qathet residents who recognized the region has two important strengths – a not-for-profit community-run theatre and a community of progressive thinkers – and one important need – a place for them to learn, share ideas and organize.

With those three things in mind, Cinema Politica qathet (CPq), a local chapter of the Montreal-based documentary screening network, was born.

“Cinema Politica has chapters all across the world, where they show independent, political films that will hopefully challenge the way we think about the intertwined issues we need to address, such as decolonization, climate change, and the resistance of marginalized groups around the world,” said CPq organizer Charlie Latimer.

“Our goal is to bring those films to qathet and start meaningful conversations about what we can do at a local level.”

Since forming earlier this year, CPq has now shown five films in the community. Its first, *Silvicola*, offered a glimpse into forestry practices in BC. It has also screened *Naila and the Uprising*, which centres around women who fought for Palestinian rights in Gaza in the 1980s, *Our Dance of Revolution*, which tells the story of black


queer community in Toronto, and *Yintah*, which documents the decade-long Wet’suwet’en resistance to the Coastal GasLink Pipeline.

Most recently, CPq teamed up with the qathet Community Action Team to show *Toxic*, which examines the fentanyl and overdose crisis in the lower mainland. To encourage discussion and the sharing of ideas, each screening includes a panel or Q&A session following the film.

A volunteer-run non-profit, CPq is looking to collaborate with other local groups who want to raise awareness about pressing issues in the qathet region.

The group also recognizes that none of these collaborations would be possible without the Patricia Theatre.

“I’ve been to Cinema Politica screenings in Canada and Germany and they are usually in small, packed rooms on a university campus. But in qathet, we have the unique opportunity to collaborate with the Patricia Theatre, which helps make our screenings accessible to the whole community,” said Latimer.

CPq plans to screen one film a month at the Patricia Theatre. For upcoming films, check its Instagram account @cinemapoliticaqathet, or its website [www.cinemapolitica.org/local/qathet](http://www.cinemapolitica.org/local/qathet). If interested in collaborating on a screening, please email [qathet@cinemapolitica.org](mailto:qathet@cinemapolitica.org). 

**Why choose Stubberfield Funeral Home?**

- Powell River’s ONLY licensed funeral service.
- Stubberfield handles all your funeral needs right here in Powell River.
- Stubberfield has Powell River’s ONLY crematorium.
- Reception facilities and a full chapel are conveniently located on site.
- Stubberfield is a locally-owned, independent business.
- Pat & Joanne are licensed, experienced, professional funeral directors who help you every step of the way.

**STUBBERFIELD FUNERAL HOME LTD**

Providing dignified service to the region since 1969

7221 Duncan Street • 604 485-4112 • [stubberfieldfh.com](http://stubberfieldfh.com)

# What is the Nature of You?



**N**avigating the Challenges of Spiritual Awakening and Understanding Cosmic Principles: At this workshop, Jennifer and Darryl will bring forth: Channeled Live Messages and Healings from the Great Spirit, share insights including what they have discovered in their investigation of the cosmic consciousness that contain activation codes to awaken your consciousness and connect you to your True Self!

- You will learn about the principles of the universe, including: karma, energetic dynamics, morphic fields, soul loss and life

charts

- How these unseen forces are magnetically drawing repeating patterns and recreating events in your life
- In understanding these principles how to apply them in your relationships, health and finances, to achieve your personal goals
- We will assist you in connecting and understanding your true purpose through your Akashic Records
- To register and for more information: [thenatureofus.ca](http://thenatureofus.ca)

## LOOK AHEAD TO NOVEMBER

### November 1 & 2

**Powell River's Own Craft Fair**  
Nov 1, 5 to 9 pm, Nov 2 10 am til 4 pm.  
Dwight Hall. See ad on Page 52.

### November 2

**Memento Mori Community Ofrenda - Collective Remembrance**  
Day of the Dead Celebration with Blue Agave. Part of the qathet Art Centre's Memento Mori celebration. More TBA.

### November 4

**Wise ways to ritualize stress management**  
6:30 pm, Kelly's Health Shop. Limited seats. RSVP to [kellystore@telus.net](mailto:kellystore@telus.net).  
With Suzanne Berry.

### November 9

**Annie Robinson: qathet Colour - an Invocation**  
Crucible Gallery tiskwat, Townsite Market. Opening Saturday November 9, 5-8 pm; Artist Talk Saturday November 23, 4 pm. Annie makes all of her paints from locally found pigments: ochres, botanicals, and metals. She is sharing new artwork exploring themes of body and connection to place.

### November 9 & 10

**Lang Bay Christmas Craft & Collectibles Sale**  
10 am to 2 on Saturday, 11 am to 3 pm on Sunday. Food available.

### November 12

**Last day to book your holiday wine-making**  
Through Westview U-Brew. See Page 35.

**JUNO nominated and Canadian Music Folk Award winner, John Wort Hannam**  
7pm, Cran Hall. with fiddler extraordinaire, Scott Duncan. Roots folk music at its best, folks! Tickets \$25 in advance on Eventbrite; The Nutcracker Market; \$30 at the door.

### November 13

**Chamber of Commerce Business Mixer**  
5:30 pm, learn more by visiting [powellriverchamber.com](http://powellriverchamber.com)

### November 16

**Coast Mountain Fest**  
8:30 am to Late in Townsite (Townsite Market + Brewing).

**Lund Christmas Craft Market**  
Italian Hall. Times TBA.

### November 17

**Kings vs. Nanaimo Clippers**  
1:30 pm Hap Parker.

### November 26

**A Rocky Mountain High Christmas**  
Evergreen Theatre, John Denver themed.

# Springtime Fall Market

## Thanksgiving Long Weekend

Saturday October 12th  
Sunday October 13th  
11am to 3pm each day  
at Springtime Garden Centre  
5300 Yukon Avenue

### Local Makers' Market

- Food + Treats
- Free Children's Creation Station
- Free Admission
- Free Parking
- Door Prizes
- Onsite Refreshments Available



Follow along on social media



for upcoming market announcements



# Trick or Treat



**October 31  
3pm to 5pm**

Join us on Thursday,  
October 31 from  
3pm to 5pm for a  
spooktacular afternoon  
of indoor Trick or Treating  
at Town Centre!

For kids 12 and under  
in costume please!

*Together we discover!*

WE'RE OPEN Monday to Saturday 9:30am to 5:30pm  
Joyce Ave & Alberni St | 604.485.4681 | [prtowncentre.com](http://prtowncentre.com)

**POWELL RIVER  
TOWN CENTRE**

COMING SOON TO TOWN CENTRE → **barBURRITO** **NOODLEBOX.** **smijdental™**



**Reiki Energy Sessions & Classes**

HERON REIKI AND WELLNESS

Bonnie Harrison  
Reiki Master Teacher  
(604) 208-2244  
www.heronreikiandwellness.com

Relax while stimulating your body to heal





JENNIFER POLAND AND DARRYL GURNEY  
250-418-1779

**thenatureofus.ca**

Jennifer and Darryl work together with clients combining their 30 years of experience. Jennifer channels Angels and Masters to access and heal Past Life, Ancestral, and Karmic Patterns. Darryl uses integrative healing tools to facilitate Subconscious Belief Change, Physical, Emotional and Energetic Healing. They offer clients deep and truly transformational healing.

Workshop Announcement  
Nov 2nd 11-5:30pm

**Powell River's Own CRAFT FAIR**

Friday, Nov 1, 5 pm-9 pm  
Saturday, Nov 2, 10 am-4 pm

**New!** Dwight Hall • 6274 Walnut

For table info, text 604-414-0701



**Tug-Guhn**

GALLERY & STUDIO

Over 50 Sunshine Coast artists represented

at Lund Resort at Klah Ah Men  
Open 10 am - 4 pm  
Closed Tuesdays

 604 413-0637  
debravevaartcreations.com

**All Candidates' Meeting**

Monday, October 7  
6 to 8pm, Evergreen Theatre  
(Doors open at 5:30pm)

Come and hear provincial candidates' views on a variety of issues followed by a question & answer period. Hosted by the Chamber of Commerce.

TAKE A BREAK

# The Structure of Ceremony

Autumn invites many of us to tend to our soulful side through ritual, ceremony, celebration, or annual traditions.

Relying on a simple adaptable structure, supports not only our endeavours, but also provides safe working conditions. Much like a story has a Beginning, Middle, and End, so does ceremony.

This is a universal formula for you to expand on and tailor to suit your beliefs, interests, and focus.

**Pre-Ceremony Ritual** - Everything from cleansing baths to intentional clothing. It's how you choose to intentionally prepare yourself, your space, and your tools.

**Setting Sacred Space/Containment** - This step delineates ordinary from non-ordinary. Establishing a protected physical and energetic area for your work keeps undesired influences away.

**Clear Intent** - At minimum, a clear knowing of exactly what work is being done is essential. Invocations, commitment statements, blessings, and prayers, spoken aloud or in writing are powerful signals.

**The Method/Process/Action** - The physical components to the non physical work being done. This is the "meat" of your ceremony, a part that really needs to resonate with you as authentic and meaningful. It could be as simple as looking to the full moon and wishing, or as elaborate as crafting a drum, working with a sacred fire, creating a talisman or poppet, making sacrificial offerings to the sea, crafting a spirit arrow, cutting your hair, dabbing your blood on a stone, binding runes, carving protective spells



## RETURN TO REVERENCE

JULIETTE JARVIS

into a door frame, embarking on a series of chants, dance movements - YOU get to create this!



**Acknowledging and Thanking** - Acknowledging the unseen and seen help that supported the ceremony, can be done verbally, with your internal voice, by pouring libations on the ground, or simply by expressing love from your heart.

**Opening the Circle** - Disassembling your actions in step 2. Folding up the blanket you were sitting on, rubbing out the line drawn in the sand, energetically "undrawing" the circle in the reverse direction that you cast it in, or otherwise undoing and opening the sacred space that was your safe container.

Once we are comfortable with these components, a freedom emerges for incorporating sudden inspiration and meaningful action. In this way, our medicine is less likely to unravel and become "loose" while still feeling fresh. A sense of purpose is held yet doesn't become stale or simply following steps by rote.

Blessings of the season to you!

Juliette Jarvis is a best selling author offering sacred living mentorship, devotional arts, and divination sessions. Find her at [www.SelkieSanctuary.com](http://www.SelkieSanctuary.com)



**CHAMBER OF COMMERCE**

Sheilah Denholm, Manager  
6807 Wharf Street • 604 485 4051  
office@powellriverchamber.com

**Small Business Week 2024**  
October 20 to 26

Congratulations, small business owners, employees and contractors, for providing excellent service and products throughout this region.

*You make us proud to live here.*

- Dave Fomosa, Chamber President  
- Sheilah Denholm, Chamber Manager

**Fall for a Pollen**




**PollenSweaters Inc.**

Made in Lund, BC, Canada since 1986

Open 10-4 Tuesday-Saturday in October  
604 483-4401 • [pollensweaters.com](http://pollensweaters.com)

**BEST of quality**

**HARWOOD ELECTRIC**

LICENSED • BONDED • INSURED

RESIDENTIAL • NEW BUILDS  
ELECTRICAL UPGRADES • RENOS  
COMMERCIAL • SOLAR

Contact Dan today at  
[DanHarwoodElectric@gmail.com](mailto:DanHarwoodElectric@gmail.com)  
**604.223.7901**

# TAKE A BREAK

K O N T A R I O G L A C I E R L M C V R  
 A R B U T U S E V O B R R N S V X H I Q  
 F S A S P E N G J D S A T K O A K U J U  
 A I U M S P E O O O U N H K Q T R R A E  
 N C R T A V C R Y R R B E G K F D C S E  
 J O Y T H R P D C V R E O Q T M O H P N  
 D T O U K E I O E A E R D X A V W O E S  
 R Y C T K I R N Z L Y R O R N K K L R C  
 A A B Q K O N L E N I Y S K N E S I J N  
 K C W D E A N G A B U O I X E G C V D Q  
 E D C L S K Z W B N Y G A O R M Y E E D  
 C U Z C O O K G K X D C W D X O M R A K  
 R N T I L J Y H H E M L O C K N C F S S  
 G C C P W C R O W N Z S O T G T M W E W  
 O A O L O T T C A S C A D E M V A Z M P  
 L N M O P R Y V W Z L A S H Q O H L O C  
 D K F M I C H I G A N J Q B B X O O W L  
 E Q L U N D R X C M X M A P L E N I A E  
 N X L Y T O G H U M P A R K F E O S T Y  
 H N E J C R X V W A L B E R N I J Y I H

## CAN YOU FIND THESE LOCAL STREET NAMES IN THE PUZZLE ABOVE?

- |           |          |            |
|-----------|----------|------------|
| ALBERNI   | FIR      | MOWAT      |
| ARBUTUS   | GLACIER  | NOOTKA     |
| ASH       | GOLDEN   | OAK        |
| ASPEN     | GORDON   | OLIVER     |
| CASCADE   | HEMLOCK  | ONTARIO    |
| CHURCH    | JASPER   | PARK       |
| COOK      | JOYCE    | QUEENS     |
| CRANBERRY | KING     | SURREY     |
| CROWN     | LOIS     | SUTHERLAND |
| DEASE     | LUND     | TANNER     |
| DORVAL    | MAPLE    | THEODOSIA  |
| DRAKE     | MARINE   | YUKON      |
| DUNCAN    | MCAHON   |            |
| EGMONT    | MICHIGAN |            |

RESIDENCY SPACE - MUSIC STUDIO - LABEL



# NOISE MACHINE



NOW OFFERING VOICE  
SONGWRITING &  
MUSIC PRODUCTION  
LESSONS IN QATHET

FIND OUT MORE & HOW TO BOOK [WWW.NOISEMACHINE.STUDIO](http://WWW.NOISEMACHINE.STUDIO)

# Lund Water Taxi



604-483-9749

Daily runs to Savary Island • Charters serving Savary Island & surrounding areas, including Sunshine Coast Trail • Phone for reservations • Phone hours 8 am - 5 pm

## TRANSMISSION SPECIALIST and so much more!




Latest diagnostic equipment saves you time and money


20 years experience  
604 487-9602



Full mechanical repairs  
Nation-wide guarantee

A regular transmission service keeps your transmission healthy. When was your last service?

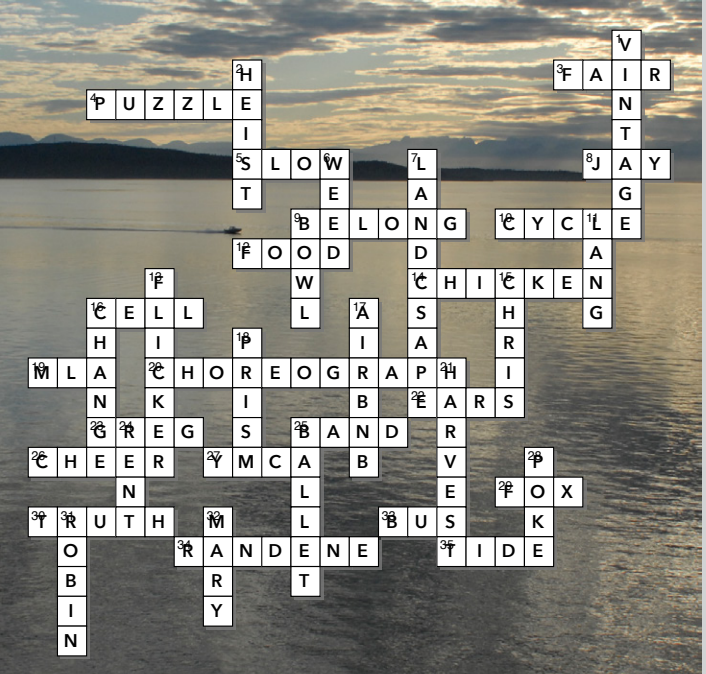



**"It's hard to see things when you are too close. Take a step back and look."**  
- Bob Ross



Townsite Public Market, Lower Floor • 11 to 5 Wed to Sat  
[owlandbearpr@gmail.com](mailto:owlandbearpr@gmail.com) • 604-413-4064  

### SOLUTION TO SEPTEMBER PUZZLE



Quality in the Details



ClearCraftHomes.com  
604-483-6728



Scan me!



20 x 24  
**BEST**  
of gathet  
WILDER  
AS CHOSEN BY THE READERS OF QATHET LIVING

# Jigs and Zunga (Decoy too!) Take a Trip



**I can't believe it's finally happening!**

**PETS STAY FREE:** Nova Scotia Duck Tollers Decoy, Jigs and Zunga enjoy the Hotel 6 in Moosomin, Saskatchewan, on their way to Nova Scotia.

By the time you read this, Jigs, Zunga, Decoy and I will be on the road, driving across this great country of ours.

I'm heading east with my three Nova Scotia Duck Tolling Retrievers. We're going to Nova Scotia, the province of their origin and where our story together began. You may remember a book I wrote a couple years ago called *Jigs and Zunga Take a Trip*. In this book, my two Nova Scotia Duck Tolling Retrievers leave their home in Powell River to visit Nova Scotia to discover their roots and meet their relatives.

That book is more than just a story to me, it's our roadmap to life and we are finally taking that trip. On September 20, I hitched up my little travel trailer, packed up the dogs and a whole whack of stuff, and embarked on an excellent adventure. But instead of just two duck tollers heading east, we have three. Little Decoy joined our pack last year after I had lunch with my friend, Toller breeder Barbara Blauvelt in Yarmouth.

Less than a year later, the next chapter of our story is set to begin. I've been planning this for a while but planning and executing are two entirely different things. You can plan forever, but until you actually do it, nothing changes. With *qathet Living* magazine at the end of the year, and Sean Percy feeling a little more like his old self every day, it's time for me to step aside.

When I write something down or share my intentions with a friend, I find I'm more likely to do it than if I don't. I think when we share our hopes, dreams and goals with the universe instead of keep-

ing them bottled up inside, we actually breathe life into them and they begin to grow.

This happened with the *Jigs and Zunga* book. It began with an idea which became a poem and then a story, and now that story is coming to life. And now we're doing it! We're actually doing it! We are going home.

It's bittersweet, of course, because I have two homes. One here in Powell River with my sons on Cranberry Lake and one in Brooklyn Corner, Nova Scotia.

I spent 31 years of my life in Nova Scotia before moving to Powell River. I'm half and half and if I



## LAST WORD

ISABELLE SOUTHCOTT

was a cartoonist like the talented Graham Harrop I'd probably draw me doing the splits across the country.

But I'm not a cartoonist, I'm a writer, so instead I'll share my thoughts with words. Some of my friends have said they think I'm brave to set off on my own across the country at my age, but I'm not brave at all, I'm scared and filled with self-doubt. Am I doing the right thing? Is it wrong to leave my adult children, community and friends for my other home? I don't know and I'll never know until I try it, so I will pack that fear up and do it anyway.

Like the salmon, pulled by some mysterious force back to the stream of their birth, I feel drawn to the province that was my home for the first half of my

life. I can feel the pull of the Fundy Tide beckoning me back to the east coast.

From East to West to East again. Like many others, my story may well have been written before I was born because I couldn't have imagined or predicted it. I have lived exactly half my life on the east coast of Canada and half my life on the west coast. I grew up in Nova Scotia and when I was seven, my father gave me a Nova Scotia Duck Tolling Retriever puppy called Sandy. That launched my love affair with Tollers. Then came Kisi, another Toller.

In 1993, when I was 31, I moved to Powell River. Hunter, a Toller from Vancouver Island, joined our family when my children were young. Then along came Jigs in 2019 – all the way from Nova Scotia. She was joined by BC Toller Zunga in 2021 and then by NS Toller Decoy in 2023. My kennel name is East West Duck Tollers because my dogs come from both sides of the country.

For the last four years, I've shown, bred, and competed in sports with my Tollers here on the west coast, but every fall I go back east to visit friends and in recent years attend Tollermania, a get-together for Toller lovers from all around the world. I'm vice president of the Nova Scotia Duck Tolling Retriever Club of Canada and have spent many hours pursuing my passion and meeting the most amazing Toller lovers you can imagine.

I left Nova Scotia to find myself and now that I have, I'm returning. It's true, life is a full circle. My beloved Tollers are taking me home.

Though Powell River will always be my other home and have a piece of my heart, Nova Scotia was my first and it has never relinquished its hold on me.

Farewell my friends. Until we meet again. 🐾

# Resource Recovery Centre:

Now accepting all  
residential and  
commercial Municipal  
Solid Waste (garbage)

*And soon, much more...*

Scale House

## **Operating Hours: 8 am to 5 pm, Monday to Saturday**

To access the facility, please enter via Marine Avenue between Willingdon Beach Campground, and Brooks Secondary School.

During this limited opening, the RRC is only accepting Municipal Solid Waste (MSW). In the qathet Regional District, MSW includes garbage from all households and businesses in the region. MSW is material destined for the landfill, and does not include construction and demolition waste, hazardous waste, recyclable materials, or compostable materials.

Until services are expanded at the Resource Recovery Centre, all other materials including construction & demolition waste, land clearing debris, asbestos, and scrap metal will continue to go to Augusta Recyclers. Compostable yard and food waste will continue to go to Sunshine Disposal and Recycling. Stay tuned for more details about the gradual opening of the Resource Recovery Centre.

**The Resource Recovery Centre Recycling Depot will come online October 2024,  
and will replace the Town Centre Recycling Depot. More details to come.**



qathet  
REGIONAL DISTRICT

scalehouse@qathet.ca | 604-413-6861

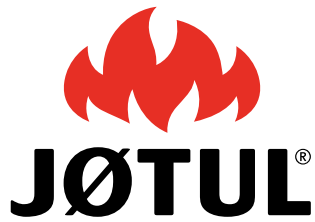
 qathet.ca  @qathetRD

# We're on *fire!*

Yes, figuratively, but also literally.

Come see our **burn demos** in some of the hottest wood-burning stove brands.

Cadam Construction is proud to carry these quality stove brands.  
See them at the Cadam Fireplace & Stove Centre near the airport:



These new brands add to our huge selection from:

- |                  |             |
|------------------|-------------|
| Valor            | Archgard    |
| Vermont Castings | Morso       |
| Napoleon         | Dimplex     |
| Enviro           | Enerzone    |
| Quadra-Fire      | Urbana      |
| Kozy Heat        | Stûv        |
| Heat & Glo       | Majestic    |
| Valcourt         | Heatilator  |
| Ventis           | SimpliFire  |
| Blaze King       | Harman      |
| Renissance       | Marquis     |
| Supreme          | and more... |
| Caddy            |             |

Now carrying new brands and more stoves than ever! Call or come in today.

See Cadam Construction for gas stoves, wood stoves, pellet stoves and electric fireplaces. Plus we do installs and maintenance!



Hot Solutions for your Cool Locations

7468A Duncan Street near the airport  
Monday - Friday 9:30 am - 5:30 pm, Saturdays by appointment

Book your  
chimney cleaning  
now!

[cadamconstruction.com](http://cadamconstruction.com) • 604-414-4699